Quarto

NEW TITLES
SPRING / SUMMER
2023



Frances Lincoln Children's Books 9780711286696 Pub Date: 4/4/23 \$15.99 USD/\$19.99 CAD Hardcover

32 Pages color illustrations
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007140
Series: Little People, BIG
DREAMS
9.4 in H | 7.7 in W | 0.7 lb

Wt

King Charles

Maria Isabel Sanchez Vegara, Matt Hunt

In this new addition to the Little People, BIG DREAMS series, discover the life of King Charles. A vocal supporter of sustainability and conservationism, Charles's life has been spent championing important causes and charities. In 2022, he pledged that he would spend the rest of his life serving his...

Summary

From the critically acclaimed, multimillion-copy best-selling Little People, BIG DREAMS series, discover the life of King Charles.

Little Charles always knew that, **one day, he would have a big job to do**. As the son of Queen Elizabeth II, he was a prince, and in the future, he was to **inherit the throne of the United Kingdom**.

As a young man, he developed a passion for one cause: the environment. Charles recognized that plastics and pollutants were causing harm to Earth, and as the Prince of Wales, he spent all his efforts **championing climate justice and sustainability**.

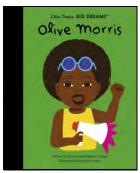
As a member of the Royal Family, Charles used his power to build important organizations such as The Prince's Trust, a charity that works to **improve the lives of young people across the UK**.

And in 2022, when he became King, he pledged that he would spend the rest of his life **serving his people with loyalty, respect, and love**.

This inspiring book features **stylish and quirky illustrations** and **extra facts at the back**, including a **biographical timeline** with historical photos and a detailed profile of the royal's life, from litt...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than



Olive Morris

Maria Isabel Sanchez Vegara, Aurelia Durand

From the bestselling Little People, BIG DREAMS series, Olive Morris tells the story of this Windrush social justice activist and campaigner.

Summary

From the critically acclaimed, multimillion-copy bestselling Little People, BIG DREAMS series, discover the life of Olive Morris, the social justice activist and campaigner.

Olive was a child when she moved from the countryside in Jamaica to the busy streets of London in Britain. She soon realised **just how tough and hard life was growing up in Britain during the 1970s.**

Her life changed forever when she witnessed police brutality towards a Black man and was arrested when she came to his aid.

Olive became a leader within the Black British community, fighting against any kind of abuse and speaking up about racism. She never let the injustices she faced as a Black woman during that time stop her. Olive was involved in the first Black bookshops in Britain and spent much of her life fighting for the rights of those in her community. Olive's fearless determination inspired the building blocks for change within the Black British community.

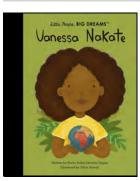
This inspiring book features **stylish and quirky illustrations** and **extra facts at the back**, including a **biographical timeline** with historical photos and a...

Contributor Bio

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Frances Lincoln Children's Books 9780711285675 Pub Date: 6/6/23 \$15.99 USD/\$19.99 CAD Hardcover

32 Pages
color illustrations
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction / People
& Places
JNF018010
Series: Little People, BIG
DREAMS
9.4 in H | 7.7 in W



Frances Lincoln Children's Books 9780711285453 Pub Date: 4/11/23 \$15.99 USD/\$19.99 CAD Hardcover

32 Pages Carton Qty: 40 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Science & Nature JNF037020 Series: Little People, BIG DREAMS

11.2 in H | 8.1 in W | 0.5 in T | 0.8 lb Wt

Vanessa Nakate

Maria Isabel Sanchez Vegara, Olivia Amoah



Discover the incredible life of Vanessa Nakate, the trailblazing activist and leader, in this book from the best-selling Little People, BIG DREAMS series.

Summary

In this book from the critically acclaimed, multimillion-copy best-selling Little People, BIG DREAMS series, discover the incredible life of Vanessa Nakate, the Ugandan climate-justice activist.

As a kid, when little Vanessa heard about **climate change**, she thought it was something that happened on the other side of the world. As an adult, she saw how droughts in her own country led to crop failure that left families hungry. Inspired by other activists, **Vanessa took a stand** and began **campaigning to save the Congolian rainforests**. Soon, she was invited to take her campaign around the world.

In 2020, Vanessa participated in an important summit about climate change. But when she was cropped out of a photograph featuring other climate-change activists, it felt like not just her contribution to the movement had been erased, but that **the needs of a whole continent had been disregarded**.

It was a **moment that shocked the world**, but it spurred Vanessa on to raise her voice louder and to **fight harder for climate justice for Africans**. Today, she continues to be a **leader in the climate-change mo...**

Contributor Bio

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Olivia Amoah is an illustrator born and raised in **northern Ontario**. She completed her studies at Sheridan College where she received a BFA in Animation and proceeded to work as an animator and designer for TV. Now

David Hockney David Hockney

Frances Lincoln Children's Books 9780711285491 Pub Date: 4/4/23 \$15.99 USD/\$19.99 CAD Hardcover

32 Pages
Carton Qty: 40
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007010
Series: Little People, BIG
DREAMS

9.8 in H | 7.9 in W | 0.6 in T | 0.8 lb Wt

David Hockney

Maria Isabel Sanchez Vegara, Ana Albero

Discover the incredible life of David Hockney, the visionary artist and LGBTQ+ icon, in this book from the bestselling Little People, BIG DREAMS series

Summary

In this book from the critically acclaimed, multimillion-copy bestselling Little People, BIG DREAMS series, discover the incredible life of David Hockney, the inspirational British artist.

Little David loved to draw and looked at the world in his own unique way. He always knew what his path in life would be... **he would be an artist!**

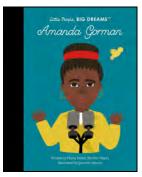
He went to art school and **worked day and night to hone his drawing skills.** He sold his first painting as a student, and in just five years he had a **sell-out solo show of his work**. When he moved from the UK to sunny California, he became known for creating **bright, bold paintings.**

From the Grand Canyon to the Yorkshire hills of home, David painted **fantastic landscapes**, including one made of 50 canvases all stitched together. An artist who delights in constantly reinventing himself, to this day **David is eager to share his colourful work, and himself, with the whole world**.

This inspiring book features **stylish and quirky illustrations** and **extra facts at the back**, including a **biographical timeline** with historical photos and a detailed profile of the incredible ...

Contributor Bio

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Frances Lincoln Children's Books 9780711284456 Pub Date: 6/6/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages Carton Qty: 100 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007110 Series: Little People, BIG DREAMS

9.5 in H | 7.7 in W | 0.4 in T | 0.3 lb Wt

Amanda Gorman (CIBD Exclusive)

Maria Isabel Sanchez Vegara, Queenbe Monyei

Discover the incredible life of Amanda Gorman, the amazing American poet and activist, in this book from the best-selling Little People, BIG DREAMS series.

Summary

In this book from the critically acclaimed, multimillion-copy best-selling Little People, BIG DREAMS series, discover the incredible life of Amanda Gorman, America's astounding young poet and activist.

From an early age, **Little Amanda read everything she could get her hands on**, from books to cereal boxes. Growing up with an auditory processing disorder and a speech impediment, Amanda had to work hard, but ultimately **she took great strength from her experiences**.

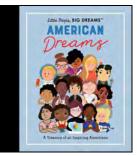
After hearing her teacher read aloud to the class, she knew that she wanted to become a poet, and nothing would stand in her way. At the age of 19, she became America's first-ever National Youth Poet Laureate. And, after performing her inspiring poem "The Hill We Climb" at the Presidential Inauguration in January 2021, she became an icon across the world.

This inspiring book features **stylish and quirky illustrations** and **extra facts at the back**, including a **biographical timeline** with historical photos and a detailed profile of the incredible young poet and activist's life so far.

Little People, BIG DREAMS is a best-selling series ...

Contributor Bio

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Frances Lincoln Children's Books 9780711285576 Pub Date: 7/4/23 \$30.00 USD/\$38.00 CAD Hardcover

176 Pages color illustrations Carton Qty: 0 Ages 9 to 12, Grades 4 to 7 Juvenile Nonfiction / Biography & Autobiography JNF007000 Series: Little People, BIG DREAMS

0.4 in H | 0.4 in W

Little People, BIG DREAMS: American Dreams

Maria Isabel Sanchez Vegara, Lisbeth Kaiser

From the best-selling Little People, BIG DREAMS series, *American Dreamers Treasury* presents the full stories of 40 dreamers, rewritten for an older audience.

Summary

Dive deeper into the world of Little People, BIG DREAMS with this beautifully packaged and highly giftable keepsake treasury featuring 40 great American dreamers from the critically acclaimed, multimillion-copy best-selling series.

Learn more about each of your favorite dreamers with **new in-depth stories**, **facts**, **and figures** in this beautifully crafted compendium. With an emphasis on heroes of the USA, each story is **rewritten to be appropriate for an older audience**. Revisit best-loved figures from the series and some new ones, too, including Prince, Maya Angelou, Dolly Parton, Martin Luther King Jr., Marilyn Monroe, Michael Jordan, Amanda Gorman, Gloria Steinem, Elvis, Neil Armstrong, and Dwayne Johnson. Discover how these incredible people shaped America into the country it is today.

From inspiring artists and passionate activists to intrepid explorers and groundbreaking musicians, this collection goes further than the original series into the lives of these iconic figures—perfect for curious minds who always want to know more!

This luxury keepsake treasury makes the perfect gift for ho...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to establish a new and fresh relationship between children and pop culture.



Frances Lincoln Children's Books 9780711284678 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007030
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.9 in W

Agatha Christie (Spanish Edition)

Amelia Earhart (Spanish Edition)

Maria Isabel Sanchez Vegara, Mariadiamantes

the inspiring story of the great American aviator.

Maria Isabel Sanchez Vegara, Elisa Munso

Parte de la exitosa serie Little People, BIG DREAMS, Agatha Christie cuenta la historia de la escritora policíaca más famosa de todos los tiempos / Part of the bestselling Little People, BIG DREAMS series, *Agatha Christie* tells the story of the most famous crime writer of all time.

Summary

Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la vida de Agatha Christie, la escritora policíaca más famosa de todos los tiempos.

Cuando Agatha era joven, leía libros todas las noches, ipero siempre tenía su propia idea de cómo deberían terminar! De adulta, sus novelas policiacas, con sus giros inesperados y sus peculiares detectives, desafiaron las mentes de millones de lectores, convirtiéndola en la reina del misterio y la novelista más vendida de todos los tiempos. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida del autor.

Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran las vidas de personas destacadas, desde diseñadores y artistas hasta científicos y activistas. Todos lograron cosas increíbles, pero cada u...

Contributor Bio

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This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

Como parte de la exitosa serie Little People, BIG DREAMS, Amelia Earhart cuenta la inspiradora historia de la gran aviadora estadounidense. / Part of the bestselling Little People, BIG DREAMS series, Amelia Earhart tells

Frances Lincoln Children's Books 9780711284661 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages color illustrations Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007020 Series: Little People, BIG DREAMS en Español 9.5 in H | 7.6 in W En este éxito de ventas internacional de la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la vida de Amelia Earhart, la pionera de la aviación estadounidense.

Cuando Amelia era joven, le gustaba imaginar que podía estirar las alas y volar como un pájaro. Como mujer adulta, estableció un nuevo récord mundial femenino al volar hasta 14,000 pies. También voló a través de los océanos Atlántico y Pacífico, y finalmente emprendió la misión más peligrosa de todas: volar alrededor del mundo. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una línea de tiempo biográfica con fotos históricas y un perfil detallado de la vida del aviador.

Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran las vidas de personas destacadas, desde diseñadores y artistas ...

Contributor Bio

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Frances Lincoln Children's Books 9780711284630 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Coco Chanel (Spanish Edition)

Maria Isabel Sanchez Vegara, Ana Albero

El primer libro de la exitosa serie Little People, BIG DREAMS, *Coco Chanel* cuenta la inspiradora historia de la primera dama de la moda. / The first book in the bestselling Little People, BIG DREAMS series, *Coco Chanel* tells the inspiring story of the first lady of fashion.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este éxito de ventas internacional de la serie Little People, BIG DREAMS, aclamada por la crítica, descubra la historia inspiradora de este ícono de estilo internacional.

Tras la muerte de su madre, Coco pasó sus primeros años en un orfanato, donde le enseñaron a usar aguja e hilo. A partir de ahí, se convirtió en cantante de cabaret, costurera, sombrerera y, finalmente, en la diseñadora de moda más famosa del mundo. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una línea de tiempo biográfica con fotos históricas y un perfil detallado de la vida del diseñador.

Little People, BIG DREAMS es una serie de libros y juegos educativos de gran éxito de ventas que explora la vida de personas destacadas, desde diseñadores y artistas hasta científicos y activistas. Todos lograron cosas increíbles, pero c...

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Corazon Aquino (Spanish Edition)

Maria Isabel Sanchez Vegara, Ginnie Hsu

Parte de la exitosa serie Little People, BIG DREAMS, *Corazon Aquino* cuenta la inspiradora historia de la primera mujer presidenta de Filipinas / Part of the best-selling Little People, BIG DREAMS series, *Corazon Aquino* tells the inspiring story of the first female president of the Philippines.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

Frances Lincoln Children's Books 9780711284753 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas de millones de copias, descubra la vida de Corazón Aquino, la primera mujer presidenta de Filipinas.

El pequeño Cory era un niño tímido, estudioso y con un gran sentido de la justicia. Como mujer joven y esposa, ella y su familia se sintieron obligados a hablar en contra del líder injusto que estaba arruinando su país. Mostrando valentía, confiabilidad y honestidad, lideró la revolución que terminó con el gobierno del dictador y se convirtió en la presidenta de Filipinas.

El texto fácil de entender y accesible da vida a la historia de la pequeña Cory, desde sus primeros años hasta su apasionada lucha contra la represión y la pérdida personal para llevar la democracia a Filipinas.

Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte po...

Contributor Bio

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Frances Lincoln Children's Books 9780711284647 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007010 Series: Little People, BIG DREAMS en Español 9.5 in H | 7.6 in W

Frida Kahlo (Spanish Edition)

Maria Isabel Sanchez Vegara, Gee Fan Eng

Como parte de la exitosa serie Little People, BIG DREAMS, Frida Kahlo cuenta la inspiradora historia de esta pintora de renombre mundial / Part of the bestselling Little People, BIG DREAMS series, Frida Kahlo tells the inspiring story of this world-renowned painter.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este éxito de ventas internacional de la aclamada serie Little People, BIG DREAMS, descubra la vida de Frida Kahlo, la pintora de renombre mundial.

Cuando Frida era una adolescente, un terrible accidente de tránsito cambió su vida para siempre. Incapaz de caminar, comenzó a pintar desde su cama. Sus autorretratos, que muestran su dolor y su pena, pero también su pasión por la vida y su instinto de supervivencia, la han convertido en una de las artistas más famosas del siglo XX. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una línea de tiempo biográfica con fotos históricas y un perfil detallado de la vida del artista.

Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran las vidas de personas destacadas, desde diseñadores y artistas hasta científicos y acti...

Contributor Bio

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Greta Thunberg (Spanish Edition) Maria Isabel Sanchez Vegara, Anke Weckmann

Como parte de la exitosa serie Little People, BIG DREAMS, Greta Thunberg cuenta la inspiradora historia de esta valiente activista climática. / Part of the bestselling Little People, BIG DREAMS series, Greta Thunberg tells the inspiring story of this courageous climate activist.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con varios millones de ejemplares, descubre la inspiradora historia real de Greta Thunberg, la activista medioambiental.

Cuando la joven Greta se enteró de la crisis climática, dejó de hablar. No podía entender por qué las personas en el poder no estaban haciendo nada para salvar nuestra Tierra. Un día empezó a protestar frente al Parlamento sueco, creando la 'Huelga escolar por el clima'. Pronto, muchos más jóvenes se unieron a ella en un movimiento global que sacudió a adultos y políticos por igual.

Había encontrado su voz y la usa para inspirar a los humanos a la acción con su poderoso mensaje: "Nadie es demasiado pequeño para marcar la diferencia". Este libro inspirador presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una crono...

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Frances Lincoln Children's **Books** 9780711284746 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD **Paperback**

32 Pages Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007110 Series: Little People, BIG DREAMS en Español 9.5 in H | 7.6 in W



Frances Lincoln Children's Books 9780711284784 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007030
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Hans Christian Andersen (Spanish Edition)

Maria Isabel Sanchez Vegara, Maxine Lee-Mackie

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubre la vida de Hans Christian Andersen, el padre de los cuentos de hadas / In this book from the critically acclaimed, multimillion-copy bestselling Little People, BIG DREAMS s...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubre la vida de Hans Christian Andersen, el padre de los cuentos de hadas.

Cuando Hans Christian Andersen era un niño pequeño, trataba los libros de cuentos como joyas para atesorar. Quería actuar en el escenario, pero siempre fue elegido como el troll. Afortunadamente, a través del teatro, encontró el amor por la escritura.

Escribió tanto sobre lo ordinario como sobre lo fantástico, en historias como 'El patito feo' y 'La sirenita', sin hablar nunca con desdén a los niños. Sus cuentos se hicieron famosos en todo el mundo, y fueron amados y adorados por generación tras generación de niños que se maravillaban con estas joyas bien contadas

Este encantador libro presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, in...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than



Jane Goodall (Spanish Edition)

Maria Isabel Sanchez Vegara, Beatrice Cerocchi

Parte de la exitosa serie Little People, BIG DREAMS, Jane Goodall cuenta la inspiradora historia real de la principal experta en chimpancés del mundo / Part of the best-selling Little People, BIG DREAMS series, *Jane Goodall* tells the inspiring true story of the world's foremost expert on chimpanzees...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

Parte de la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la increíble vida de Jane Goodall, la experta más importante del mundo en chimpancés.

Cuando Jane era pequeña, su padre le regaló un chimpancé de juguete llamado Jubilee. Esto inspiró su amor de toda la vida por los animales, y fue a estudiarlos en la naturaleza tan pronto como pudo.

Jane vivió con chimpancés en su hábitat natural y se hizo famosa por su enfoque pionero de la investigación. Ahora educa al público sobre los derechos de los animales y hace campañas por cuestiones ambientales en todo el mundo.

Este libro conmovedor presenta ilustraciones elegantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida del primatólogo.

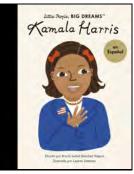
Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran ...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than

Frances Lincoln Children's Books 9780711284715 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W



Books 9780711284814 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages Carton Qty: 0

Frances Lincoln Children's

Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007130 Series: Little People, BIG DREAMS en Español

9.5 in H | 7.6 in W

Kamala Harris (Spanish Edition)

Maria Isabel Sanchez Vegara, Lauren Semmer

De la exitosa serie Little People, BIG DREAMS, Kamala Harris cuenta la increíble historia de la primera mujer, la primera persona negra y la primera estadounidense del sur de Asia en ser elegida vicepresidenta de los Estados Unidos de America / From the best-selling Little People, BIG DREAMS series,...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMSseries, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la aclamada serie Little People, BIG DREAMS, descubra la increíble vida de Kamala Harris, la primera mujer, la primera persona negra y la primera estadounidense del sur de Asia en ser elegida vicepresidenta de los Estados Unidos de America.

La pequeña Kamala solía acompañar a sus padres a las marchas por los derechos civiles en California, atada a su cochecito para no perderse. Desde muy temprana edad, soñaba con convertirse en abogada para ayudar a las personas necesitadas. En la universidad, Kamala sintió que podía hacer cualquier cosa y todo. Obtuvo un título en derecho para asegurarse de que los más vulnerables estuvieran protegidos por la justicia.

La vida de Kamala estuvo llena de primicias, incluida la de convertirse en la primera muier, muier negra v estadounidense del sur de Asia en ser elegida vicepresidenta. Como dijo Kamala a las niñas de todo ...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to establish a new and fresh relationship between children and pop culture.



Frances Lincoln Children's Books 9780711284685 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD **Paperback**

32 Pages Carton Oty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007120 Series: Little People, BIG DREAMS en Español 9.5 in H | 7.6 in W

Marie Curie (Spanish Edition)

Maria Isabel Sanchez Vegara, Frau Isa

Parte de la exitosa serie Little People, BIG DREAMS, Marie Curie cuenta la inspiradora historia de uno de los científicos más famosos del mundo / Part of the bestselling Little People, BIG DREAMS series, Marie Curie tells the inspiring story of one of the world's most famous scientists.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

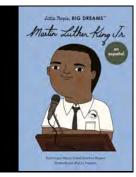
En este éxito de ventas internacional de la serie Little People, BIG DREAMS, aclamada por la crítica, descubra la vida de Marie Curie, la científica ganadora del Premio Nobel.

Cuando Marie era joven, no pudo ir a la universidad porque era mujer. Pero cuando fue mayor, su trabajo científico fue respetado en todo el mundo. Sus descubrimientos de radio y polonio ayudaron dramáticamente en la lucha contra el cáncer, iy ganó el Premio Nobel de Física! Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una línea de tiempo biográfica con fotos históricas y un perfil detallado de la vida del científico.

Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran las vidas de personas destacadas, desde diseñadores y artistas hasta científicos y activistas. Todos lograron cosas ...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to establish a new and fresh relationship between children and pop culture.



Frances Lincoln Children's Books 9780711284739 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007110 Series: Little People, BIG DREAMS en Español 9.5 in H | 7.6 in W

Martin Luther King Jr. (Spanish Edition)

Maria Isabel Sanchez Vegara, Mai Ly Degnan

Conozca la increíble vida de Martin Luther King Jr., el inspirador ministro y activista de los derechos civiles, en este libro de la exitosa serie Little People, BIG DREAMS / Learn about the incredible life of Martin Luther King Jr., the inspiring minister and civil rights activist, in this book fro...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie BIG DREAMS, aclamada por la crítica y superventas de millones de copias, Little People, descubra la vida de Martin Luther King Jr., el inspirador ministro y activista de los derechos civiles.

El pequeño Martin creció en una familia de predicadores: su padre era predicador, su tío era predicador, su abuelo era predicador... así que tal vez él también se convertiría en un gran predicador. Un día, un amigo lo invitó a jugar a su casa. Martin se sorprendió cuando su madre no lo dejó entrar porque era negro. Ese día se dio cuenta de que algo terriblemente iniusto estaba pasando. Martin creía que nadie debería quedarse callado y aceptar algo si está mal. Y se prometió a sí mismo que, cuando fuera mayor, lucharía contra la injusticia con el arma más poderosa de todas: las palabras. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y ...

Contributor Bio

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Frances Lincoln Children's

Ages 4 to 7, Grades P to 2

Biography & Autobiography

Series: Little People, BIG

Juvenile Nonfiction /

DREAMS en Español

9.5 in H | 7.6 in W

Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD

Books 9780711284777

Paperback

32 Pages

Carton Qty: 0

JNF007120

Mary Anning (Spanish Edition)

Maria Isabel Sanchez Vegara, Popy Matigot

Descubre la vida de Mary Anning, la primera paleontóloga y audaz cazadora de fósiles / Discover the life of Mary Anning, the first paleontologist and daring fossil hunter.

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the

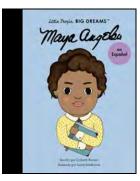
En este libro de la serie BIG DREAMS, aclamada por la crítica y superventas de millones de copias, Little People, descubra la vida de Mary Anning, la madre de la paleontología y audaz cazadora de fósiles.

Cuando Mary era pequeña, su familia era muy pobre. Solía ayudar a su padre a buscar conchas y huesos en lo alto de peligrosos acantilados. Después de recibir un libro como regalo de un amable benefactor, Mary aprendió todo sobre los fósiles. Continuó buscándolos e hizo el sorprendente descubrimiento de un esqueleto completo de un ictiosaurio. Lamentablemente, no se le permitió estudiar junto con todos los demás hombres, pero siquió haciendo sus propios descubrimientos, iincluida la caca de dinosaurio! - y asesorando a la Sociedad Geológica cuando necesitaban ayuda. Tomó toda una vida recibir el reconocimiento, pero todos la recordamos ahora como la madre de la paleont...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to establish a new and fresh relationship between children and pop culture.

Popy Matigot is an illustrator who has worked on projects for magazines, newspapers, brands, and children's



Frances Lincoln Children's Books 9780711284654 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007030
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Maya Angelou (Spanish Edition)

Lisbeth Kaiser, Leire Salaberria

Como parte de la exitosa serie Little People, BIG DREAMS, *Maya Angelou* cuenta la inspiradora historia de esta oradora, escritora y activista de los derechos civiles / Part of the bestselling Little People, BIG DREAMS series, *Maya Angelou* tells the inspiring story of this speaker, writer and civil ri...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este éxito de ventas internacional de la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la increíble vida de Maya Angelou, la poderosa oradora, escritora y activista de los derechos civiles.

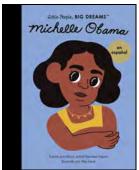
Maya Angelou pasó gran parte de su infancia en Stamps, Arkansas. Después de un evento traumático a los ocho años, dejó de hablar durante cinco años. Sin embargo, Maya redescubrió su voz a través de libros maravillosos y se convirtió en una de las escritoras y oradoras más queridas del mundo.

Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida de Maya Angelou.

Little People, BIG DREAMS es una exitosa serie de libros y juegos educativos que exploran las vidas de personas destacadas, desde diseñadores y artistas hasta...

Contributor Bio

Lisbeth Kaiser is a freelance writer and children's book author. Two of her books in the Little People, BIG DREAMS series, *Maya Angelou* and *Emmeline Pankhurst*, were selected for the ALA's Amelia Bloomer Book List. Lisbeth lives in Brooklyn with her husband and two children.



Michelle Obama (Spanish Edition)

Maria Isabel Sanchez Vegara, Mia Saine

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubra la vida de Michelle Obama, la icónica primera dama, defensora, abogada y autora / In this book from the critically acclaimed, multimillion-copy best-selling Little People, ...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubra la vida de Michelle Obama, la icónica primera dama, defensora, abogada y autora.

La joven Michelle creció en el lado sur de Chicago en una familia muy unida. Le encantaba la escuela, obtener A's y trabajó duro para abrir camino en las universidades de Princeton y Harvard. Luego, al comienzo de su carrera legal, conoció a Barack Obama.

Como primera dama, usó su plataforma para abogar por las mujeres y las niñas y continúa inspirando a muchas con su poderosa voz y sus libros más vendidos. Este libro empoderador presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida de la mujer inspiradora.

Little People, BIG DREAMS es una exi...

Contributor Bio

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Frances Lincoln Children's Books 9780711284791 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007070
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W



Frances Lincoln Children's Books 9780711284708 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Mother Teresa (Spanish Edition)

Maria Isabel Sanchez Vegara, Natascha Rosenberg

Como parte de la exitosa serie Little People, BIG DREAMS, *la Madre Teresa* cuenta la inspiradora historia de la increíble vida de esta monja y misionera / Part of the best-selling Little People, BIG DREAMS series, *Mother Teresa* tells the inspiring story of this nun and missionary's incredible life.

Summary

Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

Parte de la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la increíble vida de la Madre Teresa, junto con su mensaje de amor y caridad.

Agnes (que luego se convertiría en la Madre Teresa) nació en Skopje, Macedonia. Fue criada para amar a Dios y amar a los demás por encima de todo, y desde temprana edad supo que quería dedicarse a la religión, por lo que se hizo monja. Le fascinaban las historias de misioneros que ayudaban a la gente y quería hacer lo mismo.

Viajó a Irlanda y luego a la India, donde trabajó duro para ayudar a todos los que la rodeaban. Enseñó en una escuela, pero se dio cuenta de que podía hacer más, así que fundó un hospital en un antiguo templo, donde alimentó y atendió a los pobres y enfermos.

Pasó el resto de su vida cuidando a los necesitados en todo el mundo y ahora se la recuerda como Santa Teresa de Calcuta. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales e...

Contributor Bio

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Frances Lincoln Children's Books 9780711284821 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD

Paperback

32 Pages Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007010 Series: Little People, BIG DREAMS en Español

9.5 in H | 7.6 in W

Pablo Picasso (Spanish Edition)

Maria Isabel Sanchez Vegara, Teresa Bellon

Descubra la increíble vida de Pablo Picasso, un artista inspirador del siglo 20, en este libro de la exitosa serie Little People, BIG DREAMS / Discover the incredible life of Pablo Picasso, an inspirational artist from the 20th century, in this book from the bestselling Little People, BIG DREAMS ser...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubra la vida de Pablo Picasso, uno de los artistas más grandes del mundo en el siglo 20.

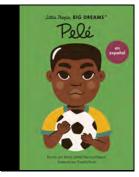
El pequeño Pablo creció en un hogar artístico y después de dibujar su primera pintura a los nueve años. Su padre era profesor de arte y ayudó a desarrollar el talento de su hijo, enseñándole a usar pinturas al óleo.

Primero se mudó a Barcelona y luego a Francia, donde logró un éxito significativo y se convirtió en uno de los artistas más influyentes del siglo XX. Su estilo artístico inspiró muchos movimientos en el arte, la música y la literatura, que todavía vemos hoy.

Este poderoso libro presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una línea de tiempo biográfica con fotos históricas y un perfil detallado de ...

Contributor Bio

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Frances Lincoln Children's Books 9780711284760 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Biography & Autobiography JNF007100 Series: Little People, BIG DREAMS en Español

9.5 in H | 7.6 in W

Pele (Spanish Edition)

Maria Isabel Sanchez Vegara, Camila Rosa

Como parte de la exitosa serie Little People, BIG DREAMS, *Pelé* cuenta la inspiradora historia de este futbolista de renombre mundial / Part of the best-selling Little People, BIG DREAMS series, *Pelé* tells the inspiring story of this world-renowned soccer player.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubre la vida de Pelé, el rey del fútbol de todos los tiempos de Brasil.

Con un calcetín lleno de trapos por pelota, Pelé perfeccionó sus habilidades en un barrio pobre de Brasil. Creía que, algún día, llevaría a su país a la victoria en la Copa del Mundo, iy tenía razón! Con Pelé y sus súper habilidades en el equipo, Brasil levantó el trofeo tres veces. Hoy en día, es ampliamente considerado como el mejor futbolista que jamás haya existido, y también un héroe fuera del campo, que usa su voz para ayudar a las personas que más lo necesitan. Este libro inspirador presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida del Rey.

Litt...

Contributor Bio

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Frances Lincoln Children's Books 9780711284692

Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 5 to 8, Grades K to 3
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Rosa Parks (Spanish Edition)

Lisbeth Kaiser, Marta Antelo

Como parte de la exitosa serie Little People, BIG DREAMS, Rosa Parks cuenta la inspiradora historia de la "Madre del Movimiento por la Libertad" / Part of the bestselling Little People, BIG DREAMS series, Rosa Parks tells the inspiring story of the "Mother of the Freedom Movement."

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la aclamada serie Little People, BIG DREAMS, descubre la increíble vida de Rosa Parks, la "Madre del Movimiento por la Libertad."

Rosa Parks creció en Alabama, donde aprendió a defenderse a una edad temprana. Rosa se convirtió en activista de los derechos civiles. En 1955, se negó a ceder su asiento a un hombre blanco en un autobús segregado, lo que provocó el boicot a los autobuses de Montgomery. Su valiente decisión tuvo un gran impacto en los derechos civiles y finalmente llevó al fin de la segregación en el transporte público. Nunca dejó de trabajar por la igualdad de derechos. Este libro conmovedor presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida del activista.

Little People, BIG DREAMS es una exitosa serie de libros y j...

Contributor Bio

Lisbeth Kaiser is a freelance writer and children's book author. Two of her books in the Little People, BIG DREAMS series, *Maya Angelou* and *Emmeline Pankhurst*, were selected for the ALA's Amelia Bloomer Book List. Lisbeth lives in Brooklyn with her husband and two children.

Marta Antelo graduated with a fine arts degree in Valencia, where she was born. After graduation, she moved



Frances Lincoln Children's Books 9780711284807 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007070
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W

Ruth Bader Ginsburg (Spanish Edition)

Maria Isabel Sanchez Vegara, Judit Orosz

Descubra la increíble vida de Ruth Bader Ginsburg, la amada jueza de la Corte Suprema, en este libro de la exitosa serie Little People, BIG DREAMS / Discover the incredible life of Ruth Bader Ginsburg, the beloved Supreme Court justice, in this book from the best-selling Little People, BIG DREAMS se...

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

En este libro de la serie Little People, BIG DREAMS, aclamada por la crítica y superventas con millones de ejemplares, descubra la increíble vida de Ruth Bader Ginsburg, la querida jueza de la corte suprema.

La madre de la pequeña Ruth le enseñó a ser una dama, lo que significaba ser independiente. Ruth se prometió a sí misma que haría todo lo que su madre no tuvo la oportunidad de hacer. Y se destacó: en la universidad, como profesora de derecho y luego en la corte suprema luchando contra la discriminación de género.

Ruth se convirtió en una de las figuras más icónicas de la política estadounidense, defendiendo lo que creía, luchando por la igualdad racial y de género y defendiendo los valores democráticos.

Este libro inspirador presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históri...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to



Maria Isabel Sanchez Vegara, Asun Amar

Zaha Hadid (Spanish Edition)

Nuevo en la serie Little People, BIG DREAMS, aclamada por la crítica, descubre la increíble vida de Zaha Hadid, la Reina de la Arquitectura / New in the critically acclaimed Little People, BIG DREAMS series, discover the incredible life of Zaha Hadid, the Queen of Architecture.

Summary

This beautiful Spanish-language book, translated from the hugely popular Little People, BIG DREAMS series, can be enjoyed by fluent Spanish speakers and those learning the language, whether at home or in the classroom.

Parte de la serie Little People, BIG DREAMS, aclamada por la crítica, Zaha Hadid cuenta la inspiradora historia real de la visionaria arquitecta iraquí-británica.

Zaha Hadid creció en Bagdad, Irak, rodeada de música. Era una niña curiosa y confiada, que diseñó su propio dormitorio modernista a los nueve años. Cuando era una mujer joven que estudiaba en la Universidad de Beirut, se la describió como la alumna más destacada que la maestra había conocido. Con su visión espectacular y su creencia en el poder de la arquitectura, fundó su propia firma y diseñó algunos de los edificios más destacados del mundo, incluido el Centro Acuático Olímpico de Londres 2012. Este libro inspirador presenta ilustraciones elegantes y extravagantes y datos adicionales en la parte posterior, incluida una cronología biográfica con fotos históricas y un perfil detallado de la vida del arquitecto...

Contributor Bio

Maria Isabel Sánchez Vegara, born in Barcelona, Spain, is a writer and creative director in constant search of new concepts for children's books and the author of the multimillion-copy best-selling Little People, BIG DREAMS series of picture books that explore the lives of outstanding people. Working for more than fifteen years for clients in top advertising agencies, her books combine creativity with learning, aiming to establish a new and fresh relationship between children and pop culture.

Asun Amar is a freelance architect and illustrator based in Barcelona, Spain.

Frances Lincoln Children's Books 9780711284722 Pub Date: 5/2/23 \$8.99 USD/\$9.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 4 to 7, Grades P to 2
Juvenile Nonfiction /
Biography & Autobiography
JNF007120
Series: Little People, BIG
DREAMS en Español
9.5 in H | 7.6 in W



Frances Lincoln Children's Books 9780711281264 Pub Date: 5/2/23 \$17.99 USD/\$24.99 CAD Hardcover

64 Pages
Carton Qty: 34
Ages 0 to 2, Grades P to P
Juvenile Fiction / Nursery
Rhymes
JUV055000
Series: Stitched Storytime
9.7 in H | 8 in W | 0.7 in T |

0.9 lb Wt

Read to Your Baby Every Night

30 classic lullabies and rhymes to read aloud

Chloe Giordano, Lucy Brownridge

A single volume of tried-and-tested lullabies and rhymes designed to share with your baby, illustrated with embroidery art.

Summary

A single volume of tried-and-tested lullables and rhymes designed to share with your baby, illustrated with beautiful and tactile embroidery art.

Science tells us that babies develop best and connect with people and the world around them when they are spoken to, sung to, and read to. Even when they're tiny, the sound of their parents' voices helps them make sense of the world and feel comfortable with new people and places.

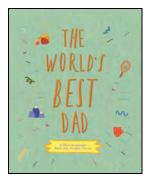
This treasury gives parents the opportunity to rediscover just how useful (and calming) **30 of the best-loved Iuliabies and nursery rhymes** are in one, beautiful volume. **Stunningly embroidered illustrations** for each rhyme offer little ones a **tactile delight** and will make this book a **keepsake to treasure**.

Sooth little ones with **gentle Iullabies and nursery rhymes**, including **Mary, Mary, Quite Contrary**, **Oranges and Lemons**, **The Grand Old Duke of York**, and many more beloved poems and songs.

Stitched Storytime presents beautiful embroidered collections of nursery rhymes and folktales that young children will love. Also available are *Read to Your Baby Every Day* and *Read* ...

Contributor Bio

Chloe Giordano began to sew in the last year of her illustration degree at the University of the West of England, and since graduating in 2011 she has continued to experiment with freehand embroidery, using sewing thread and hand dyed fabrics to make her work. *Read To Your Baby Every Day* and *Read to Your Toddler Every Day* are illustrated with her hand-embroidered artwork. Her clients include Penguin, Vintage Books, Bloomsbury, Liberty, and the BFI. Originally from Buckinghamshire, she now lives and works in York.



Frances Lincoln Children's Books 9780711275843 Pub Date: 5/2/23 \$14.99 USD/\$18.99 CAD Hardcover

32 Pages
Carton Qty: 0
Ages 6 to 10, Grades 1 to 5
Juvenile Nonfiction /
Activity Books
JNF001010
Series: From Me to You
8.9 in Wdth | 11 in Lqth

The World's Best Dad

A fill-in scrapbook from me, to you, for us Sarah K. Benning

The World's Best Dad is a gift journal for children to fill in and give their dad on father's day or another special occasion.

Summary

The World's Best Dad is a new one-of-a-kind gift journal for children to fill in and give their dad on a special occasion to tell him how much he means to them.

Filled with creative prompts, kids can write, draw and create heartfelt messages to **show their dad how special he is,** before giving the book to their dad as a **beautiful and touching keepsake.**

From **listing the things they love most** about their dad, to **designing their very own world's best dad mug**, to writing a story about a **fantastical adventure together**, *The World's Best Dad* is brimming with activities and fun ways to help kids express themselves.

There are also photo pages so kids can collect and glue in pictures of their special memories of them with their dads, as well as dad facts and much much more!

Beautifully designed, with a ribbon marker and embroidered illustrations, and filled with activities to encourage creativity and sharing, this book will be treasured by children and parents alike.

This unique and heartfelt gift journal is the perfect gift for kids to give fathers everywhere, whether on birthdays, father's day, or ...

Contributor Bio

Sarah K. Benning is an artist and DIY designer working within the realm of contemporary embroidery. She creates of one of a kind hand stitched artworks and thoughtfully designed DIY kits and digital embroidery patterns. Through lots of experimentation and trial and error, she taught herself to stitch and—a bit by accident



Frances Lincoln Children's Books 9780711286313 Pub Date: 6/6/23 \$18.99 USD/\$24.00 CAD Hardcover

40 Pages color illustrations Carton Qty: 0 Ages 5 to 8, Grades K to 3 Juvenile Fiction / Social Themes JUV039120 10.8 in Wdth | 9.3 in Lgth

A Hero Like Me (Illustrated)

Jen Reid, Leire Salaberria, Angela Joy

A Hero Like Me is a powerful retelling of the toppling of slave-trader Edward Colston's statue, seen through the eyes of a young child.

It's a ground-breaking picture book that contains important lessons and gives children an example of a hero that's just like them.

Summary

A Hero Like Me is inspired by the events of 7th June 2020, when a statue of Edward Colston was pulled down and thrown into Bristol Harbour. It's a ground-breaking picture book that provides important lessons and gives children an example of a hero that's just like them.

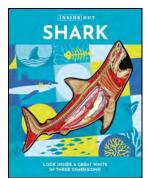
On 7th June, 2020, Jen Reid attended an anti-racism **protest** in Bristol. During the protest, a statue of 17th-century **slave trader Edward Colston was toppled** and thrown into Bristol Harbour. Despite being afraid of heights, Jen spontaneously felt compelled to climb onto the empty plinth and raise her fist high above her head.

On the morning of 15th July, a statue of Jen by Marc Quinn was added to the empty plinth. It was called **A Surge of Power** and it gained national attention for the 24 hours it was in place, and beyond.

A Hero Like Me is a picture book that empowers children to have courage to stand up for what is right and be their own hero. It shows every child that they have a voice in their community and a say in who is on their streets. That they too have power, just like Jen.

Contributor Bio

Jen Reid grew up in the historic city of Bath, the youngest daughter of Windrush immigrants. Her experiences of racism growing up were first-hand. From being the only Black child in her local primary school in the 1980s, where Jen fully understood what it was like to face inequalities and where racial slurs were commonplace, to moving to London in the 1990s and facing the daily microaggressions that black women suffer in the workplace, throughout her life. Jen has experienced the everyday racism that is ingrained in our society.



Inside Out Shark

Look Inside a Great White in Three Dimensions!

David George Gordon

Inside Out Shark is a fascinating look at sharks featuring a die-cut model of a great white that reveals how these much-misunderstood creatures operate, layer by layer!

Summary

Journey inside a shark and live to tell the tale! With *Inside Out Shark*, take a 3D tour through a shark's different body systems to learn about the unique physiology of these eating machines!

Sharks are some of the largest and most ancient creatures on the planet. This is your chance to learn **how they move**, **how they work**, and tons of **facts about how they live**. Through striking illustrations, fascinating and fair-minded text, and a die-cut model of a great white that reveals the creature's inner workings, *Inside Out Shark* brings you all of this information and a whole lot more.

Chartwell Books 9780785842033 Pub Date: 4/11/23 \$16.99 USD/\$22.99 CAD Board Book

16 Pages 80 color illustrations Carton Qty: 0 Ages 8 to 10, Grades 3 to 5 Juvenile Nonfiction / Activity Books JNF001000

11 in H | 8.5 in W | 0.7 lb Wt

- Why are **shark eggs** called "mermaid purses"?
- What in the world are "skin-teeth"?
- Do sharks really have no bones in their bodies?
- Do they deserve the **nickname** "man-eater"?

Find the answers to these questions and more in this **action-packed** book, which dives deep under the surface to explore the world of these **astounding animals**.

From the **eerie goblin shark** to the wide-eyed **hammerhead** to the most feared shark of them all, **the great white**, see the world from a shark's-eye view—and get an in-depth look at these most myste...

Contributor Bio

David George Gordon is the award-wining author of twenty books on topics that range from watching gray



Happy Yak 9780711275423 Pub Date: 6/6/23 \$13.99 USD/\$16.99 CAD Board Book

8 Pages color illustrations Carton Qty: 0 Ages 1 to 5, Grades P to K Juvenile Fiction / Concepts JUV009050 Series: Wee Gallery Touchand-Feel

5.9 in Wdth | 5.9 in Lgth

Wee Gallery Touch and Feel: Ears

Surya Sajnani

Wee Gallery Touch and Feel: Ears features the classic touch-and-feel concept but with a fun, stylish Wee Gallery twist! Each spread features an intriguing textile and a different animal character to spark the curiosity of babies and toddlers.

Summary

This interactive board book series features the classic touch-and-feel concept but with a fun, stylish Wee Gallery twist! Each spread features an intriguing textile and a different animal character to spark the curiosity of babies and toddlers.

In Wee Gallery: Touch-and-Feel Ears, meet seven incredibly cute creatures who all feature excellent ears! Little ones will love feeling the different textures and materials, whether it be the soft, fluffy ears of a cute koala, or the glittery, scratchy ears of a perfect pig.

Striking illustrations from Wee Gallery plus **clever textures** will excite the reader and help **develop sensory and motor skills,** and expand language skills. Bold, high contrast, **colourful artwork** will keep young children engaged and stimulated for hours on end, while encouraging key recognition and identification skills.

Also available in in the Wee Gallery Touch-and-Feel series are Tails, Scales and Wings.

Contributor Bio

Surya Sajnani grew up in India, and graduated with a degree in Chemistry, Botany, and Zoology before finding her passion in design. Surya has a wealth of experience in the industry and has trained with some of India's leading designers. Surya moved to the US in 2000, and founded Wee Gallery with her husband, Dave Pinto, after their first child was born in 2002. Surya's style is inspired by Indian Folk art and is characterized by bold strokes and graphic compositions. Wee Gallery products have won numerous awards, and are carried by museum shops and stores worldwide.



Happy Yak 9780711275461 Pub Date: 6/6/23 \$13.99 USD/\$16.99 CAD Board Book

8 Pages color illustrations Carton Qty: 0 Ages 1 to 5, Grades P to K Juvenile Fiction / Concepts JUV009050 Series: Wee Gallery Touchand-Feel

5.9 in Wdth | 5.9 in Lgth

Wee Gallery Touch and Feel: Wings

Surya Sajnani

Wee Gallery Touch and Feel: Wings features the classic touch-and-feel concept but with a fun, stylish Wee Gallery twist! Each spread features an intriguing textile and a different animal character to spark the curiosity of babies and toddlers.

Summary

This interactive board book series features the classic touch-and-feel concept but with a fun, stylish Wee Gallery twist! Each spread features an intriguing textile and a different animal character to spark the curiosity of babies and toddlers.

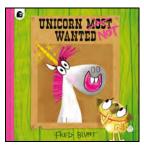
In Wee Gallery: Touch and Feel Wings, meet seven stunning creatures who all feature wonderful wings! Little ones will love feeling the different textures and materials, whether it be the glittery, sparkling dragonfly wings, or the fluffy pink wings of a swooping flamingo.

Striking illustrations from Wee Gallery plus **clever textures** will excite the reader and help **develop sensory and motor skills**, and expand language skills. Bold, high contrast, **colorful artwork** will keep young children engaged and stimulated for hours on end, while encouraging key recognition and identification skills.

Also available in the Wee Gallery Touch-and-Feel series are Scales, Tails and Ears.

Contributor Bio

Surya Sajnani grew up in India, and graduated with a degree in Chemistry, Botany, and Zoology before finding her passion in design. Surya has a wealth of experience in the industry and has trained with some of India's leading designers. Surya moved to the US in 2000, and founded Wee Gallery with her husband, Dave Pinto, after their first child was born in 2002. Surya's style is inspired by Indian Folk art and is characterized by bold strokes and graphic compositions. Wee Gallery products have won numerous awards, and are carried by museum shops and stores worldwide.



Happy Yak 9780711281325 Pub Date: 5/2/23 \$18.99 USD/\$24.00 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 5, Grades P to K Juvenile Fiction / Animals JUV002270

9.8 in H | 9.8 in W | 0.8 lb Wt

Unicorn NOT Wanted

Fred Blunt

Unicorn NOT Wanted is a novel take on unicorn stories, set in the wild west!

Summary

A humorous take on the unicorn trend, *Unicorn NOT Wanted* is funny picture book starring an uninvited unicorn that hijacks the story.

"There are way too many unicorn stories, so this book will be A UNICORN FREE ZONE! And it will be set where you definitely won't find unicorns... THE WILD WEST!

This is an anti-unicorn, unicorn story, which **pokes fun at the never-ending stream of unicorn books**, but then becomes what it sets out not to be... **thanks to a unicorn intruder!**

A unicorn arrives in disguise as a horse on the first pages, but when her hat is removed and her horn exposed, **chaos ensues...**

It's really silly, but has a positive message of not stereotyping people and being yourself.

Contributor Bio

Fred Blunt is an award winning author and illustrator. Humour has always been top of Fred's list when it comes to drawing. Right from those early (rather unflattering) portraits of teachers, Fred knew he wanted to entertain with his work. As well as writing and illustrating his own very silly picture books, Fred has collaborated with some of the best authors of the moment and also works in animation as a character designer. Fred lives in West Wales, with his wife, two children and their retired Greyhound, Olive.



Happy Yak 9780711274860 Pub Date: 6/6/23 \$18.99 USD/\$24.00 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 6, Grades P to 1 Juvenile Fiction / Animals JUV002140

9.8 in Wdth | 9.8 in Lgth

Snug as a Bug?

Karl Newson, Alex Willmore

Snug as a Bug is the hilarious tale of a bug who wants to be tucked up in bed but instead finds himself on a wild adventure—everybody's chasing him!

Summary

Meet a bug who is as snug as a bug can be. Oh, but not for long! Along comes a knock on the door and suddenly he's off on a wild and risky adventure...

Bug is **chased by creature after creature**—he's clearly ever so tasty—through **woodland**, **dark caves**, and a **mighty waterfall!**

He barely escapes becoming someone's dinner and comes close to meeting all sorts of sticky ends, but he keeps insisting he is "snug as a bug"! Can he make it back home? As snug as a bug can be?

Snug as a Bug is a hilarious picture book romp from Karl Newson, with energetic and characterful illustrations from award-winning illustrator Alex Willmore which help the story leap of the page!

Contributor Bio

Karl Newson is a best-selling, multi-award-winning children's book author. Author of the award winning picture book *I Am a Tiger*, the best-selling *I Really Really Need a Wee* and *The Same But Different Too*, plus many more! His stories have been translated in 29 languages around the world. Karl grew up in Norwich, England, and was inspired to write his first story when his children were small... he's been writing stories ever since. When Karl isn't writing he enjoys a walk in the woods, listening to music and reading. He lives in London, UK.

Alex Willmore is an illustrator/designer whose passion lies in character design. Born in Northampton, England, Alex has been drawing characters since the moment he first picked up a pencil. A love of animals and picture books have inspired him and led to a career in illustration. Alex won the Federation of Children's Book Groups



Happy Yak 9780711279049 Pub Date: 8/1/23 \$13.99 USD/\$16.99 CAD Board Book

18 Pages
Fully illustrated
Carton Qty: 0
Ages 2 to 5, Grades P to K
Juvenile Nonfiction /
Animals
JNF003300
Series: Adventures of Evie
and Juno

7 in Wdth | 7 in Lgth

Explore the Rain Forest

Carly Madden, Neil Clark

In Explore the Rain Forest, Evie and her pet dog, Juno, use their senses to explore the rain forest in this bright, layered board book.

Summary

Evie and her pet dog, Juno, use their senses to explore the Rain Forest in this bright, layered board book which teaches kids all about this vital ecosystem!

In this **charming and innovative layered board book**, Evie and her pet dog Juno visit all the layers of the rain forest, and tell readers what they found there. Watch them as they **spot bugs playing hide and seek**, **chill with sloths up in the canopy**, and **soar above the trees** with friendly eagles!

Humorous text and bold, quirky illustrations introduce each of the layers of the rain forest. **Curved and layered board pages** increase in size as you move through the book, **developing a child's hand-eye coordination** as they turn the pages.

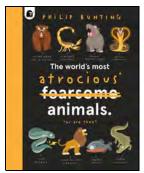
Quirky facts coupled with engaging artwork boost preschoolers' imagination and spark an interest in the world around them. This bright, layered board book provides a great first introduction to the rain forests.

This book is from the **Adventures of Evie and Juno** series, which sees our two intrepid explorers travel to different places and environments in innovative layered board books, which will help young re...

Contributor Bio

Carly Madden loves making books that spark curiosity and imagination. She lives in Essex, England, with her husband and two children, and is most often found in the forest.

Neil Clark grew up in the small village of Bishop Wilton, at the foot of the picturesque Yorkshire Wolds in the UK. Despite dreams of being a rock & roll star, his love for illustration and storytelling led to a happy and successful career in design, from designing greetings cards to creating unique screen prints and children's



Happy Yak 9780711283671 Pub Date: 7/11/23 \$19.99 USD/\$24.99 CAD Hardcover

80 Pages color illustrations Carton Qty: 0 Ages 5 to 8 Juvenile Nonfiction / Curiosities & Wonders JNF016000 Series: Quirky Creatures 9.3 in Wdth | 11.4 in Lqth

The World's Most Atrocious Animals

Philip Bunting

The World's Most Atrocious Animals explains why some of the world's most terrifying and gruesome creatures have such scary features.

Summary

This witty, quirky, colourfully illustrated and fact-filled book features some of the most terrifying and shocking animals on the planet!

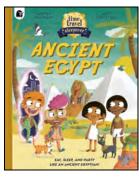
The third title in the series from the **hilarious Philip Bunting** is filled with facts about some of the **scariest** creatures in the natural world.

Meet the **enormous murder hornets** of east and southeast Asia, the **poisonous blue-ringed octopus**, Africa's **hungry but deadly hippos** and some **truly shocking electric eels**, among many more truly scary creatures!

The antagonist voice (speaking though cheeky annotations) points out the **most frightening aspects of each creature's characteristics**, while the narrator's voice describes engaging, factual information about each animal's seemingly scary characteristics. Are they really as scary as they seem?

With hilarious text throughout and **bright, contemporary illustrations**, this guide to terrifying animals contains funny labelled diagrams and fabulous facts. It will help teach kids about the animals we fear and whether their gruesome reputation is deserved!

Quirky Creatures is a series dedicated to seeking out the weird...



Happy Yak 9780711281400 Pub Date: 8/1/23 \$19.99 USD/\$24.99 CAD Hardcover

52 Pages Carton Qty: 0 Ages 6 to 8, Grades 1 to 3 Juvenile Nonfiction / History JNF025020

Series: Step Back In Time 11.4 in H | 9.2 in W

Time Travel Sleepover: Ancient Egypt

Eat, Sleep and Party Like an Ancient Egyptian!

Timothy Knapman, Matt Robertson

Time-travelling Sleepover: Ancient Egypt transports readers back in time for a hilarious 24 hours in the life of kids who lived long ago, with a fun sleepover at the end!

Summary

Pack your bags and have a sleepover in Ancient Egypt! Join two friends and their mischievous cat who happen to be able to time travel!

Travel with these bold adventurers, via a striking gatefold spread, into Ancient Egypt and meet siblings Tuya and Senbi who invite them into their home.

Tuya and Senbi show them around their house and their city, transporting the visitors and the readers into the everyday life of an Egyptian kid.

We **explore their house**, play their **favorite games**, dress up in **jewels**, learn who are their **favourite gods**, favorite snacks and what they dream of being when they grow up. The time travellers end their eventful day with a family feast and a sleepover at their hosts' house.

Tim Knapman's text is **funny and informative**, and the scenarios the kids—and cat—find themselves in lead to lots of **visual gags**, **funny character interaction**, **and misunderstandings**.

Well-researched historical facts are introduced in a gentle, playful way. **Warm, comical, and engaging illustrations** from Matt Robertson bring the past alive so the reader really feels like they are living like kids fro...

Contributor Bio

Timothy Knapman studied at Oxford University and has written plays, musicals, songs, and children's books. His books include the successful *Eleanor's Evebrows* and *Munao and the Picture Book Pirates* and its sequels.



Happy Yak 9780711279025 Pub Date: 8/1/23 \$13.99 USD/\$16.99 CAD Board Book

18 Pages
Fully illustrated
Carton Qty: 0
Ages 2 to 5, Grades P to K
Juvenile Nonfiction /
Science & Nature
JNF037010
Series: Adventures of Evie
and Juno
7 in Wdth | 7 in Lgth

Explore Under the Earth

Carly Madden, Neil Clark

In *Explore the Eart*h, Evie and her pet dog, Juno, use their senses to explore below the Earth in this bright, layered board book.

Summary

Evie and her pet dog, Juno, use their senses to explore under the Earth in this bright, layered board book which teaches kids all about the layers below the ground!

In this **charming and innovative layered board book**, Evie and her pet dog Juno travel to the centre of the Earth, and tell the readers what they find there. Watch them **discover fossils and bones** below the surface, do some shaky **earthquake dancing**, and **escape a volcanic explosion**!

Humorous text and bold, quirky illustrations introduce each of the layers of the Earth. **Curved and layered board pages** increase in size as you move through the book, **developing a child's hand-eye coordination** as they turn the pages.

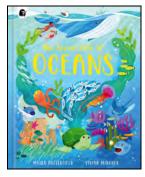
Quirky facts coupled with **engaging artwork** boost preschoolers' imagination and spark an interest in the world around them This bright, layered board book provides a great first introduction to the geography of our Earth.

This book is from the **Adventures of Evie and Juno** series, which sees our two intrepid explorers travel to different places and environments. Also available is *Explore the Planets*, which sees Evie and Jun...

Contributor Bio

Carly Madden loves making books that spark curiosity and imagination. She lives in Essex, England, with her husband and two children, and is most often found in the forest.

Neil Clark grew up in the small village of Bishop Wilton, at the foot of the picturesque Yorkshire Wolds in the UK. Despite dreams of being a rock & roll star, his love for illustration and storytelling led to a happy and



Happy Yak 9780711278721 Pub Date: 5/2/23 \$19.99 USD/\$24.99 CAD Hardcover

48 Pages
color illustrations
Carton Qty: 0
Ages 7 to 11, Grades 2 to 6
Juvenile Nonfiction /
Science & Nature
JNF051100
Series: Stars of Nature
9.2 in Wdth | 11.4 in Lgth

The Secret Life of Oceans

Moira Butterfield, Vivian Mineker

Fourth title in the Stars of Nature series, *The Secret Life of Oceans* is full of fascinating facts to teach young readers about everything that can be found in nature's deep blue seas.

Summary

The Secret Life of Oceans is a collection of delightful stories and engaging facts, which imparts a love of Oceans and nature on the next generation, inspiring them to look after the world around them.

Did you know that **blue whales are the largest creatures** on earth? And that **corals are actually tiny creatures**?

Let Tia the green turtle guide you through this **beautiful first guide to oceanlife around the globe**. Learn about ocean homes and who lives where, big creatures (**whales and whale sharks**), little creatures (**baby animals to zooplankton**), incredible journeys, **sea weather**, and how to help save our oceans.

Read **magical folklore sea stories** from around the planet, too. Tia has learnt much on her travels and she will be a **great guide for young readers**, perhaps inspiring them to develop a lifelong love of life under the ocean.

Following on from *The Secret of Trees, The Secret Life of Bees*, and *The Secret Life of Birds, Oceans* is the next book in the series. **Sumptuous and detailed illustrations** have pride of place in this magical book that mixes natural history with a splash of fantasy, c...

Contributor Bio

Moira Butterfield is an internationally-published children's book author. Her work includes picture books, board books, fiction, and highly-commended non-fiction books that seek to spark a child's imagination about our world. She studied literature and has lived in and traveled to many places across the world. She currently lives in Bath, UK, with her family, where she loves to cycle, sew, and sing.



words & pictures 9780711279575

\$24.99 USD/\$30.00 CAD Hardcover

Pub Date: 8/29/23

96 Pages Fully Illustrated Carton Qty: 0 Ages 8 to 11, Grades 3 to 6 Juvenile Nonfiction / Concepts JNF013080

11.7 in H | 9.8 in W | 1.1 lb Wt

The Book of Time

Clive Gifford, Teo Georgiev

The Book of Time asks all the big questions about time, like what is time? How does it work? And is it even real? to offer a fresh perspective into a popular STEAM topic that kids will love.

Summary

Did you know that a zeptosecond is a trillionth of a billionth of a second? Or that the US once had 144 different time zones? Or that across your lifetime, you'll spend about 33 years in bed?

Discover more questions, answers, and theories in this bumper book all **about the past, present, future, and beyond**! *The Book of Time* is brimming with **fascinating information** about the concept of time.

What is time? How does it work? And is it even real? The book uses time as a lens to explore a wide variety of **STEAM subjects** that kids know and love—such as space, dinosaurs, animals, the human body, and machinery—with a **completely fresh perspective**.

Through a simple yet fascinating approach, you'll learn about:

- The measurements of time
- Big and small time
- Time-travel
- Paradoxes
- And lots more mind-boggling things

Cool, graphic illustrations help convey sometime abstract concepts and make for an **engrossing reading experience.** Children will be able to **wow and amaze** all their family and friends with **extensive and fascinating** information about time.

Absorbing, entertaining, and surprising, The Book of Time will t...

Cantullantan Dia



words & pictures 9780711283589 Pub Date: 8/1/23 \$14.99 USD/\$18.99 CAD Hardcover

48 Pages Illustrations and photographs Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Animals JNF003330 Series: Really Wild Families 8.5 in H | 8.5 in W

Little Chimpanzee

A Day in the Life of a Baby Chimp

Anna Brett, Rebeca Pintos

Little Chimpanzee is a fact-filled picture book story based on the adventures of a baby chimp and its boisterous family.

Summary

Discover what Little Chimpanzee gets up to and explore its world, in this fun and informative title from the Really Wild Families series.

Little Chimpanzee has a **large, sociable and very intelligent family** and can't wait to introduce you to its parents, siblings, aunts, uncles, and cousins. Little Chimpanzee plays all day with their family: **are you excited to join in with the fun?**

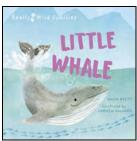
Beautiful and bright illustrations will make this informative book a hit with children of all ages! This charming celebration of chimpanzees will show children just how amazing nature is and is a reminder that it is up to us to **care for the planet** and all its creatures.

Learn all about our closest living relatives in the natural world:

- What happens in the community
- How they care for and groom each other
- The social structures and relationships in the group
- Why chimpanzees are endangered

This adorable story is followed by a fun **factivity** section packed with **craft projects**, **case studies** and a **quiz** section at the back of the book, so you can put everything you have learned about Little Chimpanzee and their fa...

Contributor Bio



words & pictures 9780711283558 Pub Date: 8/1/23 \$14.99 USD/\$18.99 CAD Hardcover

48 Pages

Illustrations and photographs Carton Qty: 0 Ages 4 to 7, Grades P to 2 Juvenile Nonfiction / Animals JNF003330 Series: Really Wild Families 8.5 in Wdth | 8.5 in Lqth

Little Whale

A Day in the Life of a Whale Calf

Anna Brett, Carmen Saldana

Little Whale is a fact-filled picture book story based on the adventures of a whale calf and its loving family.

Summary

Discover what Little Whale gets up to and explore its world, in this fun and informative title from the Really Wild Families series.

Little Whale has a **small and loving pod but a much wider family in the big ocean**, and can't wait to introduce you to all these friends. Little Whale explores the ocean all day with its mum, are you excited to swim along with them?

Beautiful and bright illustrations will make this informative book a hit with children of all ages! This charming celebration of humpback whales will show children just how amazing nature is and is a reminder that it is up to us to **care for the planet** and all its creatures.

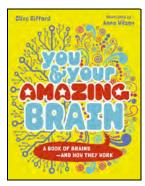
Learn all about the gentle giant of the ocean, by exploring:

- Their mesmerizing whale songs that can be heard for thousands of miles
- The huge annual migrations they undertake
- The relationships within their pods
- The flips, jumps and tricks humpback whales perform

This adorable story is followed by a fun **factivity** section packed with **craft projects**, **case studies** and a **quiz** section at the back of the book, so you can put everything you have learned about Litt...

Contributor Bio

Anna Brett has worked in children's publishing for more than eight years. She's written and edited a huge variety of books, ranging from curriculum-based reference works to popular culture and books with digital



words & pictures 9780711283626 Pub Date: 6/6/23 \$14.95 USD/\$19.95 CAD Paperback

80 Pages Fully Illustrated Carton Qty: 0 Ages 11 to 13, Grades 6 to 8 Juvenile Nonfiction / Social Science JNF044000

7.3 in Wdth | 9.5 in Lgth

You & Your Amazing Brain

A Book of Brains and How They Work

Clive Gifford, Anne Wilson

You & Your Amazing Brain includes an unusual mix of surprising science, history, natural world examples, cultural amusement, and astonishing stories all focused on brains, intelligence and learning in humans and other animals.

Summary

A fascinating book full of insights into how the brain controls your actions, reactions and emotions in ways you've never imagined.

Get to know the grey matter that's living in your head in this brilliant book, full of **astounding facts** and **detailed illustrations**, taking you on a complete tour of our own brains as well as brains throughout nature.

You & Your Strange Brain includes an unusual mix of surprising science, history, natural world examples, cultural amusement and astonishing stories all focused on brains, intelligence and learning in humans and other animals.

Discover why you can't tickle yourself, why adults like foods they hated as children and how some sneaky creatures have the ability to take over the brains of other species.

Learn about the **mechanics of the mind**, the parts of the brain, memory, language, creativity and the role of sleep. Other topics covered include **how the brain allows you to think**, guess and make assumptions as well as how it copes with **problem-solving**, **fear**, **stress**, **phobias** and even optical illusions.

This truly detailed book is the complete guide into t...

Contributor Bio

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The Who, What, Why of Zoology The Incredible Science of the Animal Kingdom

Jules Howard, Lucy Letherland

The Who, What, Why of Zoology takes you up close to Earth's most amazing animals and the scientists working to learn everything about them.



What's your favorite animal fact? Have you ever wondered who discovered it in the first place? Chances are, it was a zoologist!

Join the scientists uncovering the secrets of the animal kingdom in this funny, fact-packed introduction to zoology. *The Who, What, Why of Zoology* is an exciting first book on this fascinating field of science. From the deepest oceans to Himalayan valleys, zoologists explore far and wide to better understand the worlds of mammals, birds, fish, reptiles, and nearly anything else that can walk, fly, or swim!

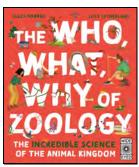
Not only is this book filled with **up-to-the-minute** facts about your favorite animals, but it also goes behind the scenes and out in the field to show how real zoologists find out more about the creatures we know, and even discover new ones.

Each chapter dives into a **different real-world environment** to observe the animals that live there, then fills the scene with zoologists to **explore how this exciting science actually works**. Then, turn the page to learn about the **modern mysteries to which scientists are still searching for answers**. Every page is bursting wit...

Contributor Bio

Jules Howard is an author, zoology correspondent, and science presenter. As well as writing regularly for *The Guardian* and *BBC Wildlife Magazine*, Jules appears regularly on TV and radio, including *BBC Breakfast*. He has written numerous books for both adults and children on the natural world.

LUCY LETHERLAND is an illustrator based in London. She graduated from Manchester School of Art in 2011



Wide Eyed Editions 9780711277069 Pub Date: 4/4/23 \$19.99 USD/\$23.99 CAD Hardcover

80 Pages color illustrations Carton Qty: 24 Ages 6 to 9, Grades 1 to 4 Juvenile Nonfiction / Animals JNF003000

11.1 in H | 9.5 in W | 0.6 in T | 1.3 lb Wt



Wide Eyed Editions 9780711279780 Pub Date: 5/2/23 \$30.00 USD/\$38.00 CAD Hardcover

112 Pages
Carton Qty: 15
Ages 6 to 10, Grades 1 to 5
Juvenile Nonfiction /
Science & Nature
JNF051080
Series: Nature's Storybook
12.3 in H | 10.5 in W | 0.8 in

T | 2.1 lb Wt

Round and Round Goes Mother Nature

48 Stories of Life Cycles Around the World

Margaux Samson Abadie, Gabby Dawnay

Round and Round Goes Mother Nature: 48 Stories of Life Cycles teaches us the fascinating stories of the life cycles of 48 animals, showing us how fascinating nature can be.

Summary

This truly beautiful and wonderfully illustrated book introduces children to the magic of nature, through the stories of 48 fascinating life cycles.

Every story has a beginning, middle and end and so does everything in our world. From a frog, to a cloud in the sky to a twinkling star at night, discover the **stories of the most amazing of life cycles** between you and outer space.

This is a book to show children that the **world is always turning**, and change is happening all the time, it's in the turning of the season, sometimes its as fast as a hatching egg and sometimes it's a slow as a growing mountain.

48 story spreads tell **fascinating stories of all sorts of lifecycles**, from very small, to out of this world. This captivating book will **transport children across the globe**, teaching them about just **how mother nature keeps everything in our world turning round, and round.**

Contributor Bio

Gabby Dawnay is the bestselling author of many books for children, a regular contributor to OKIDO magazine, and a scriptwriter for children's television. She also runs art, reading, and poetry workshops in schools, and once upon a time managed a contemporary art gallery.



Wide Eyed Editions 9780711285071 Pub Date: 8/8/23 \$22.99 USD/\$29.99 CAD Hardcover

80 Pages Carton Qty: 0 Ages 9 to 14, Grades 4 to 9 Young Adult Nonfiction / Paranormal & Supernatural YAN007000 Series: Supernatural Sourcebook

8.2 in Wdth | 10.6 in Lgth

Secrets of the Vampire

Julie Légère, Elsa Whyte, Laura Pérez

Secrets of the Vampire delves into the storied lore behind one of the world's most enduring supernatural beings, inviting you into the dark to meet the myths and monsters who live there.

Summary

Step into the shadows and uncover the centuries-old myths and legends that lie beneath the figure of the vampire, with this magical compendium of facts and fiction.

Whether rising from a coffin in the dead of night or stalking its prey, hidden in plain sight, **the vampire is one of the most alluring beings in world folklore.** These undead bloodsuckers are as alive as ever in modern pop culture, from movies and books to video games and TV shows.

But despite their cultural immortality, mystery still surrounds their shadowy origins. **Secrets of the Vampire compiles every scrap of vampire lore into one essential volume**, covering everything from famous vampires such as **Count Dracula** and his historical counterpart, to the vampiric aversion to sunlight and garlic and their supernatural abilities.

With this **lavishly illustrated field guide**, decode the deathly world of the vampire. Discover the **meanings behind occult symbols**, the ancient **origins of vampire tropes**, the most powerful and frightening vampires from stories around the world, and the real people said to have inspired the grisly tales of ...

Contributor Bio

Julie Légère is a writer living and practicing in Paris. Secrets of the Witch was her first book for children.

Elsa Whyte is a writer, editor, and witch living in Paris. She is the author of *Le Génie Pissenlit* (*The Lucky Dandelion*, Le Cosmographe, 2018) and *Les Saisons Dans l'Art* (*Seasons in Art*, De La Martinière Jeunesse, 2019), and has translated children's books into French including *Look Up at the Stars* (Frances Lincoln Children's Books, 2019).



Wide Eved Editions 9780711280861 Pub Date: 8/1/23 \$30.00 USD/\$38.00 CAD Hardcover

96 Pages color illustrations Carton Qty: 0 Ages 9 to 12, Grades 4 to 7 Juvenile Nonfiction / Paranormal & Supernatural JNF008000 Series: Atlas of

12 in H | 10 in W | 1.7 lb Wt

An Atlas of Afterlives

Discover Underworlds, Otherworlds and Heavenly Realms

Emily Hawkins, Manasawee Rojanaphan

An Atlas of Afterlives is a haunting and darkly intriguing take on world myth, giving readers a glimpse at what lies beyond.

Summary

What happens after we die? This difficult question has fascinated people for thousands of years.

An Atlas of Afterlives sets out to explore and explain the many underworlds, otherworlds, heavens and hells believed in by cultures from across the world, throughout history. From paradise gardens to fiery kingdoms, from shadowy isles of the dead to ghostly galleons on an eternal voyage, these visions of eternity are fascinating examples of human creativity and storytelling.

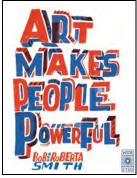
Organised by continent, this book will take you on an eerie journey to discover legendary places from different mythologies. Each lavishly illustrated spread invites you into a different realm of the dead, with deities, demons and other details drawn from historical sources ranging from ancient Egyptian scrolls to Chilean folklore. With wonder, curiosity and sensitivity, every one of these awe-inspiring places is presented in its cultural context, combining real, historical fact with the magical atmosphere of the unknown - and unknowable.

Discover afterlives from all over the world, including:

The gloomy kingdom of Hades,...

Contributor Bio

Once a children's book editor, Emily Hawkins is now a full-time author. Her work has been featured on the New York Times bestseller list (Oceanology, 2009) as well as winning the Children's Travel Book of the Year Award (Atlas of Animal Adventures, 2016). Along with her background in children's non-fiction Emily has a strong interest in myth, folklore and storytelling. In 2020 she wrote A Natural History of Fairies, which has been translated into twolve languages, colling more than 100,000 conies worldwide. Emily holds a first class English



Art Makes People Powerful

Bob and Roberta Smith

Art Makes People Powerful is an art activity book made by celebrated British artist Royal Academician Bob and Roberta Smith. Through his original artworks, discover just how art makes people powerful.

This is an amazing art activity book for kids made by celebrated British artist and Royal Academician Bob and Roberta Smith, which explores how art makes people powerful.

Through his original artworks, discover just how art helps people to learn, through beautifully painted artworks that double as prompts for us to create beautiful art of our own.

Completing activities on and off the page, young readers can't help but to be creative all while using with very few materials, and employing methods based in art historical principles to grow and reflect on themselves as well as their creative journey.

Prompts are painted in Bob and Roberta Smith's unique and distinctive style, in bright and bold colours which will stimulate children's visual imaginations, making this a beautiful object of art as well as a brilliant collection of creative prompts.

From painting the big bang and the universe expanding, to drawing ourselvesas well as our ideas, this beautiful book will show us the power inherent in artistic acts, and that we can unlock in ourselves.

Contributor Bio

BOB AND ROBERTA SMITH OBE RA (real name Patrick Brill) is the name of the British artist whose best known works include: Make Art Not War, which belongs to the Tate collection; and Letter to Michael Gove. His work is held in collections around the world including MoMA. His book You Are an Artist was published by Thames & Hudson in 2020 to great acclaim. He is an activist, campaigning for art education and the public ownership of art. He was awarded an OBE in 2017 for services to the arts.

Wide Eyed Editions 9780711265394 Pub Date: 6/6/23 \$21.00 USD/\$27.00 CAD Paperback

192 Pages Carton Qty: 0 Ages 6 to 11, Grades 1 to 6 Juvenile Nonfiction / Art JNF006050

11.1 in H | 8.5 in W



Wide Eyed Editions 9780711265493 Pub Date: 6/13/23 \$30.00 USD/\$38.99 CAD Hardcover

112 Pages 250 Carton Qty: 0 Ages 6 to 10, Grades 1 to 5 Juvenile Nonfiction / History JNF025260 Series: National Parks of the USA

10.1 in Wdth | 12.2 in Lgth

National Monuments of the USA

Cameron Walker, Chris Turnham

A beautifully illustrated exploration of the notable, iconic, and majestic National Monuments of the USA.

Summary

Travel through America's incredible history and amazing wild places, visiting the National Monuments that celebrate the most iconic and majestic landscapes and locations in the USA.

Packed with **maps and fascinating facts** about the history, architecture, flora, and fauna in some of the most visited National Monuments in the United States, this **gorgeously illustrated** book showcases the nation's most historically important and amazing places.

- Marvel at some of the world's most **famous landmarks**, such as the Statue of Liberty.
- Discover lesser-known but just as breathtaking sites such as the Aniakchak volcano caldera.
- Read about **geological wonders** like the John Day Fossil Beds.
- Learn about **places of solemn historical significance**, such as the Birmingham Civil Rights National Monument.

Divided into **eight chapters covering the breadth of the US**, pictographic maps locate each of the monuments explored, while **double-page**, **poster-worthy scenes** convey the beauty of the areas featured.

Monuments covered include Statue of Liberty, Stonewall, Katahdin, the National Mall, Forts of the East, Jewel Cave, Pi...

Contributor Bio

Cameron Walker is a writer based on California's Central Coast. She work on features and essays (and some fiction on the side), with a focus on science, nature, and curiosities in and around the Pacific. Cameron's work has won awards from the American Society of Journalists & Authors, and from the American Institute of

We are the UNITED STOTES-

Wide Eyed Editions 9780711282636 Pub Date: 4/18/23 \$12.99 USD/\$17.99 CAD Paperback

32 Pages
Carton Qty: 0
Ages 7 to 9, Grades 2 to 4
Juvenile Nonfiction /
Activity Books
JNF001000
Series: The 50 States
12.2 in H | 8.9 in W

We Are the United States Activity Book

Claire Saunders, Sol Linero

Meet the people who live, work and play across the USA with this **fun-filled activity book**, packed with **word puzzles**, **creative prompts**, and **games** that take you to every corner of this amazing country.

Summary

The We Are the United States Activity Book is a trip across a wonderful country through fun puzzles, games, art, and other activities designed to celebrate the incredible diversity of the USA.

Visit **lively festivals**, **record-breaking monuments**, and **storied places** on this fun-packed journey through a unique country. With **crosswords**, **math conundrums**, **mazes**, **creative prompts**, and so much more, learn and play your way through the U. S. of A. But it's not just the **50 states** you'll be passing through: **We Are the United States** also visits the US's **territories** for a hands-on look at these vibrant communities. You'll find unbelievable facts, inspiring people, and of course, boredom-busting activities—perfect for **readers 7-9 years old**.

From **New York to Guam and California to Puerto Rico**, this colorful book showcases the very best of the US: its people!

If you love **We Are the United States Activity Book**, why not check out **We Are the United States**? Written by Sarosh Arif and Margaux Weston and illustrated by Sol Linero, this stunning infographic guide takes a deep dive into every part of the US to f...

Contributor Bio

Claire Saunders is a freelance writer and editor. A graduate of Cambridge University, she has been editing for over 20 years, and is a prolific author of fiction and non-fiction for children. Claire lives with her family in Lewes, in southern England.

SolLinero is a children's book illustrator and graphic designer from Buenos Aires. Her distinctive artwork is filled with rich detail, bright colors and a love for local culture. She has worked for Airbnb, Pottery Barn Kids,



Quarry Books 9780760381328 Pub Date: 5/30/23 \$22.99 USD/\$29.99 CAD Paperback

144 Pages 200 color photos Carton Qty: 0 Ages 8 to 12, Grades 3 to 7 Juvenile Nonfiction / Activism & Social Justice JNF071000

10 in H | 8.5 in W | 1.2 lb Wt

Anti-Racist Art Activities for Kids

30+ Creative Projects that Celebrate Diversity and Inspire Change

Anti-Racist Art Teachers, Paula Liz, Abigail Birhanu, Khadesia Latimer, Lori Santos, Tamara Slade, Anjali Wells

Anti-Racist Art Activities for Kids offers creative projects for kids ages 8–12 to inspire change within themselves, their community, and the larger world.

Summary

Harness the power of creativity to celebrate your community and change the world with *Anti-Racist Art Activities for Kids*.

Do you think, "I'm just a kid. What can I do to make a difference?" Be an anti-racist artist! Have fun with creative projects that empower you to **use your art, actions, and words to create meaningful change**.

Start your anti-racist art-making journey by defining ideas like race, racism, and anti-racism. Dive into six sections, beginning with **self-reflection** before **seeking justice** and **taking action**! Together, we will explore:

- Identity Who you are and what makes you unique.
 - Explore your identity and create a symbol that represents you.
- Culture Your way of life and honoring what others value about theirs.
 - Make a textile design inspired by your home and culture.
- Community Connecting to people and places.
 - o Challenge your implicit biases and discover how to draw diverse people.
- Empathy Understanding others and having compassion.
- Learn the meaning of equity by solving real-world math problems with art.
- Justice Making a society that is fair for all.
 - o Create a miniature billb...

Contributor Bio

Nature School

Lessons and Activities to Inspire Children's Love for Everything Wild

Lauren Giordano, Stephanie Hathaway, Laura Stroup

Nature School is a beautifully illustrated and engaging learning resource offering lessons and activities designed to inform and inspire a child's love for the natural world.

Summary

Nature School is your destination for kid-friendly nature learning, where you can explore the natural world through engaging reading, beautiful illustrations, and more than 30 hands-on activities.

Kids need a break from screens now more than ever. Screen-free time spent exploring and **learning about the outdoors makes for happier, healthier, smarter kids**. And playing in nature gives kids **confidence** and **independence**, promoting **creativity** and teaching **responsibility**. With *Nature School*, all ages will enjoy connecting with nature and becoming inspired to discover the wild places around them.

Travel through five of earth's largest biomes, studying plants, animals, and their adaptations for survival—**and learn hands-on through nature experiments** explained in each lesson. From the arid desert to the salty seashore, investigate extraordinary ecosystems, discovering the role of predators and prey and learning about life cycles, climate, landscape, and more.

Chapters in this book explore plants, animals, and life cycles of:

- Temperate Forests
- Deserts
- Seashores
- Grasslands
- Wetlands

Quarry Books 9780760378359 Pub Date: 6/20/23 \$24.99 USD/\$32.99 CAD Paperback

144 Pages 250 color illustrations Carton Qty: 0 Ages 6 to 11, Grades 1 to 6 Juvenile Nonfiction / Science & Nature JNF051080

11 in H | 8.5 in W | 1.4 lb Wt

Featuring activities and ...



New Shoe Press 9780760383865 Pub Date: 7/11/23 \$16.99 USD/\$19.99 CAD Paperback

144 Pages Carton Qty: 0 Ages 4 to 10, Grades P to 5 Juvenile Nonfiction / Art JNF006070 Series: New Shoe Press

8.5 in Wdth | 11 in Lgth

Super Fun Art Activities for Kids

Awesome Projects for Kids of All Ages

Susan Schwake

Super fun, super creative, and super engaging, Super Fun Art Activities for Kids is the perfect go-to resource for teachers, parents, and caregivers of all kinds to entertain and educate kids with simple activities that will expand and enhance their innate creativity.

Summary

Super Fun Art Activities for Kids introduces kids and their families to an amazing range of ideas for art projects that both entertain and educate.

Teachers, parents, homeschoolers, caretakers, and kids themselves will find inspiration and instruction for art projects using all kinds of materials and techniques to create **hours of edutainment for kids of all ages**. Projects include **drawing**, **painting**, **printmaking**, **paper**, **collage**, and **mixed media**—all scalable for any age and fun for grown-ups too!

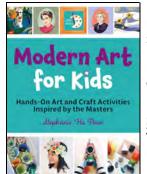
Among the many **art materials you will explore:** watercolor, acrylic, ink, pencil, paper, charcoal, photos, gelatin printing, stencils, cardboard, fruit and vegetable printing, string printing, marker art, and more.

Simple, clear, illustrated instruction for each activity provides an easy entry point to each activity, creating confidence in creative skills that will make kids want to do all the activities again and again. Chock-full of amazing ideas, this book offers kids ways to explore creative expression every day of the year, whether working alone or in groups.

• Colorful photos provide endless in...

Contributor Bio

Susan Schwake is an artist, art educator, and curator. Her passion for teaching art has led her to working in



Quarry Books 9780760382073 Pub Date: 4/25/23 \$19.99 USD/\$25.99 CAD Paperback

128 Pages 150 color photos Carton Qty: 0 Ages 6 to 10, Grades 1 to 5 Juvenile Nonfiction / Biography & Autobiography JNF007010 Series: Art Stars 8.5 in Wdth | 11 in Lgth

Modern Art for Kids

Hands-On Art and Craft Activities Inspired by the Masters

Stephanie Ho Poon

From Monet and Matisse to Van Gogh and Warhol, *Modern Art for Kids* is a guide to 20+ renowned artists, designed for both adults and children to enjoy together.

Summary

Take a fun and engaging illustrated journey through modern art history, from Impressionism to Minimalism, to meet key artists and make crafts inspired by their work.

Modern Art for Kids, the debut book in the Art Stars series, is a **charmingly illustrated** hands-on guide packed with fun facts, **amazing stories about the lives of artists**, and **arty-crafty activities** for interactive learning. Filled with bite-sized summaries, the aim of this book is **to inspire curious kids** with interesting art topics and expose them to the freedom of creativity and the power of imagination.

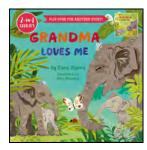
Explore these and more incredible artists and art movements:

- Claude Monet (Impressionism) Make your own serene Paper Pond Lilies.
- Vincent van Gogh (Post-Impressionism) Use expressive swirls to make a Salty Night.
- Sonia Delaunay (Orphism) Experiment with bright colors and shapes by making Colorful Lollipops.
- Frida Kahlo (Surrealism) Channel the artist and her work by making an upcycled Flower Crown.
- Andy Warhol (Pop Art) Set up your own "Factory" and make a Recycled Tray Print.

So journey through the ages, let your...

Contributor Bio

Stephanie Ho Poon is an art historian with a double masters from University of Cambridge and Sotheby's Institute of Art. She is a cultural professional who is passionate about education and crafting. She consults for



Clever Publishing 9781956560435 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 7, Grades P to 2 Juvenile Fiction / Animals JUV002000 Series: 2-in-1 Stories 10 in Wdth | 10 in Lgth

Grandma Loves Me/Grandpa Loves Me

Clever Publishing, Elena Ulyeva, Anna Mamaeva

This innovative two-stories-in-one picture book celebrates the love between grandmothers and grandfathers and their grandchildren. Features adorable artwork of giraffes, elephants, and rhinoceroses.

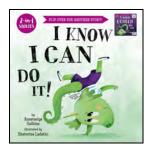
Summary

The **love** between **grandparents** and their **grandchildren** is the sweet topic of this book, which celebrates the **individuality** and **special bond** that an adorable **giraffe, elephant, rhinoceros** each have with their grandmother and grandfather. When Little Rhinoceros wants to play outside but it's raining, Grandma finds a way to make the day better; Grandpa Elephant is there to **offer good advice** to Little Elephant when others tease him. Features **simple, accessible text** with **situations relatable to toddlers and young children**.

Contributor Bio

Clever Publishing was founded in 2010 with the purpose of changing children's lives for the better. We create a world full of fascinating experiences for families through our books, games, sets, and series. Focusing on Pre-school and Edutainment, we've developed a wide range of innovative formats with modern teaching techniques. Kids love to read, touch, and play while learning, so our program includes products for all ages, including box sets; board books; puzzle books; learning flash cards; interactive coloring, activity, and word play formats; and boards games for the entire family. Our dream team - more than 100 employees worldwide - have a comprehensive understanding and knowledge of children's books. With this expertise, we present products that are fun, entertaining, and vibrant. We are modern and educational and strive to always emphasize the importance of first experiences. We connect to the needs of busy parents and aim to enrich the time spent with their children. Our goal is to make children - and their parents - happy!

Elena Ulyeva is the author of educational manuals, pu...



Clever Publishing 9781956560251 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 7, Grades P to 2 Juvenile Fiction / Animals JUV002270 Series: 2-in-1 Stories 10 in Wdth | 10 in Lgth

I Know I Can Do It!/I Wish I Could Do It!

Clever Publishing, Anastasiya Galkina, Ekaterina Ladatko

This **innovative flip book** follows the adventures of a **young dragon named Theo**. In the first story, *I Know I Can Do It!*, Theo keeps a **positive attitude** about his **dance class**, even when things get **difficult**. In the second story, *I Wish I Could Do It!*, Theo lets his **frustration** overcome him, which **ruin**...

Summary

Emotions are powerful, and **learning how to manage them** is a key life skill. *I Know I Can Do It!/I Wish I Could Do It!* is an **innovative**, **two-stories-in-one picture book** that features a **young dragon named Theo**, who decides that he wants to take a **dance class**. Each story has a **different outcome** as a result of **Theo's choices**. In *I Know I Can Do It!*, Theo becomes frustrated when he isn't able to do some of the dance moves correctly. But he remains **patient**, and his dance teacher shows him the correct way to do it. And when there's a performance at the end of the year, Theo participates, and even though he doesn't win, he feels good about himself. In *I Wish I Could Do It!*, Theo is part of the dance class, but he lets his frustration get the best of him. He storms off when he can't master a dance move, and when it comes time for the **performance**, Theo doesn't want to participate. While all of the other children are enjoying themselves, Theo sulks behind the curtain **feeling sorry for himself**. This engaging book will help children learn how to **manage their emotions**, as well as understand that t...

Contributor Bio

Clever Publishing was founded in 2010 with the purpose of changing children's lives for the better. We create a world full of fascinating experiences for families through our books, games, sets, and series. Focusing on Pre-school and Edutainment, we've developed a wide range of innovative formats with modern teaching techniques. Kids love to read, touch, and play while learning, so our program includes products for all ages, including box sets; board books; puzzle books; learning flash cards; interactive coloring, activity, and word play formats; and boards games for the entire family. Our dream team - more than 100 employees worldwide - have a comprehensive understanding and knowledge of children's books. With this expertise, we present products that are fun, entertaining, and vibrant. We are modern and educational and strive to always emphasize the



Clever Publishing 9781954738041 Pub Date: 7/4/23 \$9.99 USD/\$12.99 CAD Board Book

20 Pages color illustrations Carton Qty: 0 Ages 0 to 3, Grades P to P Juvenile Fiction / Family JUV013030 Series: Board Book Clever 8 in Wdth | 8 in Lgth

Christmas at Nana's House

Clever Publishing, Larissa Juliano, Francesca De Luca

Christmas is one of the most special times of the year for the young narrator and her brother—and it's even more special when they spend it with Nana and Grandpa! From playing with the train under the tree to baking delicious Christmas treats, Christmas with Nana and Grandpa is magical.

Summary

Christmas is one of the most special times of the year for the young narrator and her brother—and it's even more special when they spend it with Nana and Grandpa! The children help to shovel the snow on the sidewalk in front of Nana and Grandpa's house, where they admire the colorful Christmas lights on the house and the icicles on the roof's edges. They spend time making a snowman, and then when they get too cold, it's time to go inside and sit by the fireplace drinking hot chocolate. Grandpa shows the children his train that runs around the Christmas tree, and then everyone sits down to enjoy a delicious Christmas feast. The children help Nana make special Christmas cookies, and they leave out a few for Santa with a glass of milk. And before they go to bed so that Santa can visit, the children listen to Nana and Grandpa read a favorite Christmas story.

Contributor Bio

Clever Publishing was founded in 2010 with the purpose of changing children's lives for the better. We create a world full of fascinating experiences for families through our books, games, sets, and series. Focusing on Pre-school and Edutainment, we've developed a wide range of innovative formats with modern teaching techniques. Kids love to read, touch, and play while learning, so our program includes products for all ages, including box sets; board books; puzzle books; learning flash cards; interactive coloring, activity, and word play formats; and boards games for the entire family. Our dream team - more than 100 employees worldwide - have a comprehensive understanding and knowledge of children's books. With this expertise, we present products that are fun, entertaining, and vibrant. We are modern and educational and strive to always emphasize the importance of first experiences. We connect to the needs of busy parents and aim to enrich the time spent with their children. Our goal is to make children - and their parents - happy!



Clever Publishing 9781956560374 Pub Date: 7/4/23 \$5.99 USD/\$7.99 CAD Paperback

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Nonfiction / Science & Nature JNF051040 Series: Activity Book 8.5 in Wdth | 11 in Lgth

Space Activity Book

Clever Publishing, Olga Koval, Daria Ermilova, Anastasia Druzhininskaya

Young readers can explore **outer space** and learn all about our **solar system** with this **fun and educational activity book!** Children can complete a wide range of **activities**, including **matching**, **completing mazes**, and much more. There's even an activity to build a **simple paper rocket!**

Summary

Explore outer space and learn all about our solar system with this fun and educational activity book! Children can complete a wide range of activities, including matching, completing mazes, comparing objects, counting, connecting the dots, and much more. They'll learn fun facts about the planets and other objects that make up our solar system; satellites; phases of the moon; astronauts and their jobs; what a constellation is; and much more. There's even an activity to build a simple paper rocket!

Contributor Bio

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Olga Koval is a children's author in the genre of edu...



Clever Publishing 9781954738935 Pub Date: 8/8/23 \$8.99 USD/\$11.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 0 to 3, Grades P to P Juvenile Nonfiction / Animals JNF003080 Series: Clever Baby Animals 5.1 in Wdth | 5.1 in Lgth

On the Farm

Clever Publishing, Ekaterina Guscha

Introduce the youngest readers to **adorable farm animals**! Children can lift the **large flaps** to find out who's hiding throughout the **barnyard**.

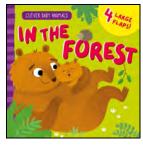
Summary

Introduce the youngest readers to **adorable farm animals**! Children can lift the **large flaps** to find out who's hiding throughout the **forest**. Readers will meet a variety of sweet farm animals. They can look for a **puppy** who likes to bark, play, and sleep in the sun; a **piglet** who likes to play in the mud and then take a bath; a **baby cow** who likes to eat hay and smell the flowers; and a **lamb** who likes to jump over the fence and play with a friend. Simple text on each page encourages readers to lift the large flaps, which are just right for **improvingmotor skills** and **hand-eye coordination**.

Contributor Bio

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Ekaterina Guscha is a gifted illustrator and characte...



Clever Publishing 9781954738928 Pub Date: 8/8/23 \$8.99 USD/\$11.99 CAD Board Book

10 Pages

color illustrations Carton Qty: 0 Ages 0 to 3, Grades P to P Juvenile Nonfiction / Animals JNF003330 Series: Clever Baby Animals 5.1 in Wdth | 5.1 in Lgth

In the Forest

Clever Publishing, Ekaterina Guscha

Introduce the youngest readers to **adorable baby animals**! Children can lift the **large flaps** to find out who's **hiding** throughout the **forest**.

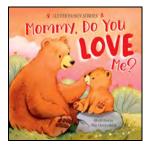
Summary

Introduce the youngest readers to **adorable baby animals**! Children can lift the **large flaps** to find out who's hiding throughout the **forest**. Readers will meet a variety of sweet forest animals. They can look for a **baby fox** hiding on the hill; a **baby moose** who's munching on food for lunch; a **baby bear** who is enjoying a snack of sweet honey; a **baby owl** who flies away from the nest at night with Mommy; and a **baby squirrel** who has a giant acorn to eat. Simple text on each page encourages readers to lift the large flaps, which are just right for **improving motor skills** and **hand-eye coordination**.

Contributor Bio

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Ekaterina Guscha is a gifted illustrator and characte...



Clever Publishing 9781956560442 Pub Date: 6/20/23 \$9.99 USD/\$12.99 CAD Board Book

20 Pages color illustrations Carton Qty: 0 Ages 1 to 3, Grades P to P Juvenile Fiction / Animals JUV002030 Series: Clever Family Stories

8 in H | 8 in W

Mommy, Do You Love Me?

Clever Publishing, Olga Boncheva

Snuggle with a little one to share this **sweet story** of **Mommy and Baby Bearspending the day together** as they explore the **meadow**, look out onto the **ocean**, **climb trees**, **play** in the **rain**, **share a snack**, look at their reflections in the **pond**, and enjoy a slow walk **home** at **sunset**.

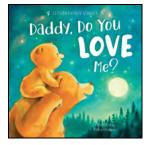
Summary

A mother's love is neverending! Snuggle with a little one to share this sweet story of Mommy and Baby Bear as they spend the day together. In the morning, they get up and explore the meadow and look out onto the ocean. Then they head to the forest to climb trees, and even when Baby Bear gets into trouble and needs Mommy's help, she's right there. When it starts to rain, Baby Bear splashes in a puddle and plays in the rain. Afterward, they share a yummy fruit snack and try to find their reflections in the pond. And at the end of the day, Mommy and Baby Bear enjoy a slow walk home at sunset together.

Contributor Bio

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Olga Boncheva has been very passionate about drawing ...



Clever Publishing 9781956560459 Pub Date: 6/20/23 \$9.99 USD/\$12.99 CAD Board Book

20 Pages color illustrations Carton Qty: 0 Ages 1 to 3, Grades P to P Juvenile Fiction / Animals JUV002030 Series: Clever Family Stories 8 in H | 8 in W

Daddy, Do You Love Me?

Clever Publishing, Helen Hrabrov

Snuggle with a little one to share this sweet story of **Daddy** and **Baby Bear** spending time together. They look at the **stars**, chase each other, leap through the **grass** following **fireflies**, and **build a fire** to **snuggle** together as **night** comes.

Summary

A **father's love** is forever! Snuggle with a little one to share this **sweet story** of **Daddy and Baby Bear** as they spend time together. In the evening, they look at the **stars** in the night sky. They run around in the **meadow**, chasing each other and **playing tag**. And even when Baby Bear gets into trouble and needs Daddy's help, he's right there to lend a paw. They jump and leap through the tall grass as **fireflies** surround them, and then they **rock-hop** through the stream. When there's a **thunderstorm**, Daddy keeps cub **close and safe**, and Daddy is so proud when his cub catches a fish. When the sun goes down, they build a fire and **cuddle together** in **warmth and love**.

Contributor Bio

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Helen Hrabrov is an award-winning author and illustra...



Clever Publishing 9781956560169 Pub Date: 8/8/23 \$11.99 USD/\$15.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 2 to 6, Grades P to 1 Juvenile Nonfiction / Animals JNF003050 Series: Clever Hide & Seek 8.3 in Wdth | 8.3 in Lgth

Guess the Dinosaurs

Clever Publishing, Lena Zolotareva

Guess the **Dinosaurs** is an **interactive adventure** that invites young readers to guess which **prehistoric creatures** are hiding under the flaps on every full-page spread. Children will love to open and explore the **35 flaps** throughout the book.

Summary

Clever's **popular board book series** continues with *Guess the Dinosaurs*, which invites young readers to learn all about these **prehistoric creatures**. Each full-page spread introduces a variety of **dinosaurs**, including dinosaurs that lived on land, like *Tyrannosaurus rex*; dinosaurs that ate only plants, like *Stegosaurus*; **prehistoric reptiles** that lived in the water, like *Elasmosaurus*; and prehistoric reptiles that could fly, like *Pteranodon*. There's even a spread for children to learn how **scientists** know what they do about dinosaurs and how **discoveries** are made. Every flap contains a **clue** for children to figure out, with the answer hiding under the flap. Each spread contains **7 flaps** with clues about the object that's hidden beneath. Children will love to open and explore the **35 flaps throughout the book**. With **adorable, full-color illustrations** throughout, *Guess the Dinosaurs* is the perfect **interactive book** for children who love **guessing games** and dinosaurs.

Contributor Bio

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Guess What's for Halloween

Clever Publishing, Lena Zolotareva

It's time for some **spooky fun!** From **costumes** to friendly **ghosts**, discover all kinds of **Halloween** excitement in this interactive **lift-the-flap** book, which features **7 flaps** for little hands to lift on every spread. The book contains **35 flaps** in total and is part of the Clever **bestselling series** that h...

Summary

Guess What's for Halloween invites young readers to learn all about this fun holiday! Each full-page spread introduces a new theme, from guessing the **costumes** and identifying the **pumpkins** and the delicious **Halloween treats**, to finding the friendly **ghosts** and identifying the adorable **trick-or-treating** dogs. Every flap contains a clue for children to figure out, with the answer hiding under the flap. Each spread contains **7 flaps** with **clues** about the object that's hidden beneath. The book contains **35 flaps** in total and is part of the Clever **bestselling series** that has been **sold in many languages**. Kids will love engaging in this **guessing game** while **learning** at the same time. With **adorable, full-color illustrations** throughout, *Guess What's for Halloween* is the perfect **interactive book** for children who love guessing games, and an **ideal introduction** to all things related to Halloween.

Contributor Bio

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Clever Publishing 9781956560084 Pub Date: 7/11/23 \$10.99 USD/\$14.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 2 to 6, Grades P to 1 Juvenile Nonfiction / Holidays & Celebrations JNF026030 Series: Clever Hide & Seek 8.3 in Wdth | 8.3 in Lqth



Clever Publishing 9781956560091 Pub Date: 7/11/23 \$10.99 USD/\$14.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 2 to 6, Grades P to 1 Juvenile Nonfiction / Holidays & Celebrations JNF026030 Series: Clever Hide & Seek 8.3 in Wdth | 8.3 in Lgth

Guess the Magical Creatures

Clever Publishing, Lena Zolotareva

Magical creatures are everywhere! From **dragons** to **unicorns**, discover all kinds of unique new friends in this **interactive lift-the-flap book**, which features **7 flaps** for little hands to lift on every spread. The book contains **35 flaps in total** and is part of the Clever **bestselling series** that has been...

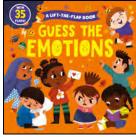
Summary

Guess the Magical Creatures introduces young readers to a host of friendly, magical creatures. Each full-page spread introduces a new theme, from dragons and merboys and mermaids to fairies, unicorns, wizards and much more! Every flap contains a clue for children to figure out, with the answer hiding under the flap. Each spread contains 7 flaps with clues about the object that's hidden beneath. The book contains 35 flaps in total and is part of the Clever bestselling series that has been sold in many languages. Kids will love engaging in this guessing game while learning at the same time. With adorable, full-color illustrations throughout, Guess the Magical Creatures is the perfect interactive book for children who love guessing games, and an ideal introduction to make-believe creatures and fantasy.

Contributor Bio

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Lana Zalatarava's portfolio is full of illustrations



Clever Publishing 9781956560176 Pub Date: 8/8/23

\$11.99 USD/\$15.99 CAD Board Book

10 Pages

color illustrations
Carton Qty: 0
Ages 2 to 6, Grades P to 1
Juvenile Nonfiction / Social
Topics
JNF053050
Series: Clever Hide & Seek
8.3 in Wdth | 8.3 in Lgth

Guess the Emotions

Clever Publishing, Lena Zolotareva

Guess the Emotions is an **interactive adventure** that invites young readers to guess the different **emotions** the characters are feeling on every full-page spread. Children will love to open and explore the **35 flaps throughout the book**.

Summary

Emotions and learning how to handle them are an important part of a child's **social emotional development**. *Guess the Emotions* invites young readers to see how the characters on each page react to feeling a certain emotion. Each full-page spread introduces a different emotion, such as feel **scared** because of thunder; feeling **angry** because a child had a toy taken away; what we look like when we feel **sad**; things that make us **happy**; and advice on how to handle different emotions. Each spread contains 7 flaps with the answer hidden beneath. Children will love to open and explore the **35 flaps throughout the book**. With **adorable**, **full-color illustrations** throughout, *Guess the Emotions* is the perfect **interactive book** to introduce young children to the complex topic of emotions.

Contributor Bio

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Lana Zalatarava/a portfolio io full of illustrations



Clever Publishing 9781956560503 Pub Date: 5/9/23 \$5.99 USD/\$7.99 CAD Paperback

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Nonfiction / Games & Activities JNF021040

Series: Clever Mazes 10 in H | 8.5 in W

Cat Mazes

Clever Publishing, Nora Watkins, Inna Anikeeva

Children will love to explore more than **25 challenging mazes** that feature full-color artwork and an assortment of adorable **cats**, perfect for keeping young readers entertained, and an ideal gift for young readers who love **activity books**—and cats! Illustrator **Inna Anikeeva** also illustrated Clever's **be**...

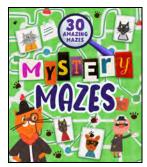
Summary

This **fun, full-color book of mazes** contains more than **25 challenging mazes** for children to complete. Each activity features different scenes containing adorable **cats** in a variety of fun situations. The mazes are designed to promote **logical thinking**, and also **enhancehand-eye coordination** as children learn to manipulate a writing instrument to follow the mazes. The puzzles are straightforward enough for children to complete on their own, but also ambitious enough to **provoke thought and reasoning**. Young minds will be entertained for hours! This is the perfect gift for children who love mazes and cats. Illustrator Inna Anikeeva also illustrated Clever's **bestselling Mega Big Look and Find series**, which has **sold in 5 languages**.

Contributor Bio

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Nora Watkins is a children's book writer and educator...



Clever Publishing 9781956560510 Pub Date: 5/9/23 \$5.99 USD/\$7.99 CAD Paperback

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Nonfiction / Games & Activities JNF021040 Series: Clever Mazes

JNF021040 Series: Clever Mazes 10 in H | 8.5 in W

Mystery Mazes

Clever Publishing, Nora Watkins, Inna Anikeeva

Children will love to explore more than **25 challenging mazes** that feature full-color artwork and an assortment of **mysteries**, perfect for keeping young readers entertained, and an ideal gift for young readers who love **activity books** and **mystery games! Illustrator Inna Anikeeva** also illustrated Clever...

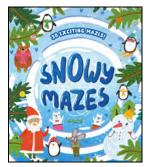
Summary

This fun, full-color book of mazes contains more than **25 challenging mazes** for children to complete. Each activity features a different exciting and fun **mystery** for children to figure out. The mazes are designed to **promotelogical thinking**, and also **enhance hand-eye coordination** as children learn to manipulate a writing instrument to follow the mazes. The puzzles are straightforward enough for children to complete on their own, but also ambitious enough to **provoke thought and reasoning**. Young minds will be entertained for hours! This is the perfect gift for children who love mazes and **mystery games! Illustrator Inna Anikeeva** also illustrated **Clever's bestselling Mega Big Look and Find series**, which has **sold in 5 languages**.

Contributor Bio

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News Watting is a children's hook writer and adventor



Clever Publishing 9781956560183 Pub Date: 7/4/23 \$5.99 USD/\$7.99 CAD Paperback

32 Pages color illustrations Carton Qty: 0 Ages 4 to 6, Grades P to 1 Juvenile Nonfiction / Games & Activities JNF021040 Series: Clever Mazes

10 in H | 8.5 in W

Snowy Mazes

Nora Watkins, Inna Anikeeva

Children will love to complete the **30 fun puzzles** in this book! Search for **festive treats**, figure out which gift belongs to which child, help **Santa Claus** find his way through the **maze**, and much more.

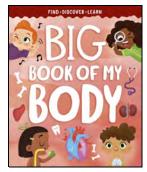
Summary

Children will love to complete the **30 fun puzzles** in this book! Search for **festive treats**, figure out which gift belongs to which child, help **Santa Claus** find his way through the **maze**, and more. Young readers will be transported to a **wintry world** and explore a variety of **fun activities**, including guiding **Mouse** through the maze to get to the tasty cupcake; collecting **Frog's Christmas presents**; leading **Cat** through the maze to collect the tools he needs to make a **snowman**; finding a path for the **penguin** to **ski** through the maze; and much more!

Contributor Bio

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Nora Watkins is a children's book writer and educator...



Clever Publishing 9781956560398 Pub Date: 6/6/23 \$12.99 USD/\$17.99 CAD Hardcover

24 Pages
color illustrations
Carton Qty: 0
Ages 5 to 8, Grades K to 3
Juvenile Nonfiction /
Concepts
JNF013110
Series: Find, Discover, Learn
10 in Wdth | 12 in Lgth

Big Book of My Body

Clever Publishing, Alyona Achilova

Children can learn the parts of the **human body** with this engaging book, which features **full-color**, **detailed illustrations**; **simple sentences**; and many **engaging facts** to discover. This is one of the **most popular themes for young readers**!

Summary

Learn all about the human body! Discover how our systems work!

Children can learn all about the human body in this fun book!

Bright, detailed artwork pairs with engaging text for an interactive educational experience.

Contributor Bio

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Alyona Achilova graduated with Master's degree in Adv...



Clever Publishing 9781956560343 Pub Date: 7/4/23 \$8.99 USD/\$11.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 0 to 3, Grades P to P Juvenile Fiction / Animals JUV002000 Series: Lift-the-Flap 5 in H | 5 in W

Who Am I? Animals

Clever Publishing, Ekaterina Ladatko

Children can read the **clues** to figure out which **adorable animal** is hiding under the **flap** on each page. One of the **most popular formats** joins one of the **most popular topics** in one book! The **large flaps** are ideal for little hands.

Summary

Children can read the **clues** to figure out which **adorable animal** is hiding under the **flap** on each page. **Simple text** provides clues to the identity of the animals in the book, which feature a **wolf, deer, elephant, lion, and giraffe**. **Bold, colorful illustrations** have a **whimsical feel** and offer young readers an engaging scene on each spread that's filled with details. Children will find something new on each page every time they open the book. One of the **most popular formats** joins one of the **most popular topics** in one book! The **large flaps** are perfect for little hands and aid in **developing hand-eye coordination**.

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Ekaterina Ladatko is an international illustrator. Sh...



Who Lives on the Farm?

Clever Publishing, Olga Smirnova

Children can read the **clues** to figure out which **adorable farm animal** is hiding under the **flap** on each page. One of the **most popular formats** joins one of the **most popular topics** in one book! **Large flaps** are ideal for little hands!

Summary

Children can read the **clues** to figure out which **adorable farm animal** is hiding under the **flap** on each page. **Simple text** provides clues to the identity of the farm animals in the book, which feature **lambs**, **a rooster**, **a pig**, **a turkey**, **and a goat**. **Bold**, **colorful illustrations** have a **whimsical feel** and offer young readers an engaging scene on each spread that's filled with details. Children will find something new on each page every time they open the book. One of the **most popular formats** joins one of the **most popular topics** in one book! The **large flaps** are perfect for little hands and aid in **developing hand-eye coordination**.

Contributor Bio

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Olga Smirnova is an illustrator based in Kyiv. She sp...

Clever Publishing 9781956560350 Pub Date: 7/4/23 \$8.99 USD/\$11.99 CAD Board Book

10 Pages color illustrations Carton Qty: 0 Ages 0 to 3, Grades P to P Juvenile Fiction / Animals JUV002090 Series: Lift-the-Flap 5 in H | 5 in W



Clever Publishing 9781954738270 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 7, Grades P to 2 Juvenile Fiction / Animals JUV002040 Series: Clever Storytime 10 in Wdth | 10 in Lgth

Heroes Don't Have to Fly

Clever Publishing, Shannon Anderson, Olga Demidova

Scooter the **bird** has always wanted to fly around and use **words** to help others just like his **favorite author**, Wendell. The only problem is that he can't **fly**, so he uses a **scooter**, and **bully** bird Squawk **teases** him and the other birds. Can Scooter find a way to **tame** his bully, and possibly even become ...

Summary

Scooter the **bird** has always wanted to fly around and use **words** to **help others** just like his **favorite author**, Wendell. The only problem is that he can't **fly**, so he uses a **scooter**. Bully bird Squawk **teases** him and the other birds. "Are you even a bird?" Squawk says meanly to Scooter. And Scooter knows how much **words can hurt**, so he takes some advice from Wendell's book and decides to stand up to Squawk and help his **friends**—by using **positive words**! One day when Scooter finds himself in a dangerous situation, to his surprise it's Squawk who offers words that help him. Knowing the **power of positive words**, Scooter makes a **friendly offer** to Squawk that hopefully will get Squawk to **change his bullying ways**.

Contributor Bio

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Shannon Anderson is an award-winning children's book ...



Clever Publishing 9781956560404 Pub Date: 6/6/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Fiction / Animals JUV002050 Series: Clever Storytime 10 in Wdth | 10 in Lqth

Will You Take Me Home?

Clever Publishing, Elena Ulyeva, Marie Koless

Katie has always wanted a **pet**. One day, she and Mommy adopt a **kitten**, and she names him Fluffy. But Fluffy isn't a toy, and Katie doesn't understand why he doesn't want to be dressed up in her doll's clothing. Will she learn the **best ways** to **take care of** her new kitten?

Summary

Katie has always wanted a **pet**. One day, she and Mommy are walking in town when Katie sees an adorable **kitten** meowing on the sidewalk. She convinces her mom to let her take the kitten home, promising to **take good care** of him. When they get home, Katie decides that she wants to **dress up** the kitten in her **doll's clothing** and put him in her toy car. But when the kitten, whom Katie names Fluffy, won't cooperate, Katie puts him in a basket of toys all by **himself**. Mommy reminds Katie that she can't do that to Fluffy and instead must find ways to keep Fluffy happy. Will Katie learn the **best ways** to **take care of** her new kitten?

Contributor Bio

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Elena Ulyeva is the author of educational manuals, pu...



Clever Publishing 9781956560367 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 7, Grades P to 2 Juvenile Fiction / Animals JUV002050 Series: Clever Storytime 10 in H | 10 in W

Kitten's Christmas Wish

Clever Publishing, Elena Feldman, Kristina Konovalova

Kitten, a street cat, really wants a **home** of his own. On **Christmas Eve**, he meets **Santa Claus** and tells him his biggest **wish**. Will Kitten finally get what he's always wanted? *Kitten's Christmas Wish* is a **sweet story about friendship** and **finding your true home and where you belong**.

Summary

Kitten tries to make the best of being a street cat, but all he really wants is to be **warm, fed, and loved**. His **friend** Tiger thinks he should live at the zoo with him, but this proves to be a very difficult thing to do. Kitten doesn't have stripes like Tiger, so he tries to find some—by scraping at the crosswalk lines in the road, wrapping a black ribbon around himself, and rolling in mud, but nothing works. Then on **Christmas Eve**, Kitten meets **Santa Claus**, who asks him what his biggest **wish** is. Will Kitten finally get what he has always wanted? *Kitten's Christmas Wish* is a **sweet story about friendship** and **finding your true home and where you belong**.

Contributor Bio

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Elena Feldman is a poet, writer, and literary transla...



Clever Publishing 9781956560336 Pub Date: 5/9/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Fiction / Animals JUV002070 Series: Clever Storytime 10 in Wdth | 10 in Lgth

Boo and Peanut, Dog Training Disaster

Clever Publishing, Tammi Salzano, Sarah Wade

When Anna tells Boo and Peanut that they're going to **dog training**, Boo isn't exactly happy about it. But when they get there, he smells so many exciting smells and sees so many things to play with. Maybe it won't be so bad after all! This follow-up to *Boo and the New Puppy* is a fun introduction to t...

Summary

Boo and Peanut are headed to **dog training** with Anna and her brother, Jack. Boo doesn't want to go, but Anna convinces him that it'll be fun—and good for Peanut, too. When they get there, Boo finds so many exciting smells and sees so many fun things to play with. There are balls to chase, ramps to run up and down, and more. Maybe it won't be so bad after all! Then Peanut gets **scared** by a bigger dog and takes off running across the room, creating chaos, and ends up stuck at the top of a curtain! Can Boo help his **sister**—and make it through the rest of the **class**? This follow-up to *Boo and the New Puppy* is a fun introduction to the idea that while **new experiences** can be **scary**, they can also be **fun**!

Contributor Bio

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Tammi Salzano grew up in upstate New York and has bee...



Clever Publishing 9781956560411 Pub Date: 6/6/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 4 to 8, Grades P to 3 Juvenile Fiction / Animals JUV002070 Series: Clever Storytime 10 in Wdth | 10 in Lgth

I Want to Be Your Puppy!

Clever Publishing, Elena Ulyeva, Marie Koless

David wants only one thing for his **birthday**: a **puppy**. Mommy and Daddy agree to **adopt** one, and David names her Penny. But when Penny won't do **tricks** the way David wants her to, he's not sure that she's the right dog for him. Will David learn that Penny is **perfect** just the way she is?

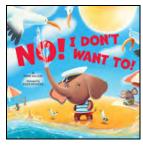
Summary

It's almost David's **fifth birthday**, and he wants the same thing he's always wanted—a **puppy**. He received a toy puppy as a present, but David asks Mommy and Daddy if the can get a puppy, and his parents agree. The three of them go to the **animal rescue center** to find a **pet**, and one of the volunteers suggests a certain puppy for David. He takes the puppy in his arms and decides that she's the ideal pet for him. The family returns home, and David names his new puppy Penny. David tries to get Penny to do all kinds of things, like **jump**, **speak**, and **fetch**, but Penny doesn't understand. David feels frustrated and wants to return Penny to the rescue, but the volunteer reminds him that maybe Penny just **does things a little differently**. Will David learn that Penny is **perfect just the way she is**?

Contributor Bio

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Elana Illuaria in the author of adventional manuals, au



No! I don't want to!

Clever Publishing, Tammi Salzano, Maria Bazykina

Little Elephant is so excited to take a **trip** with Mommy to the **ocean**. And knows that he's a **big kid**, so he wants to get everything ready all by himself! But when he repeatedly gets himself into **trouble**, will Little Elephant realize that having a **little bit of help** is just fine?

Summary

Little Elephant is so excited to take a **trip** with Mommy to the **ocean**. And he knows that he's a **big kid**, so he wants to get everything ready all by himself! Mommy offers to help pack his clothes, but Little Elephant insists on doing it alone and ends up choosing only toys and a coloring book. On the **beach**, Mommy tells him to put on sunscreen, but he says he doesn't need it—and he gets a bad sunburn. Will Little Elephant finally learn that it's okay to be a big kid while still **following directions**?

Contributor Bio

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Tammi Salzano grew up in upstate New York and has bee...

Clever Publishing 9781956560527 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages color illustrations Carton Qty: 0 Ages 3 to 7, Grades P to 2 Juvenile Fiction / Animals JUV002080 Series: Clever Storytime 10 in Wdth | 10 in Lqth



Clever Publishing 9781954738058 Pub Date: 5/9/23 \$13.99 USD/\$18.99 CAD Hardcover

32 Pages
color illustrations
Carton Qty: 0
Ages 4 to 8, Grades P to 3
Juvenile Fiction / Concepts
JUV009100
Series: Clever Storytime
10 in Wdth | 10 in Lgth

Hedgehog's Home for Fall

Clever Publishing, Elena Ulyeva, Daria Parkhaeva

Hedgehog is surprised to find that many of his friends are hiding now that the **weather** is turning cooler. Where could they be? What could be happening? Includes **sweet**, **detailed illustrations** that are full of **humorous details**; fun facts about **fall**; and a fun **activity**.

Summary

It's **fall**, and **Hedgehog** notices that the air is cooler, and that the leaves are turning from green to red, orange, and yellow. He sees **Badger**, **Squirrel**, **and Mouse** carrying food and wonders where they're going with it. He can't find his friend **Frog**, who's hiding at the bottom of the pond for the winter. Then he sees **Crane and Heron**, who are flying south toward warmer weather, and his **bug** friends tell him that they're hiding underground for the winter. Even **Bear** has already gone into his den to sleep. But there are some animals who haven't gone away, too—Hedgehog sees **Fox**, **Hare**, **Beaver** and the **cardinals**. Hedgehog learns that each animal has its own way of taking care during the **winter**—and soon, it's time for Hedgehog to go home and take his winter nap, too! Includes **sweet**, **detailed illustrations** that are full of **humorous details**; fun facts about **fall**; and a fun **activity**.

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Hedgehog's Home for Winter

Clever Publishing, Elena Ulyeva, Daria Parkhaeva

It's **winter**, and Hedgehog is worried that the other animals might need **help staying warm**, so he sets out to check on everyone. But he soon learns that his friends all have their own ways of staying cozy in the **cold**. Back matter includes **facts about winter**, and a **fun activity**.

Summary

When **winter** comes, **Hedgehog** is worried that the other animals might need help **staying warm**, so he sets out to check on everyone. But he soon learns that his friends all have their own ways of staying cozy in the **cold**. The **insects** are huddled close together in a log. The **crayfish** and **frogs** are all tucked in under the ice at the bottom of the river. The **mice**, **chipmunks**, and **moles** are in their underground tunnels. And some of the animals, like the **fox and hare** who have fur to keep them warm, aren't tucked away anywhere for the winter! Back matter includes **facts about winter**, and a **fun activity**.

Pub Date: 7/4/23 \$9.99 USD/\$12.99 CAD Paperback

Clever Publishing 9781956560053

32 Pages

color illustrations
Carton Qty: 0
Ages 4 to 8, Grades P to 3
Juvenile Fiction / Concepts
JUV009100
Series: Clever Storytime
10 in Wdth | 10 in Lgth

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Elena Ulyeva is the author of educational manuals, pu...



Rockport Publishers 9780760382301 Pub Date: 5/2/23 \$13.99 USD/\$18.99 CAD Paperback

224 Pages W
500 gU
Carton Qty: 0 qu
Comics & Graphic Novels /
Manga Saries: Saturday AM TANKS / ...
Apple Black

7.5 in H | 5.3 in W | 0.9 lb

Apple Black, Volume 3

Instruments of Vengeance

Odunze Oguguo, Whyt Manga, Saturday AM

War is here! In Apple Black, Volume 3, Sano finds himself in trouble, but his allies join the fight! Can they survive, or has their luck run out?

Summary

In Apple Black, Volume 3, young sorcerer and prophesied savior Sano continues his quest by attempting to uncover and protect the secrets behind his father's research on the immense power known as Apple Black.

Many years ago, humans acquired "Black" fruits from a tree that descended from the skies, turning humans into sorcerers. Although all of Black is now extinct, humans still have sorcery inherited from their ancestors. Blessed with the Arodihs arm by Merlin, the god of sorcery, **Sano is raised and trained in isolation and secrecy to be the world's savior**, known as the Trinity. The savior is the one who dawns the Infinite Night, an eternal night of chaos.

With his newfound freedom from isolation, Sano gets a fiery start after being admitted to Black Bottom Island's guild for young sorcerers. As his fellow gifted allies and sorcerers like Opal Wantmore accompany Sano on his quest, the **treachery**, **betrayal**, and **evil that have plagued nearly all of Eden again threaten the world**.

Sano fears his power can either save the world or destroy it. With his visions offering him a darker path, Sano ...

Contributor Bio

Nigerian artist **Odunze Oguguo** is the creator of hit manga series *Apple Black* and *Bacassi*. Oguguo is also an influencer who has garnered a large following as "Whyt Manga." As one of the co-founders of MyFutprint Entertainment, LLC, and a central figure in developing its brands like Saturday AM, Oguguo has found time to achieve personal milestones. He graduated from the University of Texas at Arlington with a bachelor's degree in fine arts and a minor in computer science. He later graduated with a master's degree in fine arts from the same



Saigami, Volume 2 - Rockport Edition

The Initiation Exam

Seny, Saturday AM

In Saigami, Volume 2 - Rockport Edition, the Initiation Exam throws an unexpected curveball at young Saigami candidates, including Earth native Ayumi. What will she do when she finds herself all alone again, and her best attempts come up short?

Summary

Now from Rockport Publishers and including new content: Saigami, Volume 2.

Saigami, Volume 2 continues the journey of the young teenage woman Ayumi as she discovers more about her astral flame powers, her adopted land of Aesztrea, and even her own identity.

The day of the **Saigami Initiation Exam** has come. Despite her best effort and newfound optimism, **Earth native Ayumi isn't ready for it**. What will she do when she finds herself all alone again, and her best attempts come up short? New players have entered the contest, and Ayumi must determine how badly she wants to succeed in this new fantasy world. **Can she become the warrior she wasn't meant to be?**

The Initiation Exam throws an unexpected curveball at young Saigami candidates, including Ayumi, who has arrived in this strange fantasy world under mysterious circumstances. While these young, powerful teenagers have no way of knowing, **the contest strings are being pulled from the shadows**, putting their future careers—and their lives—in jeopardy.

Ayumi and the others will have to act fast, be clever, and rely on unlikely alliances to surviv...

Contributor Bio

Seny (AO Viorál) is a European LGBTQ creator, born and raised in Pécs, Hungary. Known online as SaigamiProject, she's been active in the Western manga scene for over a decade. She aspires to create stories with proper representation of relatable, diverse characters who may be LGBTQ or strong-willed female leads who will inspire young readers. She's one of the co-founders of Saturday AM, one of the world's most diverse

Rockport Publishers 9780760382325 Pub Date: 6/6/23 \$13.99 USD/\$18.99 CAD Paperback

224 Pages 500 illustrations Carton Qty: 0 Comics & Graphic Novels / Manga CGN004300 Series: Saturday AM TANKS / Saigami

7.5 in H | 5.3 in W | 0.9 lb Wt



Rockport Publishers 9780760382387 Pub Date: 8/1/23 \$13.99 USD/\$18.99 CAD Paperback

224 Pages 500 Carton Qty: 0 Comics & Graphic Novels / Manga CGN004230 Series: Saturday AM TANKS / Oblivion Rouge

7.5 in H | 5.3 in W | 0.9 lb

Oblivion Rouge, Volume 2

Deeper Than Blood

Pap Souleye Fall, Saturday AM

In *Oblivion Rouge, Volume 2*, Oumi and her friends are trying to endure the path to the potential end of the brutal initiation for the Hakkinen, the mighty, armored warriors of Africa.

Summary

Oumi has survived famine, tribal warfare, and a devastating virus. Now, in *Oblivion Rouge, Volume* 2, she must survive the brutal initiation of the Hakkinen, the mighty, armored army of this future African continent.

In the near future, a virus called the LEUP has infected half the population. The resulting war between the people of Liam, known as the infected, and the people of Galoum, known as the immune, becomes a bloody and brutal affair.

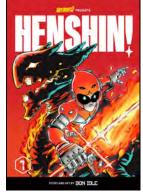
When a mysterious army called the Hakkinen emerges to quell the war between the two countries, they adopt children of war to aid them. Oumi and her friends are enlisted to help find a cure and end the bloodshed.

Several young recruits have died already, as the battle royal between them spared no one. Each young soldier has their own story to tell in this conflict. As a result, Oumi gambles that **trying to unite those young initiates left alive may be the only way to defeat the Admirals** entering as the contest's final part.

With the looming threat of the supernatural enemy Hells, this conflict will be pivotal for Oumi, her friends, the future of Africa...

Contributor Bio

Pap Souleye Fall is a Senegalese-American artist who lives and works in Dakar, Senegal. He graduated with honors from the University of the Arts in Philadelphia with a degree in Interdisciplinary Fine Arts and a concentration in Sculpture. In 2017, after a residency at WAAW, he participated in the Dak'art biennale twice.



Summary

Henshin!, Volume 1
Blazing Phoenix
Box Idla Mitch Proctor Caburday A

Bon Idle, Mitch Proctor, Saturday AM

Becoming a superhero isn't easy! In *Henshin!*, *Volume 1*, fighting monsters called Kaiju and investigating shady conspiracies provides Alex little time to attend his journalism classes or find a date.

Alex must balance becoming a superhero tasked with defeating Kaiju, making it as a journalism student, and navigating life as a gay man in modern Europe.

Nine years after a mysterious ecological disaster, journalism students Alex and Rosalia investigate the strange company that rebuilt their city and turned it into a vision of the future—that is, until Alex's world is turned upside down by a chance encounter with a gigantic monster from another world, a Kaiju, and the mysterious masked hero fighting it! Inheriting the masked hero's power, **Alex must now take on these powerful Kaiju when he transforms into the hero Blaze**.

As a gay man, Alex never imagined his cozy college life becoming deadly, but that's just what happens as his battles uncover an unholy connection between his city, the most powerful company in Europe, and the Kaiju. Can he uncover the secret before it's too late?

Henshin!, a new, action-packed take on tokusatsu drama, features fiery fights, mysterious conspiracies, and LGBTQ romance for fans of classic *Power Rangers* and *Kamen Rider* stories.

Henshin! is rated T for Teen, ...

Contributor Bio

Bon Idle (Mitch Proctor) is the creator of *Henshin!* and a graphic designer from Nottingham, UK. A graduate of the University of Lincoln, he has worked in the marketing industry and published several small-press titles before joining Saturday AM as a creator and Head of Design. You can follow him on Twitter and Instagram at @iambonidle.

Rockport Publishers 9780760382349 Pub Date: 7/4/23 \$13.99 USD/\$18.99 CAD Paperback

224 Pages
500 illustrations
Carton Qty: 0
Comics & Graphic Novels /
Superheroes
CGN004080
Series: Saturday AM TANKS /
Henshin!
5.3 in Wdth | 7.5 in Lgth



Rockport Publishers 9780760382363 Pub Date: 7/11/23 \$13.99 USD/\$18.99 CAD Paperback

224 Pages
500
Carton Qty: 0
Comics & Graphic Novels /
Manga
CGN004200
Series: Saturday AM TANKS /
Underground
5.3 in Wdth | 7.5 in Lgth

Underground, Volume 1

Fight Club

JR De Bard, Saturday AM

In *Underground, Volume 1*, Karim Yun, a skilled taekwondo fighter and former kickboxer, challenges the strongest martial artists in New York's underground fighting scene.

Summary

In *Underground, Volume 1*, Karim Yun, a biracial taekwondo fighter, pits his skills against New York's most brutal underground martial artists.

Seeking revenge against the violent gang who attacked him and ended his Olympic dreams, he's determined to battle every colorful combatant in his path.

His only obstacle is the illness brought about by the violent attack, which could kill Karim if he becomes too reckless—**serving as his conscience is his nurse**, who is trying to push him into changing his lifestyle but is learning more about the danger and the allure of secret mixed martial arts contests.

Created by black belt martial artist JR De Bard, this sports manga **provides a detailed look into the world of underground fight clubs**. Exploring fighters from various disciplines with realistic tactics and movements will thrill and educate readers.

Underground is rated OT for Older Teen, recommended for ages 16 and up.

Saturday AM, the world's most diverse manga-inspired comics, are now presented in a new format! Introducing **Saturday AM TANKS**, the new graphic novel format similar to Japanese Tankob...

Contributor Bio

JR De Bard, known as **JRamaManga**, is an illustrator based in New York. He graduated from Binghamton University with a bachelor's degree in graphic design and is the creator of the popular Saturday PM series *Underground*.



Draw Chibi Style

A Beginner's Step-by-Step Guide for Drawing Adorable Minis - 62 Lessons: Basics, Characters, Special Effects

Piuuvy

Draw Chibi Style teaches the essential techniques and adorable characters of this popular drawing style in 62 easy lessons.

Summary

Master the art of drawing chibis! First, learn the key principles, then draw a wide variety of characters following step-by-step tutorials.

In Draw Chibi Style, chibi artist Piuuvy is your guide to:

- **Chibi Essentials.** The first 18 lessons teach solid drawing fundamentals that demonstrate how to draw chibi characters from the ground up and will help you build the skills you need to create your very own supercute characters.
- **Chibi Characters, Step by Step.** Through step-by-step drawings, from rough sketch to finish, discover the drawing process for 44 adorable characters in a range of genres and themes, including a witch, a butterfly fairy, a shark, a shadow knight, and an action hero, each presented in a different pose.

Whether you're just beginning to draw, trying your hand at chibi for the first time, or looking for ideas and guidance for bringing your own chibi characters to life, *Draw Chibi Style* is **your go-to guide and visual reference**.

Contributor Bio

Chibi artist **Thao Vy** (aka **Piuuvy**) creates K-pop fanart, anime and manga characters, and private commissioned portraits and icons. She is based in Vietnam. To see more of her work, visit her on Instagram and Twitter @piuuvy.

Quarry Books 9780760381410 Pub Date: 6/27/23 \$19.99 USD/\$25.99 CAD Paperback

128 Pages approximately 600 images Carton Qty: 0 Art / Techniques ART004000

11 in H | 8.5 in W | 1.2 lb Wt



Walter Foster Publishing 9780760382004 Pub Date: 4/11/23 \$19.99 USD/\$25.99 CAD Paperback

192 Pages 500 b-w illustrations Carton Qty: 0 Art / Techniques ART010000 Series: Big School of Drawing 8.5 in Wdth | 11 in Lgth

Big School of Drawing

Well-explained, practice-oriented drawing instruction for the beginning artist

Walter Foster Creative Team

Big School of Drawing provides a complete introduction to drawing, from choosing the right pencils to sketching from basic shapes, developing subjects step by step to create realistic, three-dimensional drawings.

Summary

INTERNATIONAL BESTSELLING SERIES, now in English! More than 2.3 million copies sold in 23 languages!

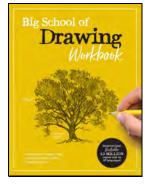
Big School of Drawing allows beginning artists to **get started drawing anything and everything**, from flowers and still life to animals, people, landscapes, and more! Learn to develop your sketches from basic shapes, adding texture and shading step by step to create realistic, three-dimensional drawings.

Perfect for beginners, this **192-page reference guide** explains everything you need to get started, from **choosing the right materials** to **basic drawing techniques** and **step-by-step lessons**. Experiment with different pencils, drawing tools, and erasers as you learn to create depth and realism with shading techniques, perspective, and texture. Then follow along as you use those pencil techniques to create detailed drawings, step by easy step.

With more than 1,000 step-by-step drawings for you to reference, Big School of Drawing covers:

- Sketching from basic shapes
- Gesture drawing
- Adding shading, texture, and highlights
- Creating depth and realism
- Perspective and foreshortening
- How to draw flowers, still...

Contributor Bio



Walter Foster Publishing 9780760382028 Pub Date: 4/11/23 \$15.99 USD/\$21.99 CAD Paperback

112 Pages 300 b-w illustrations Carton Qty: 0 Art / Techniques ART010000 Series: Big School of Drawing 8.5 in Wdth | 11 in Lgth

Big School of Drawing Workbook

Exercises and step-by-step drawing lessons for the beginning artist

Walter Foster Creative Team

Big School of Drawing Workbook provides an interactive introduction to drawing, allowing beginning artists to practice directly inside the book with approachable step-by-step lessons.

Summary

INTERNATIONAL BESTSELLING SERIES, now in English! More than 2.3 million copies sold in 23 languages!

Perfect for beginners, the *Big School of Drawing Workbook* begins with **basic pencil techniques**, such as shading, crosshatching, and adding texture. Then follow along as you use those pencil techniques to create detailed step-by-step drawings, **with space provided on each page** for you to practice, as you learn to create your own realistic drawings.

Companion to the original *Big School of Drawing* reference book, this **112-page interactive workbook** provides beginning artists with a focused, hands-on approach to learning.

Practice directly inside the book, with more than 50 step-by-step drawing lessons, including:

- Pencil techniques
- Adding shading, texture, and highlights
- Drawing from basic shapes
- Flowers and still life
- Trees, rocks, and landscapes
- Architecture and perspective
- Animals, dogs, cats, and horses
- People and portraits

With helpful tips and easy-to-follow, step-by-step lessons, Bia School of Drawina is the perfect series for



Rockport Publishers 9780760379356 Pub Date: 4/4/23 \$26.99 USD/\$35.99 CAD Paperback

176 Pages approximately 250 images Carton Qty: 0 Art / Techniques ART020000 Series: For Artists 11 in H | 8.5 in W | 1.6 lb Wt

Plein Air Techniques for Artists

Principles and Methods for Painting in Natural Light

Aimee Erickson

From award-winning artist Aimee Erickson, *Plein Air Techniques for Artists* presents the step-by-step process for plein air for landscape, still life, and the figure, along with exercises to strengthen skills.

Summary

Take your plein air artwork to the next level through easy-to-understand workshop-style lessons and skill-building exercises.

In *Plein Air Techniques for Artists*, award-winning artist and respected workshop instructor Aimee Erickson demystifies how to capture a variety of light effects and guides you in strengthening your plein air skills through practice. This accessible book covers:

- Materials and gear. Gain a basic knowledge of the possibilities so you can keep your options open and your plein air process fresh.
- Composition and value. Explore the impact of proportion, color, value, line, edges, shape, and texture.
- **Color.** Consider how knowledge and intention, your color palette, and what you see—your perspective—take turns being in charge of the color game, inventing rules and finding solutions.
- **Light effects.** Learn how conditions of the day—how much light there is, and whether it's soft, diffuse, golden, harsh, pale, or dusky—affect everything we see and how we paint.
- **Design and the visual idea**. Discover strategies for developing a visual idea, from creating serial studies to working w...

Contributor Bio

Known for an engaging style and versatility in subject matter, **Aimee Erickson** is an internationally renowned oil painter and instructor who has given lectures and demonstrations at venues nationwide. A standout at plein air painting competitions, she has won both Best of Show and Artists' Choice at Plein Air Easton, as well as Best



Walter Foster Publishing 9780760382165 Pub Date: 5/23/23 \$22.99 USD/\$29.99 CAD Paperback

128 Pages 300 Carton Qty: 0 Art / Techniques ART018000 Series: Paint with Me 8.5 in Wdth | 11 in Lgth

Palette Knife Painting: Deep Impasto

Paint beautiful masterpieces using a palette knife and the impasto technique Lisa Elley

Take a modern approach to oil and acrylic painting with *Palette Knife Painting: Deep Impasto*, a book that highlights impasto techniques created with a palette knife.

Summary

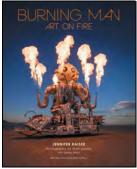
Learn how to create your own Deep Impasto® masterpieces using a palette knife and oil paints with this book featuring tips, techniques, and 8 complete step-by-step projects.

Professional artist Lisa Elley works from her studio in the San Francisco Bay Area with the purpose of inspiring and bringing joy to people through her art. In *Palette Knife Painting: Deep Impasto*, Lisa shares her techniques with you through easy-to-follow **step-by-step projects**.

Learn to paint:

- Art inspired by Vincent van Gogh
- Seascapes and landscapes
- A Tuscan vineyard
- Flower fields
- Wet-into-wet (alla prima)
- With texture
- And more!

Also included in the book are:



Epic Ink 9780760379837 Pub Date: 7/4/23 \$45.00 USD/\$60.00 CAD Hardcover Paper over boards

288 Pages 100+ Carton Qty: 0 Art / Collections, Catalogs, Exhibitions ART006010

12 in H | 9.8 in W | 3.9 lb Wt

Burning Man: Art on Fire

Revised and Updated Edition Jennifer Raiser, Scott London, Sidney Erthal

Burning Man: Art on Fire, Revised and Updated Edition is an authorized collection of the best of Burning Man art and photography that captures the amazing sculptures, art, stories, and interviews from the world's greatest celebration of artistic expression.

Summary

Revel in the power of human creativity with this completely revised and expanded edition of Burning Man: Art on Fire, illustrated with over 250 gorgeous color photos.

For one week a year, a remote desert lakebed in Nevada becomes Black Rock City, the home of Burning Man, where 80,000 participants create a temporary community devoted to expression and play. There is no money, no running water—and there are no constraints. Artists bring enormous sculptures for participants to climb. Outrageous Mutant Vehicles glide through an opulent mirage. This is a dreamscape of permission. For seven days and nights, the artistic movement of our time materializes—and then disappears without a trace.

Welcome to Burning Man. Welcome Home.

This authorized collection also includes:

- Over 150 new photographs and descriptions of individual pieces of Burning Man art from over two decades, including art from the 2022 Burning Man event
- Over 32 new pages featuring incredible sculptures and Mutant Vehicles
- A fully updated text, which considers Burning Man's evolving significance in the art world, and how Burning ...

Contributor Bio

365 Gays of the Year (Plus 1 for a Leap Year)

Discover LGBTQ+ history one day at a time

Lewis Laney, Charlotte MacMillan-Scott

365 Gays of the Year is a celebration of Queer history told through one LGBTQ+ figure for each day of the year.

Summary

A fun and fascinating compendium of LGBTQ+ icons, one for every day of the year, and a celebration of queer history - or as RuPaul would say; Herstory!

Discover your queer hero and learn something new every day with 365 Gays of the Year, an accessible and fun introduction to LGBTQ+ history through the people that made it.

Carefully curated and thoughtfully researched, author Lewis Laney assigns a person or group of note to each day of the year to form the **ultimate LGBTQ+ hall of fame.**

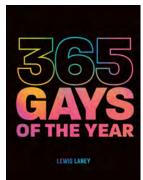
Legendary queer icons such as Marsha P Johnson and Freddie Mercury sit alongside lesser known but equally important names such as activist Renée Cafiero, blood donor Barbara Vick, and Sappho the lesbian poet (who was doing her thing in 570BC).

All have contributed amazing achievements to the LGBTQ+ story. Each month also features one ally - inspiring heterosexual people who have all contributed something significant to the lives of the LGBTO+ community. People like Elizabeth Taylor who "brought AIDS out of the closet and into the ballroom - where there was money to be raised".

Each entry comprises a short...

Contributor Bio

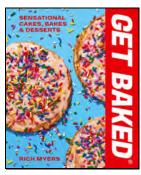
Originally from Derbyshire, Lewis Laney headed to the bright lights of Blackpool in his teens and began writing queer fiction. After having his first short story published in The Next Wave: The Gay Times Book of Short Stories (2002) at eighteen, he went on to write for various publications including the iconic music magazine The



White Lion Publishing 9780711273702 Pub Date: 4/18/23 \$24.95 USD/\$32.95 CAD Hardcover

384 Pages 370 Carton Otv: 0 Biography & Autobiography LGBTO+ BIO031000

6.3 in Wdth | 8.3 in Lgth



White Lion Publishing 9780711279711 Pub Date: 4/11/23 \$22.99 USD/\$27.99 CAD Hardrover

144 Pages Carton Qty: 20 Cooking / Methods CKB004000

9.6 in H | 7.9 in W | 0.8 in T | 1.5 lb Wt

GET BAKED

Sensational Cakes, Bakes & Desserts

Rich Myers

This delicious cookbook brings you all the tastiest treats from the iconic Get Baked bakery, with 40 of their most delicious and visually striking recipes.

Summary

This sensational cookbook brings you a range of the tastiest treats from the iconic GET BAKED® bakery.

GET BAKED in Leeds shot to fame during 'Sprinklegate', when its founder, Rich Myers, brilliantly capitalized on the banning of his use of US sprinkles. Rather than going quietly, Rich declared he would never use the inferior British variety and boycotted all sprinkles until he had created a UK version that does the job to his satisfaction!

Expen\$ive Sprinkles has now launched and they pair perfectly with **GET BAKED's** bold range of desserts including cookies, brownies, cakes and pies which are all **high on the taste and indulgence spectrum** and definite crowd pleasers.

This book brings you 40 of those most popular creations, including **Raspberry Glazed Donut Cookie, Lemon Meringue Pie, Mr Pistachio, Purple Haze, S'Mores Brownies, Campfire** and **Birthday Truffles**, culminating in the famous 'Bruce', a **24 layer giant consisting of chocolate cake and ganache**, that people travel far and wide to buy.

Written in Rich's trademark style, this book offers a fun and accessible way to enjoy these unique ...

Contributor Bio

Rich Myers AKA 'Mr Sprinkles', originally founded GET BAKED® when he was at Manchester Metropolitan University just over 10 years ago. He saw a gap in the market for the late-night delivery of bakes and desserts and developed his own team to deliver direct. He has worked in the food industry ever since, putting baking to one side for a time to work in a burger restaurant but returning to his first love just before the pandemic hit.



White Lion Publishing 9780711256033 Pub Date: 8/15/23 \$35.00 USD/\$41.99 CAD Hardcover

224 Pages Carton Qty: 0 Cooking / Regional & Ethnic CKB090000

7.7 in Wdth | 9.7 in Lgth

Summers Under the Tamarind Tree (New edition) Recipes & Memories from Pakistan

Sumayya Usmani

A contemporary Pakistani cookbook featuring more than 100 recipes.

Summary

Summers Under the Tamarind Tree is a contemporary Pakistani cookbook celebrating the varied, exciting and often-overlooked cuisine of a beautiful country.

Winner 'Best First Book' - Gourmand World Cookbook Awards 2016

Former lawyer-turned-food writer and cookery teacher **Sumayya Usmani** captures the rich and aromatic pleasure of Pakistani cooking through **more than 100 recipes** as she **celebrates the heritage and traditions of her home country** and looks back on a happy childhood spent in the kitchen with her grandmother and mother.

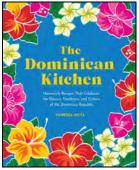
While remaining uniquely its own, Pakistani food is influenced by some of the world's greatest cuisines. With a rich coastline, it enjoys **spiced seafood and amazing fish dishes**; while its borders with Iran, Afghanistan, India and China ensure strong **Arabic, Persian and varied Asian flavours**.

Experience the wonderful flavours of Pakistan with:

- **Aloo ki bhujia** (spicy potatoes with nigella seeds and fenugreek)
- Hyderabadi-style samosas, filled with red onion, mint and green chilli
- Sweet potato and squash parathas
- Attock chapli kebab (mince beef flat kebab with pomegranate c...

Contributor Bio

Well connected and heleved in the food world. Common Hamani went from practicing law for twelve years to



Rock Point 9781631068874 Pub Date: 5/2/23 \$24.99 USD/\$32.99 CAD Hardcover Paper over boards

208 Pages 100 color photos Carton Qty: 0 Cooking / Regional & Ethnic CKB099000

8 in Wdth | 10 in Lgth

The Dominican Kitchen

Homestyle Recipes That Celebrate the Flavors, Traditions, and Culture of the Dominican Republic Vanessa Mota

The Dominican Kitchen makes creating bold, authentic Dominican and Latin-inspired dishes quick and easy.

Summary

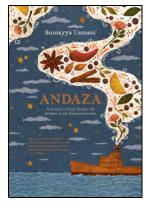
Learn to make authentic, delicious, and easy Dominican meals with Vanessa Mota, creator of the popular food blog *My Dominican Kitchen*.

In *The Dominican Kitchen*, Vanessa Mota, creator of the popular blog *My Dominican Kitchen*, brings the **everyday dishes** she grew up with in the Dominican Republic to your busy life. **Made with easy-to-find ingredients and featuring traditional comfort foods**, the **80 recipes** incorporate the delicious flavors of la comida criolla dominicana (Creole food), with influences from the Taíno, Africa, Europe, the Middle East, and China. **Enjoy snacks, sandwiches, salads, sides, mains, desserts, and drinks**, including:

- Arepitas
- Chulitos
- Chimi burgers
- Plátanos fritos
- Sancocho
- Pollo guisado
- Empaguetadas
- Flan de coco
- Morir soñando
- and more

Complete with step-by-step instructions, stunning photos, stories from the DR, and information for stocking your pantry, *The Dominican Kitchen* will have you enjoying this exciting cuisine right in your own home.

Cantulbutan Dia



Murdoch Books 9781922616197 Pub Date: 5/9/23 \$41.99 USD/\$55.00 CAD Hardcover

312 Pages color photos Carton Qty: 12 Cooking / Regional & Ethnic CKB093000

6.7 in Wdth | 9.4 in Lgth

Andaza

A Memoir of Food, Flavour and Freedom in the Pakistani Kitchen Sumayya Usmani

Food writer Sumayya Usmani conjures her story of growing up in Pakistan, migrating to the UK, and navigating a path to self-trust through her family's food.

Summary

'[Sumayya Usmani is] the go-to expert in Pakistani cuisine' - BBC Good Food Magazine

'Sumayya Usmani is a brilliant storyteller. She transports us with her delicious descriptions of the smells and flavours of the kitchen.' - Jay Rayner, award-winning writer and food critic

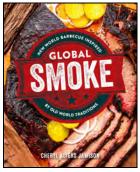
Award-winning food writer Sumayya Usmani's stunning memoir conjures a story of what it was like growing up in Pakistan and how the women in her life inspired her to trust her instincts in the kitchen.

From a young age, food was Sumayya's portal to nurturing, love and self-expression. She spent the first eight years of her life at sea, with a father who captained merchant ships and a mother who preferred to cook for the family herself on a tiny electric stove in their cabin rather than eat in the officer's mess.

When the family moved to Karachi, Sumayya grew up torn between the social expectations of life as a young girl in Pakistan, and the inspiration she felt in the kitchen, watching her mother, and her Nani Mummy (maternal grandmother) and Dadi's (paternal grandmother) confidence, intuition and effortless ability to...

Contributor Bio

Well-connected and beloved in the food world, **Sumayya Usmani** went from practising law for twelve years to pursuing food writing and teaching. Her first book, *Summers Under the Tamarind Tree: Recipes and Memories from Pakistan* (Frances Lincoln, 2016) was the first Pakistani cookbook in Britain. Her mentor and friend Madhur Jaffrey, who wrote the main blurb, calls the book 'a treasure'. It won the Best First Cookbook category in the Gourmand Cookbook Awards in 2016. It was also shortlisted for the Edward Stanford Travel Writing Award. Her



Harvard Common Press 9780760383360 Pub Date: 6/27/23 \$28.00 USD/\$38.00 CAD Paperback

192 Pages 60 photos Carton Qty: 0 Cooking / Methods CKB005000

9.3 in H | 7.5 in W | 1.3 lb Wt

Global Smoke

New World Barbecue Inspired by Old World Traditions

Cheryl Jamison

Global Smoke takes genuine smoke-cooked barbecue on a thrilling and delectable worldwide tour, far beyond the Southern US-only focus of most BBQ books.

Summary

Fire up your backyard smoker for a flavor-packed spin around the world in 100 recipes that will take your barbecue cooking in delicious new directions.

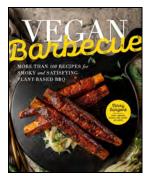
Cooking low and slow over wood smoke—what is often called authentic barbecue or real barbecue—is practiced and enjoyed in many dozens of the world's tastiest cuisines. Yet almost every barbecue book available zooms in on the US South and Texas as the *only* sources of authentic BBQ recipes, neglecting the rest of the US and, for that matter, the rest of the world.

In *Global Smoke*, **four-time James Beard Cookbook Award winner Cheryl Alters Jamison** sets the record straight. She **masterfully expands the geographic range of barbecue**, *and* she takes the barbecue cookbook beyond the near-constant repetition of recipes for ribs, pork shoulder, and brisket.

Through this trailblazing cookbook, you will discover that fish and seafood, vegetables and fruits, chicken and turkey, lamb, and a host of unexpected things can be smoke-cooked to perfection. And you will learn that the Caribbean, Mexico, Latin America, Europe, South and East Asia, and many other...

Contributor Bio

Cheryl Jamison is the multiple-award–winning author or co-author of more than a dozen books on regional American cooking and on grilling and barbecue, including *Smoke & Spice, The Barbecue Lover's Big Book of BBQ Sauces, The Border Cookbook, Texas Home Cooking,* and *Texas Slow Cooker.*



Harvard Common Press 9780760377895 Pub Date: 4/11/23 \$24.99 USD/\$32.99 CAD Hardcover Paper over boards

208 Pages color photos Carton Qty: 0 Cooking / Vegan CKB125000 7.5 in Wdth | 9.3 in Lgth

Vegan Barbecue

More Than 100 Recipes for Smoky and Satisfying Plant-Based BBQ

Terry Sargent

Vegan Barbecue reveals that genuine smoke-cooked BBQ is not just for meats in 100 plant-based recipes for veggies, fruits, and vegan meats and cheeses.

Summary

Learn how to slow-smoke all sorts of veggies, fruits, vegan meats, and vegan cheeses in this beautifully photographed book that features 100 soul-satisfying recipes filled with flavor and spice.

At last! Now vegans and vegetarians, plus the millions of omnivores and carnivores who are eating more plant-based meals, are invited to join the authentic smoke-cooked BBQ party! Barbecue is famous, of course, as a way to cook meat—but meat is not the only thing you can cook in a smoker. Cooking low and slow over natural wood embers, the core method of genuine 'Q, infuses produce and other plant-based foods, like tofu and tempeh, with rich depths of rustic flavor that you won't get from a stovetop skillet or steamer.

Author Terry Sargent is the face of vegan barbecue. **Southern Living** magazine's "Cook of the Year" for **2021**, Terry has perfected the art of vegan barbecue at his renowned Grass Vegan BBQ Joint outside Atlanta. In this definitive book on the subject, he serves up easy-to-prepare recipes for amazing dishes like:

- Smoked Pineapple Salsa
- Glazed Smoked Asparagus
- Smoked Creamy Pumpkin Soup
- Sm...

Contributor Bio

Georgia native **Terry Sargent**, Southern Living magazine's 2021 "Cook of the Year," worked for twenty years,



Harvard Common Press 9780760382035 Pub Date: 5/16/23 \$22.99 USD/\$29.99 CAD Paperback

144 Pages 65 color photographs Carton Qty: 0 Cooking / Methods CKB005000

9.3 in H | 7.5 in W | 1.1 lb W+

Smashed

60 Epic Smash Burgers and Sandwiches for Dinner, for Lunch, and Even for Breakfast—For Your Outdoor Griddle, Grill, or Skillet

Adam Walton, Brett Walton

Smashed shows owners of outdoor griddles, aka "flattops," how to make more than 60 different kinds of smash burgers and other smashed sandwiches—the hottest trend in sandwiches worldwide—plus quesadillas, burritos, wraps, and other delectable pressed dishes.

Summary

Learn how to make amazingly delicious smash burgers—and other smashed and pressed sandwiches, wraps, burritos, and more—from Adam and Brett Walton, the outdoor-griddle gurus.

Outdoor-griddle cooking, whether on a dedicated "flattop" griddle station or simply on a cast-iron or steel griddle pan placed over a hot grill, is the biggest news in outdoor cooking in a long time, and the smash burger is everyone's favorite thing to cook on such a device. The **YouTube stars of the outdoor griddle, the Walton twins--known as the Waltwins--**serve up here **the definitive guide to smash burgers in 60 recipes** that are both easy to master for flattop rookies and full of brand-new ideas for griddling vets.

You will find the best versions of cheeseburgers and beef burgers you've ever imagined, such as the Rocky Mountain Smash Burger and the Mushroom and Swiss Smash Burger, along with things like the **Chicken Cordon Bleu Smash**, **Smashed Black Bean Veggie Burgers**, and **Fish Sandwiches a la Smash**. You'll even find delicious smashed sandwiches you can wake up to for breakfast, and some sweet dessert smashes, lik...

Contributor Bio

Adam and Brett Walton, "The Waltwins," are identical twins in their thirties from Florida. Adam is a middle-school teacher in Orlando and Brett is a morning host at an FM rock station in Gainesville. They get together on weekends and cook up a storm, as the many thousands of followers of their YouTube channel WALTWINS know so well. The channel, which they launched in 2017, is devoted almost entirely to outdoor-griddle or "flattop" cooking, and it has garnered tens of millions of video views, making them the most watched and most

No Image Available

Harvard Common Press 9780760384787 Pub Date: 7/25/23 \$19.99 USD/\$29.99 CAD Paperback

192 Pages Carton Qty: 0 Cooking / Health & Healing CKB039000

9 in H | 7.2 in W | 1.6 lb Wt

Mediterranean Small Plates

Platters and Spreads from the World's Healthiest Cuisine

Clifford Wright, Jeff McLaughlin

Small-plate dining is a Mediterranean tradition that's become popular throughout the world. *Mediterranean Small Plates* includes recipes and presentation ideas for appetizers, antipasto, and charcuterie to share with friends and family.

Summary

Mediterranean food expert and James Beard Award winner Clifford Wright presents a mouthwatering collection of recipes for tapas, mezze, antipasti, and other small plates traditional across the Mediterranean region.

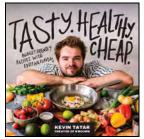
The Mediterranean region shares a love of **bold flavor and fresh ingredients**. *Mediterranean Small Plates* takes you on a culinary journey, showing you how each country uses the foundational ingredients of olive oil, garlic, tomatoes, eggplant, peppers, onions, and fresh herbs to develop their own unique range of flavors and textures.

In addition to being beautiful to behold and delicious to eat, a diet of Mediterranean dishes has been scientifically linked to good health, including increased life span, improved brain function, better eye health, lower risk of certain cancers, decreased risk of heart disease and diabetes, and reduced inflammation. With small plates, you can easily share an adventurous, flavorful variety of these healthy foods with family and friends.

Filled with **stunning photography** and **easy-to-prepare recipes** to serve and savor, *Mediterranean Small Plates* **makes**...

Contributor Bio

Clifford A. Wright is a cook, cookbook author, and independent culinary historian who won the James Beard Cookbook of the Year award and the Beard award for the Best Writing on Food for A Mediterranean Feast in 2000. He is the author of 16 books. 14 of which are culinary histories and cookbooks. He is also the author of



Harvard Common Press 9780760382202 Pub Date: 4/11/23 \$21.99 USD/\$28.99 CAD Paperback

176 Pages color photos Carton Qty: 0 Cooking / Individual Chefs & Restaurants CKB115000

8.5 in Wdth | 8.5 in Lgth

Tasty. Healthy. Cheap.

Budget-Friendly Recipes with Exciting Flavors

Kevin Tatar

In Tasty. Healthy. Cheap., social media and YouTube star Kevin Tatar (@kwoowk) offers cost-efficient, delicious recipes that you'll love to eat and share.

Summary

Join Kevin Tatar (@KWOOWK) for delicious recipes that help you save money and build confidence in the kitchen!

KWOOWK is all about fun and flavor without breaking the bank. As a self-taught home cook, Kevin has made it his mission to help students and young adults in the pursuit of healthy, affordable, and approachable home cooking.

This book is a companion to his shorts and videos, featuring both signature recipes and recent favorites, including breakfast, bowls, sandwiches, dinners, and much more. Tasty. Healthy. Cheap. covers:

- Breakfast Time: Start the day right with Healthy-ish Banana Pancakes or a Potato Breakfast Skillet or turn to a globally-inspired favorite like Middle Eastern-Style Shakshuka or Swiss Bircher Muesli.
- On the Go (or at the Desk): This is the chapter for handheld meals like the Chickpea Wrap and just-picked fuel like the Fresh Summer Quinoa Salad.
- Instant Classics: Discover the recipes that got Kevin through college, like Creamy Dreamy Butter Chicken, as well as comfort food classics, like Easy Chicken Congee.
- Dinnertime: For yourself or when you're hosting, enjoy th...

Contributor Bio

Kevin Tatar is a passionate home chef who loves finding fun ways to enjoy healthy food in an affordable and approachable way. His mission is to unlock the world of home cooking for students (and young adults) everywhere. His cooking style and videos focus on four main things: affordability, nutrition, convenience, and

Murdoch Books 9781922616715 Pub Date: 8/8/23 \$32.99 USD/\$45.00 CAD Paperback

224 Pages color photos Carton Otv: 0 Cooking / Methods CKB070000 7.5 in Wdth | 9.4 in Lgth

The Food Fix

Real World Dinner Solutions for The Exhausted

Yumi Stynes, Simon Davis

Based on the hit podcast, The Food Fix puts 80-plus big, easy, delicious wins within the reach of the busiest cooks. Tonight. And forever.

Summary

YUMI STYNES worked as a cook before going into broadcasting, and SIMON DAVIS has edited literally hundreds of cookbooks in his career in food publishing. They met while working on one of Yumi's cookbooks and discovered they share an insatiable desire to nail the never-ending task of feeding a family (between them, they have a LOT of kids).

Inside their heads is an infinite Rolodex of recipes, plus endless hints and hacks for getting the most out of a meal without cracking the shits. So they decided to join forces and launched a podcast to solve the daily dilemma of what to cook for dinner.

Since its launch, the 5 Minute Food Fix has consistently been among the most downloaded food podcasts in Australia, and has spawned a vast collection of fans who tune in religiously for dinner inspiration. This book pulls together the best hits from the pod and some never-before-seen recipes, all of which have been tested and re-tested - on the world's most unforgiving critics, and cooked under the most trying circumstances (during life or whatever).

Yumi and Simon aren't here to waste your time, so...

Contributor Bio

Yumi Stynes is a presenter, broadcaster and ABIA award-winning author who understands the gap between TV cooking and what real people are able to do at home. She'll happily dine out for fancy food ... but keep everything cooked at home simple and fuss-free. When she's not working one of her several jobs (ABC's killer podcast 'Ladies We Need To Talk', 'Seen' for SBS, broadcasting for I Heart Radio, hosting art talks and her numerous writing projects) she tends to her four children and her gorgeous friends, and celebrates life by



Chartwell Books 9780785842477 Pub Date: 3/21/23 \$19.99 USD/\$25.99 CAD

48 Pages 22 full-color photos Carton Qty: 10 Cooking / Holiday CKB042000

7.3 in Wdth | 9.8 in Lgth

Simple & inspiring recipe ideas to share at every gathering Anna Helm Baxter

With the Fabulous Food Boards Kit, browse a book of incredible food presentation ideas, then follow the step-by-step instructions to recreate them on the included wooden boards.

Summary

Create fabulous, enticing food spreads with this fun kit featuring a step-by-step inspirational guidebook and two wooden serving boards.

Food boards are amazingly versatile and are sure to have a little something for everyone at your table, even the most selective eaters. Whether you want to make a weeknight meal more interesting or wow guests at your next intimate gathering, the Fabulous Food Boards Kit delivers with inspiring arrangements that go beyond the classic charcuterie board.

Fabulous Food Boards Kit includes:

Fabulous Food Boards Kit

- 48-page guidebook
- Two 5" × 7" bamboo serving boards

Use the book to explore food spreads featuring different themes and taste palettes and then make them yourself on the boards that come with the kit—ideal for 1 to 4 people. With the beautiful, full-color photographs and step-by-step assembly instructions, you'll be able to easily recreate the artful and unique arrangements of each food board, including:

- Crowd-pleasers such as Game-Day Dip and Nachos Board
- Vegetarian and Meat Lovers Boards

Live Longer, Live Better

Lessons for Longevity from the World's Healthiest Zones

Melissa Petitto

Live Longer, Live Better explains the ins and outs of a natural way of living and eating, along with 50 unique and delicious recipes, that together can promote health and longevity.

Summary

Discover how the five cultures with the longest-living people eat and live, then enjoy 50 healthy recipes inspired by those locations—and perhaps live longer yourself.

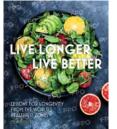
When researchers identified a region in Sardinia as having the highest concentration of male centenarians, they later zeroed in on villages around the world with the highest longevity: Okinawa, Japan; Sardinia, Italy; Nicoya, Costa Rica; Ikaria, Greece; and Loma Linda, California, among the Seventh-Day Adventists.

In Live Longer, Live Better, nutritionist and chef Melissa Petitto, RD, looks at the food and lifestyle choices of the people in these regions and presents it in an easily digestible format. The first part of the book describes these areas of the world, what they have in common, and how their residents excel at living a healthy lifestyle that can lead to exceptional longevity. Similar characteristics of these communities include:

- Happiness and emotional wellness
- Family and community connections
- Natural-movement physical activity
- Disease prevention

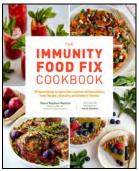
The second part of the book provides 50 original, healthy recipes th...

Contributor Bio



Chartwell Books 9780785842002 Pub Date: 7/11/23 \$19.99 USD/\$25.99 CAD Hardcover Paper over boards

160 Pages 100+ full-color photos Carton Qty: 0 Cooking / Health & Healing CKB039000 Series: Everyday Wellbeing 7.9 in Wdth | 9.5 in Lgth



Fair Winds Press 9780760381182 Pub Date: 3/28/23 \$27.99 USD/\$37.99 CAD Paperback

192 Pages 40 color photos Carton Qty: 24 Cooking / Health & Healing CKB039000

9.6 in H | 7.6 in W | 0.7 in T | 1.4 lb Wt

The Immunity Food Fix Cookbook

75 Nourishing Recipes that Reverse Inflammation, Heal the Gut, Detoxify, and Prevent Illness Donna Beydoun Mazzola, Sarah Steffens

The Immunity Food Fix Cookbook, a follow-up companion to The Immunity Food Fix, offers 75 delectable recipes to boost your immune system.

Summary

A companion book to the best-selling Immunity Food Fix, The Immunity Food Fix Cookbook delivers 75 delicious superfood recipes that support your body's natural defenses.

Studies have shown that nutrition impacts immunity and disease development. What you put on your plate can either heal you or hurt you. The Immunity Food FixCookbook gives you superfood recipes that naturally support robust immunity.

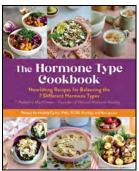
Aside from being accessible and delicious, food is less expensive than medication and free of side effects and, unlike supplements, has the most complete form of the nutrient. While adding the top immune-supportive foods to your diet individually can provide benefit, recipes and meals give you the opportunity to combine different immune superfoods for maximum nutrient density, absorption, and flavor appeal.

Recipes are organized around the 5 key pillars of immune support: **reversing inflammation**, **detoxification**, antioxidants, digestion and microbiome health, and hormone balance and signaling.

Supporting your immunity has never been so appealing. Inside, you'll find delicious whole food rec...

Contributor Bio

Donna Mazzola, PharmD, MS, is a pharmacist, nutritionist, and the creator of @Dr.AutoImmuneGirl, a quickly scaling platform that speaks to all things immunity and autoimmunity. She has always had a fascination with natural healing and preventative care. After obtaining a Doctorate in Pharmacy, Donna realized that medicine has a place in healing, but it's the balance between nutrition and medicine that impacts disease. This



The Hormone Type Cookbook

Nourishing Recipes for Balancing the 7 Different Hormone Types Madeline MacKinnon



The Hormone Type Cookbook is the everywoman's guide to resolving hormone imbalance through food and lifestyle.

Summary

Resolve the 7 types of hormone imbalance naturally with simple changes to your food and lifestyle habits.

Looking for relief from debilitating menstrual cycles, PMS, PMDD, weight gain, low energy, and mood fluctuations caused by a hormonal imbalance, but don't want the side effects and expense of drugs and surgery? Based on therapeutic nutrition principles, The Hormone Type Cookbook gives you accessible solutions to address common hormone imbalances like low progesterone, estrogen dominance, low thyroid, adrenal fatigue, and other issues. Whatever stage of your lifecycle, this guide is your holistic hormone health companion!

Expert author Madeline Mackinnon, creator of the popular handle @NaturalHormoneHealing, guides your entire journey of hormonal health, from menstrual health and fertility to postpartum, perimenopause, and menopause. You will finally understand the "why" of your hormone imbalances, not just the "what."

Madeline also **debunks nutritional myths** and shows how certain popular diets can actually disrupt hormone balance. Drawing upon the latest hormone nutrition research, ...

Contributor Bio

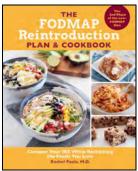
Madeline MacKinnon (Calgary, AB) is a sought-after nutritionist with ten years of experience helping women recover from debilitating hormone imbalances. Madeline founded @Natural Hormone Healing because she believes that women need a holistic, day-to-day strategy to balance their hormones without synthetic hormones or medications. An avid recipe developer and engaging public speaker, she is known for her popular hormone-balancing cooking classes that she has taught across Canada. She runs a successful online coaching practice Quarto Summer 2023 - Page 53



Pub Date: 3/28/23 \$26.99 USD/\$35.99 CAD Paperback

208 Pages 40 photos Carton Qty: 0 Cooking / Health & Healing CKB039000

7.5 in Wdth | 9.3 in Lgth



Fair Winds Press 9780760382752 Pub Date: 5/23/23 \$26.99 USD/\$35.99 CAD Paperback

176 Pages Carton Qty: 0 Cooking / Health & Healing CKB106000 7.5 in Wdth | 9.3 in Lgth

The FODMAP Reintroduction Plan and Cookbook

Conquer Your IBS While Reclaiming the Foods You Love

Rachel Pauls

From IBS expert Dr. Rachel Pauls, The FODMAP Reintroduction Plan & Cookbook demystifies the second phase of the low-FODMAP diet with a specialized testing plan and 60 delicious recipes to help you eat well and feel great.

Summary

Reclaim your favorite foods while managing your IBS symptoms with this simple guide to FODMAP Reintroduction, written by a medical doctor, featuring a complete plan and 60 delicious recipes.

In her first book, *The Low-FODMAP IBS Solution Plan & Cookbook*, FODMAP expert and IBS sufferer Dr. Rachel Pauls showed you how to manage your IBS symptoms by eliminating FODMAPs from your diet. Now she **guides** you through the second phase of the clinically proven low-FODMAP diet, Reintroduction (also known as the FODMAP Challenge Phase), where you'll discover which foods you can add back to your diet while keeping your IBS symptoms under control.

If you've tried the low-FODMAP diet to manage your IBS, you know that phase 1, Elimination, is pretty restrictive. You are not meant to stay on the Elimination diet forever, but what comes next? *The FODMAP Reintroduction Plan and Cookbook* will help you **learn which foods you can and can't tolerate through individual challenges**, so you can enjoy more food freedom while still feeling great.

In this book, Dr. Rachel Pauls carefully guides you through the stages ...

Contributor Bio

Dr. Rachel Pauls is an internationally renowned surgeon and medical researcher, a passionate chef and FODMAP blogger, and the author of *The Low-FODMAP IBS Solution Plan and Cookbook*. She completed her residency training in Obstetrics and Gynecology at Washington University in St. Louis, and her Fellowship in Female Pelvic Medicine and Reconstructive Surgery at TriHealth Health System in Cincinnati, Ohio. Dr. Pauls is a widely recognized expert on the low-FODMAP diet, and has published more than one hundred



The Gluten-Free Family Cookbook

Allergy-Friendly Recipes for Everyone Around Your Table

Lindsay Cotter

The Gluten-Free Family Cookbook brings you delicious allergy-friendly meals that everyone in the family, both allergy sensitive, and not, will love!

Summary

With 75+ allergy-friendly recipes, many customizable for other specialty diets as well, let *The Gluten-Free Family Cookbook* make mealtime fun—and easy—again.

Having a family member with food allergies is tricky enough without having to worry about pleasing everyone else at the table! Luckily, with Lindsay Cotter's guidance, you don't have to choose between gluten-free and delicious. As a specialist in allergy-friendly eating, she knows what growing, active bodies need, and she's become the go-to guru for busy parents looking to feed their kids well without making multiple meals or breaking the bank with expensive prepared foods.

This delicious guide also accommodates other dietary restrictions as well. Included are **plenty of vegetarian**, **vegan**, **and dairy-free recipes** for families with multiple special-diet needs. In addition, many of the meals are also one-pot friendly and don't require special appliances.

Eating gluten free has never been easier.

Contributor Bio

Lindsay Cotter is a nutrition specialist focused on gluten-free eating, and the author of *Nourishing Superfood Bowls*. She is AASDN certified and the founder of the blog Cotter Crunch. Lindsay has been featured on many popular health websites and magazines, including Dr. Axe, Shape magazine, Fitness magazine, Men's Health, and more.

Fair Winds Press 9780760380901 Pub Date: 6/20/23 \$24.99 USD/\$32.99 CAD Paperback

176 Pages Carton Qty: 0 Cooking / Health & Healing CKB111000

9.3 in H | 7.5 in W | 1.2 lb

Wt



Chartwell Books 9780785841999 Pub Date: 4/25/23 \$17.99 USD/\$25.99 CAD Hardcover Paper over boards

160 Pages 50+ four-color photos Carton Qty: 20 Health & Fitness / Diet & Nutrition HEA006000 Series: Everyday Wellbeing 7.9 in Wdth | 9.5 in Lgth

Macro Cooking Made Simple

50+ Recipes for Clean Eating and Healthy Living

Rachel Werner

Macro Cooking Made Simple explains the ins and outs of a macronutrient-focused way of eating, offering more than 50 unique and delicious recipes.

Summary

Stop counting calories and start eating smart! Master the macro diet with this accessible guide that includes more than 50 delicious recipes.

Instead of setting a limit on the number of calories you can eat, a macro diet defines the amount of macronutrients you can aim to eat, divided by proportion into the primary categories of protein, carbohydrates, and fat. Besides helping burn fat and gain muscle, macros provide the body with energy and can help maintain good health for the long haul. Popular with athletes, this flexible diet can can also be a challenge to plan and track. But it doesn't have to be! Macro Cooking Made Simple explains what macros are and how you can optimize them for better eating and better health, without suffering or depravation.

The first part of the book **examines the question, "Why macros?"** Nutrition expert and food writer Rachel Werner explains how fueling your body requires more than a few superfoods and why **macro-focused eating provides holistic sustenance**. She breaks down this complex topic into manageable bites, with a **terminology "cheat sheet"** that inclu...

Contributor Bio

Rachel Werner, C.H.N. is the Nutrition and Fitness editor for TOPS (Take off Pounds Sensibly) and has contributed print and photography content to TheKitchn, The Spruce Eats, The Gourmet Insider, Fabulous Wisconsin, Entrepreneurial Chef, and *Hobby Farms* magazine. A selection of Rachel's recipes are also included in the book *Wisconsin Cocktails*. She is a Certified Holistic Nutritionist as well as a certified yoga instructor and mindfulness practitioner. She resides in Madison, WI.



Murdoch Books 9781922616173 Pub Date: 5/16/23 \$32.99 USD/\$45.00 CAD Hardcover

224 Pages color photos Carton Qty: 14 Cooking / Health & Healing CKB111000

7.5 in Wdth | 9.4 in Lgth

Gluten-Free Baking Made Simple

Properly delicious recipes for every day

Cherie Lyden

Favourite gluten-free recipes adapted for ease at home from Sydney's renowned Wholegreen Bakery, where the gluten intolerant weep with joy as their dreams are answered.

Summary

The new go-to cookbook for gluten-free bakers, filling the void of long unanswered cravings.

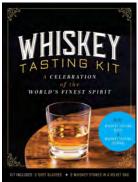
From the humming kitchen of Wholegreen Bakery and the heart of its founder Cherie Lyden, *Gluten-Free Baking Made Simple* is your playbook for re-creating the magic at home.

Enjoy 80-plus sweet and savoury recipes that Cherie has developed and cooked over the years for her family, as well as at her renowned Sydney bakery. Each recipe includes the tips and know-how that Cherie has learnt over the years to achieve truly remarkable gluten-free results at home. As well, she shares her best flour blends, pantry essentials and the secret to the perfect crumb.

If you're ready to give gluten-free baking a go, make it easy with these simple, beautiful, approachable recipes where everything not only looks delicious but tastes delicious, too.

Contributor Bio

Cherie Lyden is the owner and founder of Wholegreen Bakery, a booming wholesale and retail bakery that is a beacon for the gluten-intolerant across Sydney - and beyond. Cherie opened Wholegreen in 2014 after she and her youngest daughter were diagnosed with coeliac disease. She is a qualified nutritionist, and has a background as a food writer and expert in the space. Her greatest joy is watching people with coeliac disease and other dietary intolerances discover a wonderful world of baked goods that they believed was closed to them.



Chartwell Books 9780785842569 Pub Date: 4/18/23 \$19.99 USD/\$25.99 CAD

48 Pages color photos Carton Qty: 0 Cooking / Beverages CKB130000 7.3 in Wdth | 9.3 in Lgth

Whiskey Tasting Kit

A Celebration of the World's Finest Spirit

Arthur Reeves

Learn about the rich and bold flavors of whiskey and do your own tastings with the 32-page tasting guide, 16-page tasting journal, 2 shot glasses, and 2 whiskey stones included in the *Whiskey Tasting Kit*.

Summary

Discover and savor the rich flavor of one of the world's finest liquors with the Whiskey Tasting Kit, which comes complete with a tasting guide, journal, 2 glasses, and 2 stones.

Choose a whiskey, pour it in the included shot glasses, add the cooled stones to chill the whiskey without watering it down or altering the flavor, and get out your guide and journal—you are **completely set up for a fun, whiskey-tasting adventure at home!**

With the tasting guide, learn about the smooth and smoky taste and aromas of different whiskies and find your new favorite whiskey. Sound like a whiskey expert by using the included glossary to help describe the whiskeys you taste. Get the most out of your whiskey-tasting experience by using the tasting journal to keep track of your favorite whiskies and recipes.

Includes:

- 32-page whiskey-tasting guide
- 16-page tasting journal
- 2 shot glasses
- 2 whiskey stones in a velvet bag

Start your delicious whiskey-tasting journey today!

Contributor Rio

No Image Available

Chartwell Books 9780785842521 Pub Date: 3/7/23 \$35.00 USD/\$45.99 CAD Hardcover Paper over boards

176 Pages color photos Carton Qty: 0 Cooking / Beverages CKB130000

8.4 in Wdth | 11 in Lgth

The World's Best Whiskies

750 Unmissable Drams from Tain to Tokyo

Dominic Roskrow

From global brands to tiny craft distillers, *The World's Best Whiskies* offers a comprehensive overview of this popular spirit.

Summary

Whether you are a beginner or connoisseur, *The World's Best Whiskies* encompasses everything you need to know to increase your appreciation of this complex and fascinating spirit.

Take an illustrated tour through the widening world of whisky, featuring tasting notes for the world's top 750 whiskies and tours of some of the world's greatest distilleries. Iconic distilleries, such as Lagavulin, Highland Park, and Glenrothes in Scotland, are fully explored alongside the bourbon innovators of Kentucky, including Woodford Reserve and Maker's Mark, and craft distillers around the world.

The book begins with the **history of whisk**y, from its origins in the Far East, Middle East, and Northern Africa to the priests who brought the techniques of brewing and distilling back to Ireland and Scotland to its worldwide adoption, a decline in the twentieth century, and now resurrection as emerging craft distillers bring new whiskey's to market. Then learn **how whisky is made**, including how peat and oak influence its overall flavor. Finally, before you begin your whisky-tasting tour, learn **how to properly t...**

Contributor Bio

Dominic Roskrow is the former editor of *Whisky Magazine*, *The Spirits Business*, and *Whiskeria*. He has written eight books on whisky including *The World's Best Whiskies*, *1001 Whiskies To Try Before You Die*, and *The Whisky Opus*, and has contributed to several more, including every edition of *The Whisky Yearbook*. He specializes in world whisky, and he has had work published in newspapers and magazines across the world including *Drinks International*, *Harpers Wine & Spirits Trade News*, *Whisky Advocate*, *The Times*, *The Sunday Times*, the *Daily Telegraph*, and the *Wall Street Journal*. He has been made a Kentucky Colonel and a Keeper of The Quaich for his contributions to bourbon and Scotch whisky respectively, and he was named the 2015 Fortnum & Mason Drinks Writer of the Year.

BREAD MACHINE BAKING

New Shoe Press 9780760383445 Pub Date: 1/10/23 \$16.99 USD/\$22.99 CAD Paperback

144 Pages illustrations Carton Qty: 20 Cooking / Courses & Dishes CKB009000 Series: New Shoe Press

9.3 in H | 7.5 in W | 0.6 in T I 1.1 lb Wt

Bread Machine Baking for Beginners

Effortless Perfect Bread

Beth Hensperger

Bread Machine Baking for Beginners delivers complete, fail-proof instructions on how to use a bread machine along with amazing bread recipes.

Summarv

Discover how easy it is to make delicious homemade bread in your bread machine.

With this affordable, abridged edition of the best-selling Bread Lover's Bread Machine Cookbook, learn how to make and bake bread in any brand of bread machine by combining the simplest of ingredients—flour, yeast, water, and salt. Offering complete, easy-to-follow instructions on using bread makers as well as a wide range of recipe variations for making all kinds of loaves, Bread Machine Baking for Beginners is the only book you will need to launch your bread-making success.

Filled with step-by-step photographs, this guide to machine bread baking includes recipes and instructions for everything from white sandwich bread to french baguettes to sourdoughs and seeded breads. Instructions on shaping, decorating, kneading, no-knead breads, and enriched breads are also included.

In Bread Machine Baking for Beginners, you will find:

- The basics of bread baking
- Tons of recipes, from the basic to more adventurous, all created with the beginner in mind
- Troubleshooting tips for bread machine-baking issues
- Ways to use your...

Contributor Bio

Dath Hannananan a Navy Janeau native who has lived in California since her toons, has been adventing

PRESERVING & CANNING for Beginners

Preserving and Canning for Beginners

Quick and Easy Ways to Can, Pickle, and Jam All Your Favorite Veggies, Fruits, and Meats Editors of the Harvard Common Press

Preserving and Canning for Beginners includes delectable traditional and modern canning and preserving recipes with expert guidance for canning rookies, as well as creative new directions for experienced veterans. Get started today!

Summary

In one concise volume—adapted from Harvard Common Press' The Ultimate Guide to Canning and Preserving—you can learn and master all the ways to put up food in jars.

Whether you are a gardener, a fan of farmers' markets, or just someone who likes to browse the bountiful produce at the supermarket, canning and preserving are easy, fun, and affordable ways to enjoy fresh-grown foods all year long. Preserving and Canning for Beginners covers every method, from water-bath and pressure canning, pickling and jam-making, and beyond!

With clear, easy-to-follow instructions and color photographs, this book provides all the information you need to know to get started today, including:

- An overview of canning equipment
- Basic steps to canning foods safely and easily
- Recipes for preserving everything from tomatoes and jams to soups, sauces, and other hearty meals
- Tips on how to find the freshest local produce

The 75+ recipes include lots of preparations, both savory and sweet, from blue-ribbon classics to new creations. Preserve and enjoy:

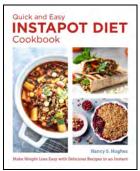
\$16.99 USD/\$22.99 CAD

Cooking / Methods CKB015000 Series: New Shoe Press 7.5 in Wdth | 9.3 in Lgth

New Shoe Press 9780760383827

Pub Date: 6/6/23

Paperback



New Shoe Press 9780760383582 Pub Date: 4/25/23 \$14.99 USD/\$19.99 CAD Paperback

96 Pages color photos Carton Qty: 0 Cooking / Health & Healing CKB026000 Series: New Shoe Press

9.3 in H | 7.5 in W | 1.1 lb Wt

The Quick and Easy Instanct Diet Cookbook

Make Weight Loss Easy with Delicious Recipes in an Instant

Nancy S. Hughes

Spend less time cooking, control your ingredients and portions, and lose weight while enjoying homemade meals with The Quick and Easy Instapot Diet Cookbook.

Summary

Bring out your electric pressure cooker appliance of choice or your beloved Instant Pot and get to work shedding pounds.

Managing a busy, non-stop lifestyle and finding it hard to maintain or lose weight easily? You can make reaching your weight-loss goals a little easier with the quick-to-make, delicious, and calorie-conscious recipes in The Quick and Easy Instapot Diet Cookbook. Adapted from Nancy Hughes's Thinner in an Instant cookbook, this affordable edition offers you the best, go-to, 350-calories-and-under recipes that will make losing weight more delicious and less challenging.

Convenience combined with control is a recipe for success, and cooking with an Instant Pot ticks all the basic dieting guidelines:

- Spend less time in the kitchen.
- Choose make-ahead meals so you can control your food rather then eating on the go.
- Take meal prep and cooking out of your daily stress factors (without having to sign up for expensive weight-loss food delivery meals).

The recipe selection focuses on fan favorites—soon to become your new go-to favorites—for every meal, including snacks and dessert...

Contributor Bio

Super-Simple Autoimmune Cookbook

Quick and Easy Recipes for Healing the Immune System

Sophie Van Tiggelen

The Super-Simple Autoimmune Cookbook shows beginners how to heal their autoimmune disease easily and successfully with delicious, easy-to-prepare recipes.

Summary

Use food to heal with this quick-and-easy collection of recipes aimed at reducing and even eliminating autoimmune symptoms.

Are you feeling overwhelmed with your new diagnosis and need an accessible starting place? Or perhaps you have been living with an autoimmune disease for years and need a go-to reference for recipes. Either way, this adapted and affordable edition of *The Autoimmune Protocol Diet Made Simple* is the perfect resource.

The Super Simple Autoimmune Cookbook makes starting and following an anti-inflammatory, allergen-free autoimmune protocol (AIP) diet clear and understandable. Each recipe features diet guidelines, simple strategies for success, and delicious and easy-to-find ingredients that are AIP-compliant.

A variety of healthy recipes and supportive diet information throughout make this cookbook invaluable for both long-term sufferers and those just starting their autoimmune challenge. Whether you have Hashimoto's disease, Graves' disease, rheumatoid arthritis, lupus, Crohn's disease, MS, type 1 diabetes, psoriasis, celiac, or one of the other many autoimmune disease...

Contributor Bio

Sophie Van Tiggelen (Boulder, CO) is an autoimmune warrior, passionate foodie, author, and avid photographer and author of The Autoimmune Protocol Made Simple Cookbook. The author's self-published book Simple French Paleo was nominated for the "Best of 2016" award by Paleo Magazine. Diagnosed with Hashimoto's disease in 2009, Sophie regained her health and vitality by eating tasty and nutritious food on the Autoimmune Protocol. Her food blog, A Squirrel in the Kitchen, has a large and growing audience thanks to her successful mission to demonstrate how very possible it is to eat satisfying and flavorful meals while on the



New Shoe Press 9780760383605 Pub Date: 4/11/23 \$16.99 USD/\$22.99 CAD Paperback

160 Pages color photos Carton Qty: 0 Cooking / Health & Healing CKB039000 Series: New Shoe Press 7.5 in Wdth | 9.3 in Lgth



New Shoe Press 9780760383568 Pub Date: 4/4/23 \$14.99 USD/\$19.99 CAD Paperback

160 Pages color photos Carton Qty: 0 Cooking / Regional & Ethnic CKB055000 Series: New Shoe Press

9.3 in H | 7.5 in W | 1.1 lb

Wt

Quick and Easy Mediterranean Recipes

Delicious Recipes from the World's Healthiest Diet

Amy Riolo

Quick and Easy Mediterranean Recipes offers simple, delicious, go-to recipes and lifestyle tips for the #1 doctor-recommended diet in the world.

Summary

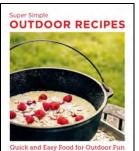
Live longer, feel younger, lose weight, and have more energy by incorporating the Mediterranean way into your home kitchen.

Take the advice of the professionals who rate the Mediterranean diet the #1 healthiest diet in the world year after year. By following a Mediterranean diet rich in olive oil, nuts, beans, fish, and led by fruits and vegetables—even drinking a little wine with meals—you can improve your brain function, lose weight, improve your heart health, reduce your cholesterol, prevent diseases, look and feel younger, and prolong your life.

This affordable cookbook adapted from Amy Riolo's *Ultimate Mediterranean Diet Cookbook* offers the best, **go-to, foolproof recipes with simple accessible ingredients**, making it easy for anyone, no matter where you live, to access the benefits of this amazing lifestyle diet. *Quick and Easy Mediterranean Recipes* integrates the latest research and clinical findings with delicious, authentic, easy recipes and Mediterranean **lifestyle tips** that make changing your diet fun and rewarding. Spare in meat, the Mediterranean diet is **budget-friendly** as we...

Contributor Bio

As an award-winning author, chef, television personality, cuisine and culture expert, and educator, **Amy Riolo** makes frequent appearances on numerous television and radio programs both in the United States and abroad. Amy, an Italian American of Calabrian descent, also created and appeared weekly in ninety-second cooking videos entitled Culture of Cuisine, which air on nationally syndicated news shows on 28 different channels



New Shoe Press 9780760383742 Pub Date: 5/9/23 \$14.99 USD/\$19.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Methods CKB060000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb

Super Simple Outdoor Recipes Quick and Easy Food for Outdoor Fun

Linda Ly

Super Simple Outdoor Cookbook is an affordable adapted edition of The Ultimate Outdoor Cookbookaimed at the beginning outdoor chef who is looking for quick and easy recipes to help them start out in their outdoor cooking adventures.

Summary

At the campsite or sitting in your backyard around a roaring fire, cook up a range of delicious, easy-to-make dishes in the great outdoors.

Super Simple Outdoor Recipes is an adapted and affordable version of The Ultimate Outdoor Cookbook by Linda Ly. Perfectly curated for outdoor adventurers and backyard socializers, this edition offers an **introduction to outdoor cooking**, whether directly on a firepit flame or using a camping grill or Solo Stove.

Recipes are accessible, easy to cook, and set up so you can carry your supplies, tools, and ingredients outside without fuss or complication. Most recipes can be pre-prepped at home so your time outside is focused on relaxing rather than cooking. Perfect for beginners, details on **how to start the perfect outdoor fire**; fire safety; and the **best tools and tricks for cooking on a flame, griddle, or grate** are all included.

You'll find no-fuss recipes with simple ingredients for:

- Sticks and skewers: s'mores, meatballs, the outdoor classic frankfurter, and more
- On the grill: pizza, bread, and hearty breakfast classics like eggs and bacon with a twist...

Contributor Bio

Linda Ly is the author of *The New Camp Cookbook, The Backyard Fire Cookbook, The CSA Cookbook, The No-Waste Vegetable Cookbook*, and *The National Parks Cookbook* and the blogger behind the award-winning



New Shoe Press 9780760383728 Pub Date: 4/11/23 \$14.99 USD/\$19.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Methods CKB081000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb

Quick and Easy Panini Press Cookbook

Simple Recipes for Delicious Results with any Brand of Panini Makers Kathy Strahs

Quick and Easy Panini Press Cookbook is the perfect starter guide for new panini press owners and will quickly become a cookbook shelf qo-to for seasoned panini press home kitchen chefs.

Summary

From the perfect grilled cheese to innovative flavors and exciting desserts, discover the full range of delicious possibilities your panini press has to offer.

Quick and Easy Panini Press Cookbook shows you how to put your indoor grill or panini press to work with simple techniques and easy, quick, and affordable recipes for everything from chicken- and beef-based meals to vegetarian and vegan delights. This book offers ideas for **breakfast**, **lunch**, **dinner**, **snack**, and **dessert** paninis that the whole family will love, as a meal or for a quick midday snack while watching your favorite team or movie.

This recipe collection will have you using your panini press every day, with clear useful advice and **a wealth of recipes destined to become family favorites**. *Quick and Easy Panini Press Cookbook* guides you through simple instructions and ideas for introducing new flavors to your favorite pressed recipes, both savory and sweet. The recipes include:

• Classics like Croque Monsieur and a Reuben panini

Simple and Delicious Vegetarian Meals for Everyone

Quick and Easy Vegetarian Cooking for Beginners

delicious, easy, adaptable recipes you can return to again and again.

- Imaginative creations like a Grilled Veggie and Prosciutto panini and Spicy Chicken Quesadillas
- Sweets...

Contributor Bio

Kathy Strahs is the creator of the popular blog Panini Happy (paninihappy.com), which Babble.com has named as one of the Top 100 Mom Food Blogs for the past four years. A former marketer with a Stanford MBA, Kathy

Quick and Easy VEGETARIAN COOKING for Beginners Erin Alderson Simple and Delicious Vegetarian Meals for Everyone

Summary

Erin Alderson

Transition to a vegetarian diet—or just add more meat-free meals to your repertoire—easily and deliciously with this collection of simple, affordable, and satisfying go-to recipes.

Quick and Easy Vegetarian Cooking for Beginners introduces you to the basics of vegetarian cooking with

Greens, beans, fruit, and grains make a healthy and sustainable diet for you and for the earth, but

finding vegetable-based recipes that taste delicious and are easy to make is sometimes a challenge, especially if you are new to vegetarianism. This abridged and affordable edition of Erin Alderson's *The Easy Vegetarian Kitchen*makes vegetarian cooking accessible and flavorful for anyone who wants to learn to enjoy eating meat-free—even if it's just some of the time.

Quick and Easy Vegetarian Cooking for Beginners offers tasty and satisfying vegetable-based recipes that will satisfy even the hungriest eaters all day long. Each recipe offers ideas on how to up protein levels, customize taste, and feed your whole family—or just you. Even meat eaters will love these enticing dishes.

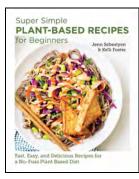
This book will help you establish a collection of recipes that you will want to make again and again, offering simple and affordable s...

Contributor Bio

Erin Alderson is the recipe developer, photographer, and voice behind the whole foods, vegetarian blog *Naturally Ella*. Erin started blogging on a whim in 2007 as a healthy baking blog but has since then grown into a thriving seasonal, whole foods resource site. She grew up in a traditional middle class family that had a diet largely subsistent on fast food. When Erin's father suffered a massive heart attack, she began to question her own health and eating habits. Since then, she has ditched processed foods in lieu of whole foods. Erin is a large

New Shoe Press 9780760383667 Pub Date: 4/18/23 \$14.99 USD/\$19.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Vegetarian CKB086000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb



New Shoe Press 9780760383629 Pub Date: 4/25/23 \$16.99 USD/\$22.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Vegetarian CKB086000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb Super Simple Plant-Based Recipes for Beginners

Fast, Easy, and Delicious Recipes for a No-Fuss Plant-Based Diet

Jenn Sebestyen, Kelli Foster

Super Simple Plant-Based Recipes for Beginners offers all the recipes, tips, and ideas you will need to make eating plant-based every day, or even a few days a week, effortless and affordable.

Summary

Improved health, more energy, and a more sustainable approach to food—Super Simple Plant-Based Recipes for Beginners has everything you need to start your meat-free lifestyle with confidence.

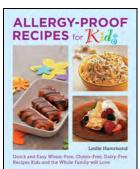
Maybe it's once a week—maybe seven days a week—but any level of commitment to eating less meat will benefit you and the planet. This affordable adaptation of *The Meat-Free Kitchen* includes simple starter recipes for busy weeknights, packed weekends, or whatever days you decide to designate as plant-based. From many different breakfast options to an array of vegetarian burgers, these **quick, easy-to-make meatless meals** will satisfy even the pickiest of palates.

Recipes for meals, snacks, and even desserts offer a well-rounded meal plan that is **high in protein**, **low in fat**, **energy boosting**, and that will help you live longer and better. You'll find yummy breakfasts to start your day with strength, power-packed salads, nutritious and delicious soups, afternoon energy-boosting snacks, comforting and satisfying pasta dishes, and easy-to-make one-pan delights—all of which are full of plant-based goodness....

Contributor Bio

Jenn Sebestyen is the founder of the blog *Veggie Inspired* (veggieinspired.com), where she creates vegetarian and vegan-friendly recipes suitable for the whole family. She has appeared on CBS' *The Doctors* and has been featured in *Women's Health*, *Better Homes & Gardens*, *Fitness Magazine*, *Self*, *Country Living*, *Buzzfeed*, *Huffington Post*, and more. She is a mom of three and lives with her family in Illinois.

Kelli Foster is a staff writer and editor for The Kitchn, which more than twenty million people visit each month, and the author of *Buddha Bowls* and *Probiotic Kitchen*. A graduate of the French Culinary Institute, she lives in



New Shoe Press 9780760383803 Pub Date: 5/9/23 \$16.99 USD/\$22.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Health & Healing CKB106000 Series: New Shoe Press 7.5 in Wdth | 9.3 in Lgth

Allergy-Proof Recipes for Kids

Quick and Easy Wheat-Free, Gluten-Free, Dairy-Free Recipes Kids and the Whole Family will Love Leslie Hammond

Allergy-Proof Recipes for Kids shows you how to use naturally allergy-free ingredients and substitutes to add richness, texture, pizzazz and nutritional content to your kids' meals without losing the "yummy" factor.

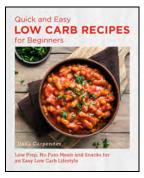
Summary

Take the guesswork out of cooking for kids with allergies with more than 150 delicious recipes that are free of gluten and the eight most common allergens, and low in sugar too.

Feeding your kids well when they have food allergies can be a struggle at best—and a nightmare at worst. But with *Allergy-Proof Recipes for Kids*, those mealtime battles are over. Every recipe is **full of kid-friendly flavors**, yet **free of wheat, gluten, dairy, nut, and egg**, and **also low in sugar**.

Whether your children suffer from a mild allergy to wheat, severe allergies to peanuts and soy, or must limit their sugar intake, they'll love these and more snacks, main courses, and desserts:

- Kids' Pizza-Pizza
- Chicken Nuggets
- Happy Burgers
- The Very Best Spaghetti
- Sloppy Joe Potato Skillet
- Fruit Bars
- Baked Potato Nachos
- Happy Birthday Cake
- Homemade Marshmallows
- Flourless Gourmet Brownies



New Shoe Press 9780760383643 Pub Date: 4/18/23 \$16.99 USD/\$22.99 CAD Paperback

160 Pages photos Carton Qty: 0 Cooking / Health & Healing CKB108000 Series: New Shoe Press

9.3 in H | 7.5 in W | 1.1 lb

Wt

Quick and Easy Low Carb Recipes for Beginners

Low Prep, No Fuss Meals and Snacks for an Easy Low Carb Lifestyle

Dana Carpender

Quick and Easy Low Carb Recipes for Beginners is the perfect starting point for your low-carb diet, offering a broad range of recipes full of the protein and flavor you want, but without the high carbohydrate count.

Summary

Make dieting fit into your life—not take it over—with these simple and delicious low-carb recipes that you will want to make again and again.

Reducing carbohydrates in your diet can help you **lose weight**, **manage health concerns** like heart disease and diabetes, and **just feel better** overall. Whether your diet of choice is paleo, keto, or low-carb, *Quick and Easy Low Carb Recipes for Beginners* gives your diet a jump start.

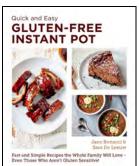
Find an abundance of flavorful recipes that will make you love your new low-carb life, including **low-carb options for favorites** like pizza, pasta, bread, desserts, and snacks. With **carb counts for every ingredient and recipe**, you will learn everything from how to transform classic spaghetti and meatballs into a low-carb delight to ways to spice up salads and add flavor to typically boring low-carb choices.

Your **non-dieting friends and family will love these recipes** just as much as you do, and as many become family favorites, your path to weight loss is made easier.

Quick, easy, affordable, and tasty recipes make this starter guide your key to sticking with a low-carb life,...

Contributor Bio

Dana Carpender (Bloomington, Indiana) is a pioneer of the low-carb movement and best-selling author of over 14 cookbooks, including *The New 500 Low-Carb Recipes*, 1001 Low-Carb Recipes, 500 Paleo Recipes, 15-Minute Low-Carb Recipes, The Low-Carb Diabetes Solution Cookbook, 200 Low-Carb, High-Fat Recipes, The Low-Carb Diabetes Solution, The Insulin Resistance Solution, 500 Ketogenic Recipes, and many



New Shoe Press 9780760383506 Pub Date: 1/24/23 \$14.99 USD/\$19.99 CAD Paperback

144 Pages color photos Carton Qty: 20 Cooking / Health & Healing CKB111000 Series: New Shoe Press 7.5 in Wdth | 9.3 in Lgth

Quick and Easy Gluten Free Instant Pot Cookbook

Fast and Simple Recipes the Whole Family Will Love - Even Those Who Aren't Gluten Sensitive! Jane Bonacci, Sara De Leeuw

Quick and Easy Gluten-Free Instant Pot offers an affordable resource for new Instant Pot users who need to accommodate a gluten-free diet for themselves or loved ones.

Summary

Cook delicious, gluten-free meals with ease in your Instant Pot.

If you are a new Instant Pot user who needs to follow a gluten-free diet due to celiac disease, gluten intolerance, wheat allergies, or other health reasons, this affordable, adapted version of Jane Bonacci and Sara De Leeuw's *The Gluten-Free Instant Pot Cookbook* is a rich resource for both **how to use your Instant Pot** and **tasty recipes that are completely free of gluten**.

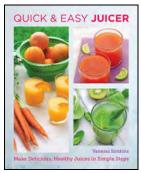
Quick and Easy Gluten-Free Instant Pot offers satisfying, nutritious recipes for any meal, including **breakfast**, **dinner**, **snacks**, and **desserts**. You will find **recipes that will please everyone**, even those who are not going gluten free—and you don't have to spend all day in the kitchen! Also included is an accessible guide to using an Instant Pot, including explanations of the display buttons, machine parts, pressure release, cooking times, cleaning, and more.

The recipes include:

- Yummy breakfast dishes like Creamy Poblano Frittata and Caribbean Breakfast Burritos
- Warming soups and stews such as Pumpkin Black Bean Chili
- Masterful mains like BBQ Baby Back Ribs a...

Contributor Bio

Jane Bonacci is a food writer, professional recipe developer, and editor. She is the creator, writer, and



New Shoe Press 9780760383780 Pub Date: 5/16/23 \$14.99 USD/\$19.99 CAD Paperback

160 Pages Carton Qty: 0 Cooking / Beverages CKB118000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb

Quick and Easy Juicer

Make Delicious, Healthy Juices in Simple Steps

Vanessa Simkins

Quick and Easy Juicer gives you the tools and instruction for making your own juices that are customized for your specific health needs.

Summary

Discover how to customize a juicing routine to your lifestyle and health needs with guidance and recipes that will leave you healthier, happier, more focused, and filled with vitality.

There are many reasons to make juicing your own delicious drinks part of your daily routine: juicing can help you **lose weight**, **optimize your nutrition**, **eliminate processed ingredients**, and make **on-the-go eating** a cinch.

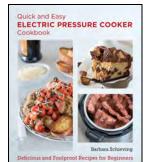
There are lots of ways to incorporate a juicing-filled diet into your lifestyle, and Quick and Easy Juicer covers all of them, making what seems complicated and time consuming as easy as can be.

This book covers:

- Why Juice? —Learn the basis of what juice can offer as part of your lifestyle and all the benefits that juicing your own ingredients can do for your health, both mentally and physically.
- **Practical information** about what kind of juicer will fit your specific needs best as well as lists of ingredients that you can include to amplify the benefits of your recipes, some of which you may never have thought of.
- Recipes, recipes, recipes with lots of tips on how to customize based on your o...

Contributor Bio

Vanessa Simkins is the founder, writer, and photographer behind All About Juicing: a website and newsletter



New Shoe Press 9780760383483 Pub Date: 1/24/23 \$14.99 USD/\$19.99 CAD Paperback

144 Pages color photos Carton Qty: 20 Cooking / Methods CKB129000 Series: New Shoe Press 7.5 in Wdth | 9.3 in Lgth

Quick and Easy Electric Pressure Cooker Cookbook

Delicious and Foolproof Recipes for Beginners

Barbara Schieving

The Quick and Easy Electric Pressure Cooker Cookbook is the ultimate guide on how to make delicious quickand-easy dinners.

Summary

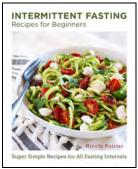
Make delicious meals in a fraction of the usual time using your electric pressure cooker, with clever shortcuts and 100+ family-friendly recipes from noted blogger Barbara Schieving (of PressureCookingToday.com).

The Quick and Easy Electric Pressure Cooker Cookbook, adapted from Barbara's best-selling Electric Pressure Cooker Cookbook, is **the ultimate quick-and-easy resource for getting the most from your electric pressure cooker**, no matter what brand you own. The recipes are big on flavor, imaginative in their variety, and easy to make, featuring fresh, natural, and nutritious ingredients.

If you're a busy parent or can't find time to make dinners after work, then you will love the **Shortcut Dinners** and **30-Minute Meals** sections. With the terrific weeknight meals on the fly, you'll also adore the **Sunday Suppers** perfect for special weekend gatherings.

Find recipes for every taste and diet:

- Robust meat and chicken dishes
- Vegetarian mains and sides
- Healthy breakfasts
- Tasty sandwiches, wraps, and tacos
- Soothing soups and stews



New Shoe Press 9780760383469 Pub Date: 1/10/23 \$16.99 USD/\$22.99 CAD Paperback

144 Pages color photos Carton Qty: 20 Health & Fitness / Diet & Nutrition HEA006000 Series: New Shoe Press

9.2 in H | 8.8 in W | 0.7 in T | 1.1 lb Wt

Intermittent Fasting Recipes for Beginners

Super Simple Recipes for All Fasting Intervals

Nicole Poirier

Intermittent Fasting Recipes for Beginners puts you on the fast track to intermittent fasting success with accessible guidance and 50+ recipes that are both delicious and nutritious.

Summary

Get a jump start to intermittent fasting (IF) with this accessible, flexible, and food-focused approach featuring over 50 satisfying recipes.

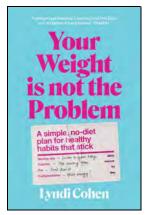
Adapted from Nicole Pourier's previously published *Intermittent Fasting Cookbook*, this absolute beginner's guide provides everything you need to safely and deliciously implement IF for **great results and long-term success**.

In *Intermittent Fasting Recipes for Beginners*, start your IF journey with a complete physiological overview of fasting and its many benefits. Then **explore the most common IF protocols**, including 16:8, one meal a day, alternate day fasting, 5:2, intuitive fasting, and extended fasting. An **FAQ section** addresses every question you have and tips on food journaling, meal planning, and mindfulness practices aid your success. **Using the included worksheet**, you can **customize your plan**, **set your goals**, and **measure your starting point**.

With your personalized IF plan in place, Nicole teaches you how to obtain the most nutrition in the reduced amount of time you have with colorful, natural, whole food ingredients, highlighting anti-inflammato...

Contributor Bio

Nicole Poirier is the creator of mindbodyketo.com. A special diets chef, wellness advocate, and writer, Nicole has been helping her clients and followers achieve their health goals without deprivation for years, using the Ketogenic diet and intermittent fasting. Her broad culinary repertoire and tasteful healthy cuisine has made her a sought-after chef for private clients and the who's who of Silicon Valley. Nicole resides in San Francisco.



Murdoch Books 9781922616494 Pub Date: 4/4/23 \$27.99 USD/\$35.99 CAD Paperback

304 Pages Carton Qty: 16 Self-Help / Eating Disorders & Body Image SEL014000

6 in Wdth | 9.2 in Lgth

Your Weight Is Not the Problem

A simple, no-diet plan for healthy habits that stick Lyndi Cohen

An evidence-based guide to breaking your fixation with weight, with simple strategies to make peace with your body and build healthy habits that actually matter.

Summary

Our constant fixation with losing weight is exhausting. We're stuck in a vicious diet cycle, gaining weight after each failed attempt and never feeling good enough.

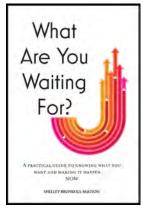
Diet culture and unattainable #bodygoals contribute to burnout, overwhelm and feeling out of control around food. It's time to embrace a new approach.

In Your Weight is not the Problem, nutritionist and dietitian Lyndi Cohen offers a simple plan to break free from the dieting trap with small, doable healthy habits you can stick to no matter how busy life gets. Her evidence-based strategies will help you find freedom with food and build a trusting, healthy relationship with your body. Because health and happiness aren't about having a perfectly flat stomach or a cellulite-free tush. They're about feeling comfortable in your skin and having the energy to do the things you love.

Liberate yourself from food guilt and self-blame with a new approach to health that doesn't rely on willpower or counting calories, because you can't live a full life on an empty stomach.

Contributor Bio

Lyndi Cohen is a nutritionist and dietitian who ditched diets after finally realising that it wasn't worth sacrificing 95 per cent of her life to weigh 5 per cent less. Known as the Nude Nutritionist for her honest, back-to-basics approach, she's built a dedicated following by calling out nutrition nonsense and promoting real health and body acceptance. She is the resident nutritionist on Channel 9's TODAY show, a columnist for *Mamamia* and host of the podcast *No Wellness Wankery*, and is a regularly featured expert on News.com.au, *Kidspot, body+soul, The Sydney Morning Herald* and elsewhere.



Chartwell Books 9780785842262 Pub Date: 2/21/23 \$16.99 USD/\$22.99 CAD Hardcover

168 Pages color illustrations Carton Qty: 32 Self-Help / Motivational & Inspirational SEL021000 6 in Wdth | 9.3 in Lgth

What Are You Waiting For?

A practical guide to knowing what you want and making it happen now Shelley Brunskill-Matson

Let go of waiting and inhibitions, and embrace the life you truly want with this practical, dynamic guide from an experienced life coach and psychologist in *What Are You Waiting For?*.

Summary

What Are You Waiting For? is a unique, impactful guide to living the life you want, right now.

Are you among the people from all walks of life who find themselves saying that they'll be able to chase their dreams "when they have more time," "when the kids grow up," "when the weather improves," and many more tenuous excuses? Shelley Brunskill-Matson challenges you to **stop waiting**, to **let go of whatever is holding you back**, and to **start living the life you want**.

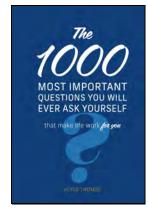
Features:

- A comprehensive, five-step process to help you be honest about what's really stopping you
- Motivational guotes
- Powerful coaching questions

With Brunskill-Matson's **revolutionary way of recharging your life**, you get out exactly what you put in. Following her structured steps will give you a better understanding of how to stop wasting time waiting. Practical, immediate, lucid, and fun, this book carries a life-changing punch above its weight, with distilled wisdom and new zing to **live your life without fear**.

Break the habit of waiting and cultivate a happier, more fulfilling life.

Contributor Bio



Chartwell Books 9780785842255 Pub Date: 2/21/23 \$16.99 USD/\$22.99 CAD Hardcover

248 Pages color illustrations Carton Qty: 32 Self-Help / Personal Growth SEL023000

5.4 in Wdth | 8.3 in Lqth

The 1,000 Most Important Questions You Will Ever Ask Yourself That make life work for you

Alyss Thomas

Discover the necessary principles to change your life with *The 1,000 Most Important Questions You Will Ever Ask Yourself*.

Summary

Create the life you always wanted with the thought-provoking guidance and informative questions in *The 1,000 Most Important Questions You Will Ever Ask Yourself*.

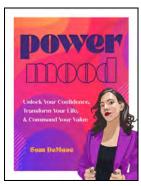
Fun to use and very easy to read, this book **gives you the necessary principles to change your life**. Experienced psychotherapist Alyss Thomas has closely observed what goes wrong in people's lives, and now she shows you how to apply the principles of psychology for positive change in your own life.

This book is based on a lifetime of research and **combines an understanding of** the best work in the fields of **personal development**, **psychotherapy**, **psychoanalysis**, and **psychology**. It provides **accessible steps** to apply to any situation in your life.

Each section of the book is laid out in a clear **quiz format** and is designed to help you **work on these key areas:**

- Personal values
- Anxiety and stress
- Confidence and self-esteem
- Joy, creativity, and happiness

The 1,000 Most Important Questions You Will Ever Ask Yourself hands you the tools to achieve the outcomes you really desire.



Rock Point 9781631069352 Pub Date: 4/18/23 \$22.99 USD/\$29.99 CAD Hardcover Paper over boards

208 Pages 20 color chapter openers Carton Qty: 24 Self-Help / Personal Growth SEL027000

8.8 in H | 6.3 in W | 0.9 in T | 1.3 lb Wt

Power Mood

Unlock Your Confidence, Transform Your Life & Command Your Value Sam DeMase

Prioritize a work/life balance with *Power Mood*, an empowering guide from TikTok's inspirational speaker, Sam DeMase.

Summary

Find a clear view of your own worth and be happy in your work—Power Mood can teach you how to do both.

You know that best friend who gives you the hard truth you need to hear, and the pep talk to pick you up when you're down? Take them, sprinkle some expert guidance on top, and you've got the essence of *Power Mood*. Being your own hype-girl in the work place is not an easy thing. It takes time and practice to **cultivate a courageous and optimistic mindset**.

When thinking about goals, if you want to obtain that work/life balance where you are satisfied in your personal life as well as your career, this is the guide for you. For ages both young and old, be empowered to **advocate for yourself with friends, family, and in relationships and work**. Learn practical tools to create the life you desire, exploring themes that include:

- Fighting imposter syndrome
- Embracing self-acceptance
- Rethinking conventional success
- Raising your standards
- Making your younger self proud

Whether it's climbing the corporate ladder or creating a plan to help you achieve your goals, *Power Mood* has got your back.



You Take Care

Lessons in looking after yourself; for every body

Laura Henshaw, Steph Claire Smith

A realistic guide to looking after yourself in your twenties and thirties, from founders of mega lifestyle brand Keep It Cleaner.

Summary

This is the book we wish we'd been given when we hit our twenties. It's not about perfection; it's a realistic guide to finding love for yourself in your day-to-day, inspired by the incredible experts we've met and the lessons they've taught us.'

When you hit your twenties and thirties, there's no blueprint for taking care of yourself while balancing all the things life throws at you. How do we become body confident in a world that focuses on our flaws? What's the secret to forging connections at work and at home while maintaining healthy boundaries? And how do we avoid falling prey to the anxieties and shame triggers that prevent us from experiencing joy? Add to that worrying about money and the bigger picture of our lives and it really can feel like too much.

Laura Henshaw and Steph Claire Smith are best friends and creators of the massive health and lifestyle brand Keep It Cleaner. *You Take Care* is their way of sharing their journeys with you - everything they've learnt about taking care of their mental health, bodies, and relationships with those around them, including thoughts on ...

Contributor Bio

Laura Henshaw and **Steph Claire Smith** are best friends, businesswomen and cofounders of global health and lifestyle brand Keep It Cleaner, but most of all giant supporters of each other. Their mission is to help other young women build confidence and embrace inner and outer health, regardless of size or shape. They are the authors of the bestselling *Girl's Guide to Kicking Goals* and *You Take Care*.

Australian model **Steph Claire Smith** shot to fame when leading health and fitness publications started sharing her love of (all) food, health and exercise. She gave up a life competing to be the skinniest in New York for a healthier balance back in Australia. Steph now has 1.3 million Instagram followers.

Murdoch Books 9781922616418 Pub Date: 2/28/23 \$27.99 USD/\$35.99 CAD Hardcover

256 Pages color photos Carton Qty: 16 Self-Help / Personal Growth SEL031000

9.1 in H | 6.7 in W | 2 lb Wt



Chartwell Books 9780785842866 Pub Date: 6/27/23 \$10.99 USD/\$14.99 CAD Paperback

128 Pages 120+ color illustrations Carton Qty: 0 Games & Activities / Colorina Books GAM019000 Series: Chartwell Coloring **Books**

8.5 in Wdth | 9.5 in Lgth

Be Relaxed and Color

Channel Your Stress into a Mindful, Creative Activity

Editors of Chartwell Books

Be Relaxed and Color features more than 120 all-new gorgeous coloring templates for adults who are looking for creative ways to calm their anxiety. Shut off your worries and color your way back to relaxation.

Summary

This calming book offers over 120 soothing and unique coloring templates for grown-ups looking for creative activities to help ease their minds.

With the chaos of the world and our screen-centered lives, it can be difficult to unwind and relax. Mindful activities like coloring have proven to be calming for adults who need a little me-time. Be Relaxed and Color features stunning pages made to soothe your mind as your worries float away.

With brand new templates showcasing peaceful and comforting images—soothing nature imagery, meditative designs, peaceful patterns—you'll be able to channel your anxiety and stress and turn them into satisfying accomplishments. The designs are printed on quality paper so your coloring won't bleed through to the next page.

Shut off your worries and color your way back to relaxation. Have some fun while putting your mind into a peaceful and serene state. Instead of looking at a screen when you need some time to relax, Be Relaxed and Color offers a creative, relaxing alternative.

Also available: Be Calm and Color and Be Stress-Free and Color.

Contributor Bio

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, Chartwell Books publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music and music instruction, art instruction, transportation, and more.



Be Stress Free and Color

Channel Your Worries into a Comforting, Creative Activity

Editors of Chartwell Books

Be Stress Free and Color is a guided coloring book designed for adults who need some stress relief. Let the anxiety melt away and immerse yourself in a world of colors and patterns.

Summary

With 100+ gorgeous coloring templates, Be Stress Free and Color is the meditative way to relax after a hard day, before bed, or whenever you need a healthy, creative way to unwind.

Close your laptop and turn off your phone. Pick up a pencil, marker, or gel pen and begin to engage the imaginative centers of your brain. Your focus begins to improve. You disconnect from your anxious thoughts.

Let all the stress melt away as you color in designs that include:

- Mandalas
- Geometric Patterns
- Flora & Fauna
- Natural Patterns
- · Lines and Doodles
- Landscapes

Be Stress Free and Color is the perfect way to step back from the stress of everyday life, be creative, and relax!

Also available: Be Calm and Color; Be Grateful and Color

Chartwell Books 9780785842873 Pub Date: 6/27/23 \$10.99 USD/\$14.99 CAD **Paperback**

128 Pages color illustrations Carton Qty: 0 Games & Activities / Coloring Books GAM019000 Series: Chartwell Coloring

Books

9.5 in H | 8.5 in W | 1.1 lb Wt

Contributor Dia



Rock Point 9781631069109 Pub Date: 6/20/23 \$12.99 USD/\$17.99 CAD Paperback

128 Pages Carton Qty: 0 Games & Activities / Coloring Books GAM019000 8.5 in Wdth | 9.5 in Lgth

Sweet & Creepy Coloring

Over 60 Enchanting Images of Ghosts, Witches, and Cozy Haunted Places Kitty Willow

When you want a few minutes of amusing creativity, *Sweet & Creepy Coloring* offers illustrator Kitty Willow's unique black-and-white drawings of spooky scenes and characters, including bats, ghosts, cats, and mushrooms, for you to color.

Summary

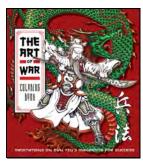
From the self-made illustrator and creator Kitty Willow (@wobblywillows) comes a collection of creepy and cute sketches that are perfect coloring activities for children and adults.

Experience cozy, magical, and witchy drawings for a delightful, creative, and indulgent me time. Sweet & Creepy Coloring contains over 60 adorable and slightly spooky black-and-white sketches that you can color, perfect for Halloween and suitable for all ages. Illustrations include mushrooms, bats, ghosts, ancient forests, cats, birds, potions bottles, crystals, and much more.

Soon you'll be hanging up your finished artwork, or mimicking the sketches into your own doodles. Who doesn't love a little sweet and creepy mixed together?

Contributor Bio

Kitty Willow is an illustrator from Somerset, UK. She started illustrating seriously at the end of 2020, and in May 2021, she started wobbly willows. Once she completed her Level 3 extended diploma in art and design, she started this small business and it's been her favorite thing ever since. She has worked continuously for months dedicating her time and care into building the business she runs today, shipping out lots of orders worldwide! Everything is designed, illustrated, and shipped out by Kitty, in supercute packaging. She loves creating products and is very passionate about creating art that is cozy, magical, and witchy but also affordable. You can find Kitty on Instagram (@wobblywillows), TikTok (@wobblywillowsart), and Facebook (Wobbly Willows).



The Art of War Coloring Book

Meditations on Sun Tzu's Manifesto for Success

Editors of Chartwell Books

The Art of War Coloring Book offers a wide range of military scenes and iconic images of ancient China for you to color and make your own.

Summary

Inspired by the oldest and best compendium of military science and competitive strategies, these 120+ pages invite you to channel your own power and success as you color them in.

Sun Tzu wrote his famous battle treatise in the sixth century BC for Ho Lu, the King of Wu. The story goes that the king was so impressed with *The Art of War* that he appointed Sun Tzu general. After that, Ho Lu's armies won major victories—while Sun Tzu's fame spread.

What can we learn from his book? Even though it was first written more than 2,000 years ago, *The Art of War* wasn't translated into English until the twentieth century. While translations differ, one thing they agree on is that rather than the nitty-gritty specifics about warfare, it is about *strategy and tactics*...**strategy and tactics** that are often now **applied to business, politics, and everyday life**.

Whether you're in business or politics—or somewhere entirely different—there's something for you in *The Art of War Coloring Book*. The **more than 120 gorgeous coloring templates** included here are all designed to not only help you get coloring but get...

Contributor Bio

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music and music instruction, art instruction, transportation, and more.

Chartwell Books 9780785842545 Pub Date: 5/9/23 \$10.99 USD/\$14.99 CAD Paperback

128 Pages 125 illustrations to color Carton Qty: 0 Games & Activities / Coloring Books GAM019000 Series: Chartwell Coloring Books

9.5 in H | 8.5 in W | 1 lb Wt



Walter Foster Publishing 9780760384930 Pub Date: 5/23/23 \$12.99 USD/\$17.99 CAD Paperback

96 Pages 80 illustrations Carton Qty: 0 Games & Activities / Coloring Books GAM019000 Series: Manga Coloring

11 in H | 8.5 in W | 1 lb Wt

Manga World Coloring

Color your way through cool original manga art!

Scott Harris

With Manga World Coloring, manga lovers can color in their favorite kind of art! This 96-page book contains awesome and adorable characters by artist Scott Harris, as well as patterned pages on the left-hand side for even more coloring!

Summary

Color in all kinds of cute and cool manga art—including fantasy characters, chibis, superheroes, and more—with this beautiful coloring book!

Manga World Coloring features:

- · Quality paper, which lets you color with your choice of colored pencils, crayons, markers, and more
- More than 30 coloring pages, including cute and cool characters and scenes
- One-sided coloring for display purposes and to avoid bleed-through
- Patterns on the back of each page for additional visual interest and more coloring if desired

Have fun coloring:

- Fantasy characters such as fairies and elves
- Cute chibi versions of traditional Japanese creatures such as kitsune (fox girls)
- Various human characters, warriors, and superheroes
- And much more!

A perfect choice for:



Walter Foster Publishing

Series: Manga Coloring 11 in H | 8.5 in W | 1 lb Wt

9780760384947 Pub Date: 5/23/23 \$12.99 USD/\$17.99 CAD

Paperback

96 Pages

80 illustrations

Carton Qty: 0 Games & Activities / Coloring Books GAM019000

Chibi World Coloring

Color your way through cute and cool chibi art!

Piuuvy

With *Chibi World Coloring*, manga chibi lovers can color in their favorite kind of art! This 96-page book contains awesome and adorable characters by artist Piuuvy, as well as patterned pages on the left-hand side for even more coloring!

Summary

Color in all kinds of cute and cool chibi art—including a kitsune fox, pop star, basketball player, and dragon—with this beautiful coloring book!

Chibi World Coloring features:

- Quality paper, which lets you color with your choice of colored pencils, crayons, markers, and more
- More than 30 coloring pages, including cute and cool characters and scenes
- One-sided printing for display purposes and to avoid bleed-through
- Patterns on the back of each page for additional visual interest and more coloring if desired

Have fun coloring:

- Adorable animals
- Chibi characters in various action poses
- Fantasy characters
- And much more!

A perfect choice for:

A pericet enoice for



Walter Foster Publishing 9780760384954 Pub Date: 5/23/23 \$12.99 USD/\$17.99 CAD Paperback

96 Pages 80 illustrations Carton Qty: 0 Games & Activities / Coloring Books GAM019000 Series: Manga Coloring 11 in H | 8.5 in W | 1 lb Wt

Kawaii World Coloring

Color your way through cute and cool kawaii art!

Ilaria Ranauro

With Kawaii World Coloring, lovers of the adorable can color in their favorite kind of art! This 96-page book contains cute chibi characters by artist Ilaria Ranauro, as well as patterned pages on the left-hand side for even more coloring!

Summary

Color in all kinds of cute and cool kawaii art—including a super-fluffy llama, a happy rainbow, a sweet and smiley donut, and more—with this beautiful coloring book!

Kawaii World Coloring features:

- Quality paper, which lets you color with your choice of colored pencils, crayons, markers, and more
- More than 30 coloring pages, including cute and cool characters and scenes
- One-sided coloring for display purposes and to avoid color bleed-through
- Patterns on the back of each page for additional visual interest and more coloring if desired

Have fun coloring:

- Fluffy and cute little animals
- Sweet and smiley and delicious-looking foods
- Delightfully perfect potted plants
- And much more adorable art!

A perfect choice for:



Walter Foster Publishing

9780760384961 Pub Date: 5/23/23 \$12.99 USD/\$17.99 CAD

Paperback

96 Pages

80 illustrations Carton Qty: 0

Games & Activities / Coloring Books GAM019000

Series: Manga Coloring 11 in H | 8.5 in W | 1 lb Wt

Manga Furries Coloring

Color your way through cute and cool manga furries art!

Talia Horsburgh

With Manga Furries Coloring, furry fans can color in their favorite kind of art! This 96-page book contains fantastic furry characters by artist Talia Horsburgh, as well as patterned pages on the left-hand side for even more coloring!

Summary

Color in all kinds of cute and cool manga furries—including a leopard man, bunny girl, fashionable sloth, and elegant mermaid—in this beautiful coloring book for all ages!

Manga Furries Coloring features:

- Quality paper, which lets you color with your choice of colored pencils, crayons, markers, and more
- More than 30 coloring pages, including cute and cool characters and scenes
- One-sided coloring for display purposes and to avoid bleed-through
- Patterns on the back of each page for additional visual interest and more coloring if desired

Have fun coloring:

- Kemonomimi, which are humans who possess animal-like features
- Kemono, which are largely animalistic
- Scalies, which are furries of the reptile and amphibian variety
- And much more!

A perfect choice for:



Chartwell Books 9780785842712 Pub Date: 6/20/23 \$29.99 USD/\$25.99 CAD

48 Pages color illustrations Carton Qty: 0 Games & Activities / Activity Books GAM020000

11 in Wdth | 11 in Lgth

Draw and Color Cute Chibis

Learn to Draw and Color Adorable Characters

Editors of Chartwell Books

Draw & Color Cute Chibis includes everything you need to learn to draw and color cute chibis, including a drawing guide, coloring book, and colored markers.

Summary

Get creative with the charming chibi characters in the *Draw & Color Cute Chibis* kit, which includes a coloring book, drawing instruction book, and 10 colored markers!

Chibi is a popular Japanese art style used all over the world featuring adorable characters with small bodies, proportionally large heads, and big, emotive eyes. **Now you can learn to draw and color your own sweet chibis!**

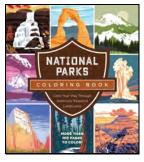
In the included drawing instruction book, *Cute Chibi Animals*, you will find **easy step-by-step tutorials** to guide you in creating cute chibi creatures.

Anime and chibi enthusiasts and those fond of cuddly animals will also enjoy the delightful *Cute Chibis Coloring Book*. It's packed full of **chibis with adorable facial expressions and poses for you to color and make your own**.

This kit includes:

- 48-page Drawing Instruction Book
- 48-page Coloring Book
- 10 Colored Markers

Whether you want to express your creativity or just love adorable characters, Draw & Color Cute Chibis offers



Chartwell Books 9780785842682

Paperback

128 Pages

GAM019000

Pub Date: 6/20/23 \$10.99 USD/\$14.99 CAD

color illustrations Carton Qty: 0 Games & Activities / Coloring Books

9.5 in H | 8.5 in W | 1.3 lb

National Parks Coloring Book

Color Your Way Through America's Treasured Landmarks

Editors of Chartwell Books

National Parks Coloring Book is a coloring tour of some of America's best-loved landscapes. From the lighthouse of Maine's Acadia National Park to the dramatic painted deserts of Utah's Zion National Park, this coloring book is the perfect activity for long car trips or armchair travel.

Summary

Take an awe-inspiring journey through some of the most treasured public lands in the USA with this stunning coloring book.

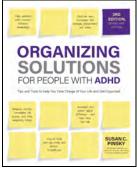
The **100+ coloring templates** included will inspire you to contemplate the glorious colors of the mountains, the deserts, the plains, and the seashore. From the dramatic waterfalls of Yosemite to the coral reefs of Florida, *National Parks Coloring Book* includes an astonishing variety of landscapes, including:

- The north woods of Isle Royale National Park
- The towering trees of Redwoods National Park
- The desert rock formations of Utah's Zion National Park
- The lava tunnels of Wind Cave National Park
- The sparkling waters and beaches of Virgin Islands National Park

Road trippers, RVers, and armchair travelers will find this book a colorful companion to any exploration of America's national parks.

Contributor Bio

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years,



Fair Winds Press 9780760381625 Pub Date: 5/30/23 \$28.99 USD/\$37.99 CAD Paperback

224 Pages Carton Qty: 0 House & Home / Cleaning, Caretaking & Organizing HOM019000

8 in Wdth | 10 in Lgth

Organizing Solutions for People with ADHD, 3rd Edition

Tips and Tools to Help You Take Charge of Your Life and Get Organized Susan Pinsky

A fully updated edition of the popular guide that has sold over 68,000 copies, *Organizing Solutions for People with ADHD, 3rd Edition* offers simple but effective strategies to get your life in order—and keep it that way.

Summary

Organizing Solutions for People with ADHD, 3rd Edition offers cutting-edge strategies for anyone who wants to improve their physical space, time management, and peace of mind.

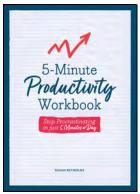
This revised and updated version also includes helpful assessments of the latest digital tools for organization and new research on the ADHD brain.

About 4.4% of the adult population—over 13 million Americans—have Attention Deficit Hyperactivity Disorder (ADHD.) Yet four out of every five are not even aware of it, and how it can affect their professional and personal lives if not managed well. Written by professional organizer Susan Pinsky, *Organizing Solutions for People with ADHD, 3rd Edition* outlines a practical life management approach that emphasizes easy maintenance techniques and maximum efficiency, catering to the specific needs of the ADHD population.

Divided into **two easy-to-read sections**, the first covering this **life-changing new method** and the second showing **how to implement it in each part of the home**, Susan's practical solutions address the most common organizing dilemmas among her ADHD clientele, wh...

Contributor Bio

Susan C. Pinsky is a top professional organizer and author of *Organizing Solutions for People with ADHD* and *The Fast-and-Furious 5 Step Organizing Solution*. She is a member of the National Association of Professional Organizers (NAPO), as well as NAPO New England. She lives in Acton, Massachusetts, with her husband and three children. You can find her online at organizationallyours.com.



Chartwell Books 9780785842057 Pub Date: 5/16/23 \$16.99 USD/\$22.99 CAD Paperback

192 Pages color illustrations Carton Qty: 0 Body, Mind & Spirit / Mindfulness & Meditation OCC010000 Series: Guided Workbooks 8.4 in H | 6 in W | 1 lb Wt

5-Minute Productivity Workbook

Stop Procrastinating in Just 5 Minutes a Day

Susan Reynolds

5-Minute Productivity Workbook offers more than 130 focused writing prompts and self-exploration exercises for overcoming procrastination in 5-minute increments.

Summary

Stop procrastinating, start accomplishing, and take charge of your life! This workbook's 130+ writing prompts and exercises will guide your way.

In a Franklin-Covey survey of more than 350,000 people at all organizational levels from around the world, respondents reported feeling that they are wasting 40% of their time. With the overwhelming omnipresence of email, the internet, and social media, **our attention is under unprecedented attack**. If you want to achieve anything beyond the minimal, it's more important than ever that you **learn how to focus your brain** on the task at hand, as well as how to **deep dive into plotting your future**.

5-Minute Productivity Workbook uses psychology, mindfulness, neuroscience, and other techniques to help you overcome procrastination and become more productive, both at the office and at home.

Designed to be completed in 5-minute increments, the writing prompts and exercises address:

- The key differences between "Where are you now?" and "Where do you want to be?"
- How and why you procrastinate
- The underlying causes of anxiety and how to confront them
- Developing p...

Contributor Bio

Susan Reynolds has written, co-authored, or edited more than 25 nonfiction books, primarily self-help books



Cool Springs Press 9780760382264 Pub Date: 7/11/23 \$25.00 USD/\$32.99 CAD Hardcover Paper over boards

192 Pages Carton Qty: 0 House & Home / Design & Construction HOM004000

8 in Wdth | 10 in Lgth

Barndominiums

Your Guide to a Perfect, Inexpensive Dream Home

Chris Peterson

In Barndominiums, you'll find guidance, inspiration, and design ideas to create your own beautiful, affordable home.

Summary

Plan your barn-conversion dream home guided by inspiring real-life examples and practical, cost-effective solutions.

Move over she sheds, the next innovation in real estate is a full-on house! That's right: the customizable and cost-efficient barndominum, **offering plenty of space** *and* **plenty of style**. In *Barndominiums*, author Chris Peterson, a three-decade veteran home improvement author, tours through barndos nationwide in search of the latest and greatest in barndominium living. Chapters include:

- Why a Barndominium: Learn all about the benefits of the barndominium, including its flexibility, easy design, cost-effectiveness, and more!
- **Barndominium Gallery:** Gain an inside look at barndominium interiors, exteriors, and even some sample floorplans.
- **Designing Your Own Barndominium:** Plan out your personalized dream home, including which materials you'll use, a design guide for specific rooms, and finalizing your plans. (Also, pros and cons to prefab vs. custom.)
- The Building Process: Your guide to every step of the construction process, including hiring a builder vs self-contracting, site...

Contributor Bio

Chris Peterson is a veteran home improvement and design author. Among the many books he has written are 5-Gallon Bucket Book, Building with Secondhand Stuff, Manskills, four books in the Ideas You Can Use series,



Cool Springs Press 9780760381168 Pub Date: 3/7/23 \$29.99 USD/\$39.99 CAD Paperback

256 Pages Carton Qty: 14 House & Home / Do-It-Yourself HOM005000 Series: Black & Decker Complete Photo Guide

12.2 in H | 8.3 in W | 0.7 in

T | 2.2 lb Wt

Black and Decker The Complete Guide to Bathrooms 6th Edition Beautiful Upgrades and Hardworking Improvements You Can Do Yourself

Editors of Cool Springs Press, Chris Peterson

BLACK+DECKER Complete Guide to Bathrooms 6th Edition brings together how-to projects, design advice, and photo inspiration to inspire your next remodel.

Summary

BLACK+DECKER Complete Guide to Bathrooms brings you design advice, how-to instructions, and all the facts you need to achieve the bathroom of your dreams.

This sixth edition of the perennial bestseller from the BLACK+DECKER Complete Guide series covers all the bases when it comes to bathroom remodeling. From **freshening up decor** to a **down-to-the-studs remodel**, all of the information you need to design the job and **do the work yourself** is right here. This new edition also features **smart home projects**, **from advanced toilets and add-on bidets to freestanding tubs**, **dimmable lights**, **and touchless faucets**.

Through **step-by-step photography and instructions**, you'll see how to update **lighting**, **ventilation**, **flooring**, **surfaces**, **cabinetry**, **toilets**, **bathtubs**, and **accessories**. This comprehensive buyer's guide takes you through one of the most important steps in any remodeling project, and a complete and up-to-the minute section on bathroom design provides education and inspiration.

It also includes information explaining how to remodel or re-imagine your bathroom to better meet the needs of aging in pl...

Contributor Bio

The Editors of Cool Springs Press have produced the highest quality DIY home improvement books for more than 30 years. In conjunction with the experts at BLACK+DECKER™ they have combined resources to create more than 200 home improvement titles that provide consumers and weekend DIYers with the information they need to get the job done right. Their books have set the standard for do-it-yourself publishing, featuring clear, professional photography and concise step-by-step instructions that get straight to the point. View our full



Cool Springs Press 9780760382189 Pub Date: 6/13/23 \$34.99 USD/\$45.99 CAD Paperback

240 Pages color photos Carton Qty: 0 House & Home / Outdoor & Recreational Areas HOM013000 Series: Black & Decker Complete Guide

10.9 in H | 8.3 in W | 2 lb Wt

Black and Decker The Complete Guide to DIY Greenhouses 3rd Edition Build Your Own Greenhouses, Hoophouses, Cold Frames & Greenhouse Accessories

Editors of Cool Springs Press, Chris Peterson

BLACK+DECKER The Complete Guide to DIY Greenhouses 3rd Edition contains building plans, information, and tips to help you build a new greenhouse that's perfect for your yard.

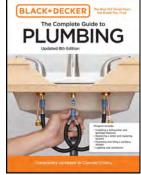
Summary

Design, build, and equip your very own greenhouse with the building plans and photo-illustrated step-by-step instructions in BLACK+DECKER The Complete Guide to DIY Greenhouses 3rd Edition.

A **start-to-finish book on building greenhouses** for the home gardener, this is the most complete book on DIY greenhouses you'll find anywhere. Featuring **full-color step-by-step photos** and **comprehensive how-to instructions**, the book features full plans for structures that are designed to extend the gardening season.

From ornate, **Victorian-style greenhouses** to **basic cold frames and simpler kits**, you're sure to find a project that meets your needs and fits your space. The projects include:

- DIY Gabled Greenhouse
- PVC Hoophouse
- Sun Porch Kit
- Shed-Style Greenhouse
- Old-Window Greenhouse
- Low-Maintenance Sunroom
- Companion projects, including a Cold Frame Box, Raised Planting Bed, Potting Bench, and Trellis Planter
- And more!



Cool Springs Press 9780760381144 Pub Date: 2/28/23 \$29.99 USD/\$39.99 CAD Paperback

288 Pages 800 color photos Carton Qty: 16 House & Home / Do-It-Yourself HOM014000 Series: Black & Decker Complete Photo Guide 8.3 in Wdth | 10.8 in Lqth

Black and Decker The Complete Guide to Plumbing Updated 8th Edition Completely Updated to Current Codes

Editors of Cool Springs Press, Chris Peterson

Up to date on all national codes, *BLACK+DECKER The Complete Guide to Plumbing Updated 8th Edition* is packed with complete how-to descriptions and photos for common plumbing projects.

Summary

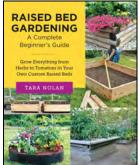
BLACK+DECKER The Complete Guide to Plumbing Updated 8th Edition is the most comprehensive, up-to-date book on achievable home plumbing projects for DIYers of all skill levels.

From fixing a toilet to installing and plumbing a vanity sink or curbless shower, this book has the answer to any home plumbing problem you're likely to have. Packed with clear color photos, illustrations, and easy-to-understand descriptions, the basics of home plumbing systems are clearly explained, and all of the most popular plumbing projects are shown with clear directions and art.

Projects include:

- Plumbing and tiling a curbless shower
- Installing a jetted spa
- Replacing a toilet
- Installing a dishwasher and garbage disposer
- Repairing faucets
- Accessibility projects that meet Universal Design standards
- Flooring
- Wallcoverings
- Lighting
- Ventilation
- Bathroom cabinetry

Get those **home projects you've been dreaming about** accomplished and **done right**, with a little help from the expects at BLACK+DECKED



Raised Bed Gardening: A Complete Beginners Guide Grow Everything from Herbs to Tomatoes in Your Own Custom Raised Beds Tara Nolan



Raised Bed Gardening: A Complete Beginner's Guide is an easy-to-follow A-to-Z guide with all the information you need to make your beds, create your soil, and select and grow your food.

Summary

Are you eager to step into vegetable gardening but don't know where to start? With this guide to the nearly foolproof raised-bed technique, you'll be growing your own organic food in no time.

Growing your own food is a satisfying experience as well as an investment that will pay you and the community back in a myriad of ways, including benefits for the earth, greater food security, and better health. But where do you start and what is the best way to approach creating a garden and growing food?

The raised bed gardening technique, used by successful food gardeners for centuries, is simple and can be done pretty much anywhere. Building beds allows you to bring in the right materials, which might not exist in your own environment, and grow your own food year-round, if you so choose—no matter where you live. So whether your outdoor space is big or small, raised beds are the best choice for your first vegetable garden. Some water and a little love and attention is all you need be successful.

In Raised Bed Gardening: A Complete Beginner's Guide, you will learn everything you need to know to ...

Contributor Bio

Tara Nolan, author of Raised Bed Revolution, is a garden writer and editor with a diverse background in publishing. Her work has appeared in the Toronto Star, as well as in magazines, including Reader's Digest and Canadian Living, and on websites, like Design*Sponge. Tara is a co-founder, with three other garden writers, of Savvy Gardening (savvygardening.com) and was the award-winning web editor of Canadian Gardening magazine's website (CanadianGardening.com) for six years. Tara does work for the Toronto Botanical Garden and the Canadian Garden Council, and volunteers for the Royal Botanical Garden. She is also a member of GWA: The Association for Garden Communicators. Tara resides in **Dundas, ON**.

New Shoe Press 9780760383681 Pub Date: 4/11/23 \$16.99 USD/\$22.99 CAD Paperback

160 Pages Carton Qty: 0 Gardening / Container GAR001000 Series: New Shoe Press 9.3 in H | 7.5 in W | 1.1 lb

VEGETABLE GARDENING for Beginners

Vegetable Gardening for Beginners

Learn to Grow Anything No Matter Where You Live

Daniel Johnson, Samantha Johnson

Vegetable Gardening for Beginners offers hands-on advice and tested techniques that will make your new garden flourish, whatever its size or location.

Summary

You can grow a thriving vegetable garden with confidence—just follow the easy and accessible instruction in Vegetable Gardening for Beginners.

The pride of biting into your first homegrown tomato of the season is unmatched, and even for experienced gardeners, the joy of eating and sharing something that you planted and nurtured never gets old. This abridged and affordable version of The Beginner's Guide to Vegetable Gardening gives you the confidence, knowledge, and skills to reap the rewards of gardening on whatever level you decide to invest in—from two containers on a porch to multiple raised beds. The instruction allows you to scale down or up and is relevant to gardening wherever you are in the world.

This beginner's guide gives you all the information and tips you need to decide:

- What kind of garden you want
- What types of vegetables you want to plant
- What varietals of vegetables are best for your situation
- How to get the most out of your soil
- How much to water
- What to plant next to what

Put all this advice together to yield the healthiest and most delicious plants! With lots of **trouble**...

Contributor Dia

Quarto Summer 2023 - Page 75

New Shoe Press 9780760383520 Pub Date: 2/7/23

\$12.99 USD/\$17.99 CAD Paperback 144 Pages color photos Carton Qty: 20

Gardening / Vegetables GAR025000 Series: New Shoe Press

9.3 in H | 7.5 in W | 1 lb Wt



Murdoch Books 9781922616456 Pub Date: 8/22/23 \$27.99 USD/\$35.99 CAD Paperback

264 Pages color photos Carton Qty: 0 Gardening / Urban & Community GAR028000

7.5 in Wdth | 10 in Lgth

The Compost Coach

Make compost, build soil and grow a regenerative garden - wherever you live! Kate Flood

Spin food waste and household carbon into garden gold, learn about how and why soil matters, and make climate activism an everyday mission, with compost coach Kate Flood.

Summary

The Compost Coach is a colourful, comprehensive and accessible guide to creating the very best compost AKA garden gold. Kate is on a mission to empower readers to understand the small steps they can take every day to look after the environment and live more sustainability.

The book is pitched at the home composter, including people who live in apartments and houses with or without gardens (yes, you can compost without a garden!). Kate helps the reader to rethink their waste management and teaches them how easy it is to divert food scraps and household carbon away from landfill. She unravels the technicalities of soil science, talks through the building blocks of a robust compost system and busts a few myths along the way. Charming illustrations, how-to photos, and Kate's warm, entertaining voice complete the package.

Contributor Bio

Kate Flood is happiest when she's teaching people about compost, reading about it, or elbow deep in the stuff. She's a compost nerd and sustainability educator, and she's on a mission to help others step-up their household waste management. From her home on the south coast of New South Wales, the teacher and mum of three busy dirt-babies spreads the word on 'garden gold' via Instagram, TikTok, and workshops for councils, community gardens and corporations. Kate has inspired her family, friends, and ever-growing online community to think about the small actions they can take daily to stem the climate crisis and make composting FUN!



Chartwell Books

9780785841067 Pub Date: 4/25/23

46 full-color photos Carton Qty: 8

32 Pages

Indoor GAR010000

T | 1.3 lb Wt

\$29.99 USD/\$39.99 CAD

Gardening / House Plants &

10.1 in H | 10.3 in W | 3.5 in

Make Your Own Terrarium Kit

Mini Gardens You Can Create at Home

Editors of Chartwell Books

If you've ever wanted to create your own terrarium but didn't know how to begin, *Make Your Own Terrarium Kit* has the starter components you need to create a lively and modern indoor landscape.

<u>Summary</u>

Create your own enchanting miniature ecosystem with the instruction and materials in this DIY terrarium kit—just add plants and your own creativity!

Maybe you've seen terrariums line the shelves of your favorite shop, their uniquely shaped jars showcasing a variety of plants. They look so lovely—and with good reason: building a terrarium is so much more than just plunking a few plants into a jar; it is actually designing a modern indoor garden under glass. And with *Make Your Own Terrarium Kit*, you can partake in this wonderful world of creating a natural, enclosed landscape.

Bring a bit of nature into your life with this kit, which includes:

- 32-page illustrated project book with all the terrarium basics, including how to pick the best plants to buy
- Acrylic vessel that's perfect for air plants, cacti, and succulents—and won't break!
- Moss stone to add visual interest
- Decorative pebbles
- Fine decorative sand
- Long-handled tweezers to help you place your objects just right

The beautiful thing about terrariums—aside from their appearance—is that they're relatively maintenance free. With step-by-ste...

Contributor Bio

Quarto Summer 2023 - Page 76



Chartwell Books 9780785841111 Pub Date: 4/25/23 \$29.99 USD/\$39.99 CAD

16 Pages 20 color illos Carton Qty: 0 Crafts & Hobbies / Models CRA020000

11 in Wdth | 11 in Lgth

Build Your Own Rocket

Design and Build Your Own Rocket to Soar into the Sky

Editors of Chartwell Books

Bring a little bit of space into your home with *Build Your Own Rocket* kit, which has everything you need to build your own model rocket that really launches!

Summary

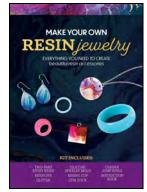
Enjoy hours of fun with this classic build-your-own kit, complete with rocket body, detonator, press-out parts, groovy design decals, and a full-color instruction book.

Well before Neil Armstrong set foot on the moon, people have been fascinated with space—whether it's the movements of the moon, sun, stars, and planets or the possibilities of what (or who!) they contain —incorporating celestial objects into their mythologies and art. No longer the stuff of science fiction, space (and space travel) continues to challenge our curiosity and our imagination to this day. But even with the advent of private missions to "zero gravity" and travel to Mars a distant possibility, being an astronaut is still out of reach for most of us. **So if you've ever had dreams of building your own rocket, here's your chance.**

The all-in-one *Build Your Own Rocket* kit is exciting to build, whether on your own or with your family, and will lift off flight after flight. Included in this kit is an **easy-to-follow instruction manual** for putting together not only the rocket body and boosters, nose cones, and fins, but ...

Contributor Bio

Publishing and supplying books to wholesalers, mail order companies, and retail stores for over 60 years, **Chartwell Books** publishes across a wide range of subjects, including history, craft, home reference, puzzles and games, music and music instruction, art instruction, transportation, and more.



Chartwell Books 9780785842323 Pub Date: 4/25/23 \$24.99 USD/\$32.99 CAD

16 Pages Carton Qty: 0 Crafts & Hobbies / Jewelry CRA014000

7.8 in Wdth | 10.8 in Lgth

Make Your Own Resin Jewelry

Everything You Need to Create Beautiful Resin Accessories

Editors of Chartwell Books

Make Your Own Resin Jewelry includes all the instructions and materials you need to create personalized resin jewelry, for yourself or to give as gifts.

Summary

Join the latest crafting trend with *Make Your Own Resin Jewelry*, a beginner-friendly kit with everything you need to get started.

Resin jewelry making can seem intimidating, but once you know the basics, the possibilities for customizing your creations are endless!

This kit provides easy step-by-step instructions and everything you need to get started. The **silicon mold includes 12 different pendant and earring shapes**, and the **instruction guide** provides ideas for a variety of projects.

This kit includes:

- 2-part epoxy resin (60ml/2 fl oz)
- Silicone jewelry mold
- Resin dye (3ml/0.1 fl oz)
- Glitter
- Mixing cup
- Stir stick
- Necklace chain
- Jump rings
- 16-page instruction book



Chartwell Books 9780785842828 Pub Date: 8/29/23 \$19.99 USD/\$25.99 CAD

16 Pages Carton Qty: 0 Games & Activities / Juggling GAM022000 5 in Wdth | 7 in Lqth

Juggling

Learn to Toss, Catch, and Bounce in Just Minutes a Day

Editors of Chartwell Books

Juggling will take you through the journey of mastering the fun and addictive art of juggling. Featuring all the tools you will need—three colorful balls and a 16-page illustrated instruction book—the kit will lead you from the basics all the way through to performance of this entertaining and engag...

Summary

Juggling is FUN FOR ALL AGES—whether you're 17 or 70! Learn the basics—plus some fancier moves—with this juggling set.

This friendly **beginner's guide to juggling** teaches all the essentials, including hand-eye coordination and fine-motor skills. Once you're juggling, **you'll be the life of any gathering!**

Juggling set features:

- 3 multi-colored juggling balls (pellet filled so they don't roll away)
- 16-page fully illustrated instruction book with step-by-step instructions

Starting with a little bit of history and a little bit of science, the instruction book then **teaches basic hand-eye coordination movement with scarf juggling**. From there, it teaches the cascade, or the **basic three-ball juggling pattern**. With **step-by-step illustrated practice**, including the Scoop and Release and the Throw and Drop, you will progress from juggling 1 ball to 3 in no time.

Jugglers have been throwing and catching things throughout time. Before there were unicycling vaudevillians and medieval court jesters, there were jugglers in the ancient worlds of Greece, Rome, Egypt, and China. Now you can join this internat...

Cantullantan Dia



Chartwell Books 9780785842842 Pub Date: 8/29/23 \$19.99 USD/\$25.99 CAD

32 Pages Carton Qty: 0 Music / Instruction & Study MUS040000

5 in Wdth | 7 in Lgth

Harmonica

Learn to Play in Just Minutes a Day

Editors of Chartwell Books

Learn to play a truly classic wind instrument with *Harmonica: Learn to Play in Just Minutes a Day*, an all-in-one kit that comes complete with your own harmonica, carrying case, cleaning cloth, and an easy-to-follow lesson book.

Summary

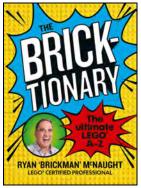
Learn to play the harmonica with this all-in-one kit! *Harmonica: Learn to Play in Just Minutes a Day* comes with step-by-step lessons and your own harmonica.

Did you know that President Jimmy Carter once shared the stage with Willie Nelson and B.B. King to showcase his harmonica skills? Mainstream acts like Bruce Springsteen, Steven Tyler, Alanis Morissette, Mick Jagger, Bob Dylan, John Popper, and Shakira have also displayed their harmonica handiness on stage (to name just a few). Here's **your chance to join their ranks and play harmonica** with local musicians, by yourself for the love of music, or join the next World Record attempt for largest harmonica ensemble (that would be 6,132—including you). *Harmonica: Learn to Play in Just Minutes a Day* gives you **everything you need to learn to play** this fantastic wind instrument, and **learn quickly**. The **photographs, illustrations, and diagrams make the learning process simple and fun** for beginners.

This all-inclusive instructional kit come with:

- 10-hole diatonic harmonica
- 32-page lesson booklet
- Carrying case
- Cleaning cloth

Designed for the begin...



Murdoch Books 9781911668442 Pub Date: 3/28/23 \$32.99 USD/\$45.00 CAD Paperback

352 Pages color photos Carton Qty: 14 Crafts & Hobbies / Models CRA020000

6.7 in Wdth | 9.1 in Lgth

The Bricktionary Brickman's ultimate LEGO A-Z

Ryan McNaught

A comprehensive A-Z of creative builds and insider tips, from the star judge of the smash-hit TV show Lego® Masters Australia.

Summary

"I enjoyed reading this more than the real dictionary. Turns out there's an actual name for that little piece with a handle on it and the medium-sized circle-y one!' - HAMISH BLAKE

Welcome to the most comprehensive A-Z of creative builds and insider tips ever, each carefully selected by Brickman himself.

Discover ingenious ideas for your next build, from Aliens to Zebras and everything in between, curated by the star judge of the smash-hit TV show LEGO Masters Australia. Take your builds to the next level with expert pro-techniques, and become fluent in LEGO language with definitions of LEGO terms throughout.

Whether you're an AFoL (adult fan of LEGO) or a KFoL (kid fan of LEGO), starting small or aiming high, *The Bricktionary* will fast become the indispensable companion to any LEGO collection.

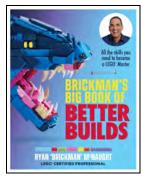
- Design challenges
- LEGO terms explained
- Pro techniques
- LEGO guessing game

What are you going to build today?

Brickman's Big Book of Better Builds
All the skills you need to become a LEGO® Master

Contributor Bio

Ryan 'Brickman' McNaught is one of the world's foremost LEGO® experts. The southern hemisphere's only



C....

Ryan McNaught

LEGO creation ever.

Summary

What are the insider tricks and secret skills that make a LEGO® Certified Professional's builds so awe-inspiring? How do you show action, intrigue and drama? How do you make your build move, glow - or even explode?

Learn to build like Brickman - in-depth skills, techniques and know-how so you can build your most impressive

Murdoch Books 9781911668589 Pub Date: 3/28/23 \$30.00 USD/\$40.00 CAD Paperback

304 Pages color photos Carton Qty: 12 Crafts & Hobbies / Models CRA020000

8.3 in Wdth | 10.2 in Lgth

This comprehensive, behind-the-scenes guide from the star judge of LEGO Masters Australia shows you how to scope any LEGO project, large or small. All the key skills are covered - from settling on a design, prototyping and considering size, scale and structure, to harnessing pro techniques like SNOT (studs-not-on-top) and

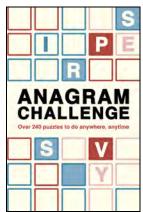
Packed with fascinating insider tips and illustrated examples of each skill, and featuring one of Brickman's own builds as a case study to reinforce the key techniques, this book is a backstage pass to your most impressive LEGO creation yet.

"If I had a copy of this book when I started out, it would have saved me learning the hard way!" Ryan McNaught, Brickman

'jumping off the grid', as well as adding awesome action features that will bring your build to life.

Contributor Bio

Ryan 'Brickman' McNaught is one of the world's foremost LEGO® experts. The southern hemisphere's only LEGO Certified Professional, he is the judge of the smash-hit family TV show *LEGO Masters Australia*. When he is not judging LEGO competitions onscreen, Ryan builds and oversees the construction of extraordinary LEGO models for exhibitions and displays that tour the globe.



Ivy Press 9780711287006 Pub Date: 4/25/23 \$9.99 USD/\$12.99 CAD Paperback

256 Pages 240 anagram puzzles Carton Qty: 0 Games & Activities / Puzzles GAM007000 Series: Puzzle Challenge 7.8 in Wdth | 5.1 in Lgth

Anagram Challenge

Over 240 puzzles to do anywhere, anytime

Roland Hall

Anagram Challenge presents a unique collection of word hunt puzzles to do anytime, anywhere, perfect for those who want to take their wordling skills to the next level.

Summary

Do you love crosswords and word games like Wordle? Do you want to test your skills with a unique word game? If you do, then you will love this collection of anagram puzzles ideal for you to do anytime, anywhere.

Use the central shaded letter, and ring of letters to complete that target 4-, 5-, 6- and 7-word answers. Other words are possible, but they will be treated as 'bonus words' if they aren't in the answers but they are in a dictionary. Unique, fun, and interactive this collection of brain-teasing puzzles, can be played offline and will keep you entertained for hours and hours.

These **mind-melting puzzles** are graded from Easy to Extreme. Puzzlers must guess what the correct word is, deducing from previous words in the grid what letters go where. A clue means there is **only one correct solution to each puzzle**, and answers can be found at the back of the book.

Whether you are looking for puzzle practiceto train your brain, or seeking a screen-free offline alternative to online puzzles, or a word hunt challenge like no other this collection will have you enthralled.

Contributor Bio

Roland Hall worked as a Commissioning Editor in puzzle books for a number of years. He was responsible for book publishing with many bestselling puzzle brands, including Mensa, The Puzzler and Take A Break, and devised a number of highly popular themed puzzle books and packs on subjects as diverse as Sherlock Holmes.



New Shoe Press 9780760383704

Pub Date: 4/4/23

Paperback 160 Pages

Carton Otv: 0

GAM006000

\$16.99 USD/\$19.99 CAD

Games & Activities / Magic

Series: New Shoe Press

9.3 in H | 7.5 in W | 1.1 lb

Impress Your Friends with Simple to Learn Magic that Anyone Can Do Bryan Miles

Amazing Magic Tricks for Beginners

Amazing Magic Tricks for Beginners guides magic enthusiasts of all ages through the foundations of creating magic with easy-to-master tricks and illusions.

Summary

With a little practice and this beginner's guide, you will quickly be amazing your friends and family with your new sleight-of-hand craft.

Being an accomplished magician definitely takes practice, but it starts with the right instruction. Amazing Magic Tricks for Beginners offers just the right level of foundational guidance in easy-to-follow, illustrated, step-by-step instruction. Whether it's cards, coins, or magic boxes and hats, even the most inexperienced magic enthusiasts will be able to access the **insider magic tips** and **performance advice** taught in this book.

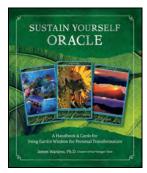
Professional magician Bryan Miles from the world-renowned School of Magic presents:

- A guide to all the tools you will need to do everything from a simple card trick to tricks that use multiple props to execute
- The practical elements for executing a wide array of tricks, starting with the basics and including fresh takes on traditional tricks
- Performance skills such as distraction, sleight of hand, storytelling, and pace, which are the key to executing a convincing magic trick

Amazing Magic Tricks for Beginners will give you t...

Contributor Bio

Bryan Miles is an award-winning and internationally acclaimed magician. His mind-blowing shows have taken



Fair Winds Press 9780760381724 Pub Date: 4/11/23 \$30.00 USD/\$40.00 CAD Kit

160 Pages Carton Qty: 0 Body, Mind & Spirit / Divination OCC008000

9.3 in H | 7.9 in W | 3 lb Wt

Sustain Yourself Oracle

A Handbook & Cards for Using Earth's Wisdom for Personal Transformation James Wanless

The Sustain Yourself Oracle cards and handbook set is the newest oracle deck creation from best-selling Voyager Tarot author, James Wanless.

Summary

Tap into Earth's wisdom to live more sustainably with her guided by this oracle deck and handbook set from James Wanless, creator of the best-selling *Voyager Tarot*.

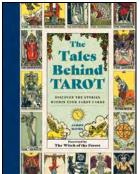
The exigencies of life in the 21st century—pandemics, environmental crisis, overpopulation, and fewer resources—have made sustainability the holy grail of our lives today. We must **follow Earth's wisdom and live in concert with her natural cycles** if we are to survive and thrive.

Accompanied by a 160-page handbook, the Sustain Yourself Oracle set includes 101 cards featuring:

- Stunning collage images of nature, the elements, and the animal kingdom encompassing all life on Earth—flora, fauna, minerals, and human conditions—all in kaleidoscopic array.
- Aspects of daily life, states of being, natural vistas, and astronomical phenomena that speak to the need to care for the planet as well as the self.
- Every theme, from cooperation, diversity, evolution, transformation, birth, aging, and death to the cycles of creation and destruction, with oracle cards for Darkness, Nothing, Creative Chaos, Wildness, and Imagination, and so much mo...

Contributor Bio

James Wanless, PhD, is a pioneer of new thinking for organizational and personal transformation, motivation, and empowerment. He received his doctorate in political science from Columbia University in 1972. He is an internationally recognized and best-selling author, keynote speaker, futurist, and consultant. An internationally



The Tales Behind Tarot

Discover the stories within your tarot cards

Alison Davies, Lindsay Squire

Dive into the mysterious, illuminating world of *The Tales Behind Tarot*. In an introduction to the tarot unlike any other, join storyteller, tarot reader and teacher, Alison Davies, and read 78 unforgettable tales behind all the cards in the modern tarot deck.

Summary

In an introduction to the tarot unlike any other, join storyteller, tarot reader and teacher, Alison Davies, and read 78 unforgettable tales behind all the cards in the modern tarot deck.

Every tarot card has a story to tell and is rich in symbolic meaning. In this gorgeous book for aspiring and experienced tarot readers alike, expert practitioner Alison Davies brings the stories of the cards alive.

With **key words and themes** to help you understand the meanings of the cards, use this storybook as a tool to learn the tarot, or **take your tarot readings to the next level.**

Follow The Fool on his journey through the Major Arcana as he travels down the path of life, meeting iconic characters along the way such as **The Magician**, **The Hermit**, **Death**, and **The High Priestess**. Follow the stories of the four suits in the Minor Arcana, and watch three sisters rise to power in the **Suit of Pentacles**, and a world-changing idea is born in the **Suit of Wands**.

Stories give us context, context gives us knowledge, and knowledge is empowerment. **Enhance your tarot practice**, and learn to **understand**, **decode**, and **ap**...

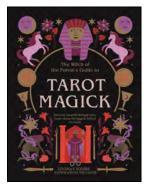
Contributor Bio

Alison Davies lives in Norwich, and runs workshops at universities throughout the UK showing academics, students and early years practitioners how stories and narratives can be used as tools for teaching, healing and learning.

Leaping Hare Press 9780711280663 Pub Date: 5/23/23 \$29.00 USD/\$38.00 CAD Hardcover

224 Pages 78 Carton Qty: 0 Body, Mind & Spirit / Divination OCC024000

9.1 in H | 6.7 in W



Leaping Hare Press 9780711280649 Pub Date: 6/13/23 \$20.00 USD/\$25.00 CAD Paperback

176 Pages 80 Carton Qty: 0 Body, Mind & Spirit / Divination OCC024000 Series: The Witch of the Forest's Guide to...

8.3 in H I 6.3 in W

Tarot Magick

Discover yourself through tarot. Learn about the magick behind the cards.

Lindsay Squire, Viki Lester

In the fourth and final instalment in 'The Witch of the Forest's Guide to...' series, explore the powerful world of *Tarot Magick*, and discover how you can use the power of tarot and witchcraft to boost your wellbeing.

Summary

In the fourth and final instalment in 'The Witch of the Forest's Guide to...' series, explore the magickal and powerful world of tarot.

The world of tarot cards is swirling with rich meaning, symbolism and secrets waiting to reveal themselves. Whether you're new to witchcraft, tarot, or both, this **beginner's guide to tarot magick** is for you!

Including **stunning illustrations** from The Witch of the Forest's very own Tarot Magick deck (illustrated by Viki Lester of Forensics and Flowers), and **brimming with easy-to-learn information**, explore the **in-depth meanings and symbolism** of every card, develop your intuitive tarot skills, and **improve your wellness practice** through the power of witchcraft and tarot.

Learn how to:

- Interpret all 78 cards in the modern tarot deck,
- Understand the difference between the 'Major' and 'Arcana' cards, including the difference between a pentacle, wand, sword and cup card,
- Note the importance of the **element, zodiac signs** and **planet** in astrology associated with each card
- Explore the significance of numerology in tarot,
- Practice a tarot 'spread' and give yourself a tarot...

Contributor Bio

Lindsay Squire aka **The Witch of the Forest** is a practitioner of eclectic Witchcraft and is the Witch behind



The Witch of the Forest's Tarot Magick Deck

A 78 card deck and guidebook

Lindsay Squire, Viki Lester

From the author and illustrator of the bestselling *The Witch of the Forest's Guide to...* series, the *Tarot Magick Deck* is the ultimate tarot deck for modern mystics.

Summary

The Witch of the Forest proudly presents the Tarot Magick Deck!

Stunningly illustrated by Viki Lester of Forensics and Flowers, and based on The Witch of the Forest's years of experience as a tarot practitioner, this gorgeous deck of 78 tarot cards is a staple for beginner and experienced tarot readers, as well as tarot collectors.

This deck includes:

- 78 tarot cards
- A booklet that includes a brief description of the meaning of each card, and some sample tarot spreads

Use your cards alongside the *Witch of the Forest's Guide to Tarot Magick* book for a more in-depth look into the meanings of each card, or simply use the deck by itself with the aid of the booklet for a **quick and beginner-friendly reading.**

A sparkling, vibrant tarot deck with **beautiful gold finishes** and stylish design based off of the classic Rider-Waite-Smith system, this expertly made and easy to decode tarot deck is perfect first deck for modern witches.

Contributor Bio

Lindsay Squire aka **The Witch of the Forest** is a practitioner of eclectic Witchcraft and is the Witch behind the popular Instagram account, @thewitchoftheforest. She has been walking her own spiritual path for over a decade, and is passionate about helping and empowering Witches at the beginning of their Witchcraft journeys.

Leaping Hare Press 9780711281035 Pub Date: 6/20/23 \$36.00 USD/\$48.00 CAD Kit

64 Pages
79
Carton Qty: 0
Body, Mind & Spirit /
Divination
OCC024000
Series: The Witch of the
Forest's Guide to...
4.7 in H | 3 in W | 0.7 lb Wt



Rock Point 9781631069475 Pub Date: 8/1/23 \$24.99 USD/\$32.99 CAD

64 Pages 78 Carton Qty: 0 Body, Mind & Spirit / Divination OCC024000 5.4 in Wdth | 3.4 in Lgth

Cute Chibi Tarot

Understanding Tarot with the Chibi Universe

Yoa



Consult a chibi-inspired 78-card tarot deck and guidebook to reveal your past, present, and future with *Cute Chibi Tarot*.

Summary

Cute Chibi Tarot is bring all things adorable and cute to tarot and fortune-telling.

With all Major and Minor Arcana, *Cute Chibi Tarot* is a the cutest addition to your tarot collection! Explore the past, present, and future with this beautifully illustrated tarot deck and find out what awaits you.

Including the Empress, Fool, and traditional tarot archetypes, this vibrant tarot deck is making it easy and fun to find what matters most to you. *Cute Chibi Tarot* is inspired by the classic Rider-Waite illustrations and comes with a beautifully designed step-by-step guidebook.

Follow your guide and find your past, present, and future with this adorable tarot deck!

Contributor Bio

Yoai is a **Toronto-based** anime artist with a worldwide fan base and popular accounts on Instagram, Twitter, Tumblr, Deviantart, and YouTube under the handle @yoaihime. She is the author of *Chibi Art Class* and *Anime Art Class*.



Leaping Hare Press 9780711281059 Pub Date: 7/25/23 \$20.00 USD/\$25.00 CAD

144 Pages 100 Carton Qty: 0 Body, Mind & Spirit / Witchcraft OCC026000 6 in Wdth | 7.9 in Lgth

Hardcover

Self-Love Potions

Herbal recipes & rituals to make you fall in love with YOU

Valeria Kapusta, Marie-Noël Dumont

Perfect for witches and modern mystics, *Self-Love Potions* is magical book of rituals and recipes will help you take your self-care game to new heights!

Summary

This is a beautiful book filled with stunning illustrations, rituals and potions to help you boost wellbeing and fall in love with yourself through the power of magick!

Self-Love Potions is **bursting with glorious herbal recipes and rituals** to help you make the most of your me time. **You deserve it!**

Beautiful illustrations can be found throughout this **sumptuous title**, which is packed with ideas from talented moon witch **Valeria Kapusta (@cosmicvaleria)** to help you mindfully explore your craft.

With recipes ranging from **teas**, **tinctures**, **oils** and **tonics**, to **bath mixes** and **fragrances**, it is the the **perfect gift** to give, either to yourself or a loved one!

Recipes include:

- Heart-soothing lilac-infused honey to ease heartbreak,
- Energy cleansing empath bath,
- Thyme infusions for courage and self-confidence
- Dandelion bath salt for inner joy
- Floral hair rinse to remove creative blocks
- Violet infused sugar to sweeten gloomy days

Develop your self-love practice, enhance your wellbeing, and connect with yourself and nature with this



Rock Point 9781631069550 Pub Date: 8/8/23 \$19.99 USD/\$25.99 CAD Hardcover Paper over boards

160 Pages 100 color photos Carton Qty: 0 Body, Mind & Spirit / Magick Studies OCC028000 5.7 in Wdth | 7.7 in Lqth

Cat Magick

Harness the Powers of Felines through History, Behaviors, and Familiars

Rieka Moonsong

Explore the magical qualities of your feline friends with Cat Magick through history, folklore, and myths.

Summary

Explore the magical qualities of our feline friends through history, folklore, and myths with *Cat Magick*.

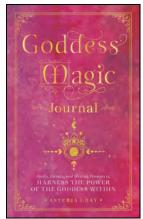
Follow along with practicing witch Reika Moonsong as she instructs you on how to attract and identify a familiar. With two feline familiars of her own, Reika delves into:

- The magical role of cats as familiars and how to connect and strengthen your relationship with them.
- Different breeds, colorings, and behavioral characteristics of cats and how these affect your partnership.
- How to safely work with a familiar in your practices using discarded parts of your feline friend like shed whiskers, claws, and fur.

Find and connect with your feline familiar through spells and rituals guided by a seasoned practitioner.

Contributor Bio

Rieka Moonsong is a Wiccan high priestess and mesa-carrying, Andean-trained shaman. She has made it her life's work to assist others in healing, transforming, and better understanding their true purpose. She offers one-on-one consultations that bring balance and clarity in times of indecision or confusion. Her services include divination, healing, soul work, and more. Her popular Instagram account is @justamountainwitch. She lives in Denver, Colorado.



Wellfleet Press

160 Pages

Carton Qty: 0 Body, Mind & Spirit / Goddess Worship

OCC036050

9781577153405 Pub Date: 8/22/23 \$16.99 USD/\$22.99 CAD Hardcover Paper over boards

100+ color illustrations

Series: Mystical Handbook 5.5 in Wdth | 8.3 in Lgth meaningrui c

Goddess Magic Journal

Spells, Rituals, and Writing Prompts to Harness the Power of the Goddess Within Asteria Gray

Goddess Magic Journal is an interactive journal featuring rituals, altars, and writing prompts to make meaningful connections to the best-known, most powerful goddesses from a variety of cultures.

Summary

Channel the divine power of the most revered goddesses from a variety of cultures with the rituals, altars, and writing prompts found in this magical journal.

Goddesses, both new and old, will help you raise your awareness to a higher plane when you seek their favor. This journal helps you **connect with divine power** while also helping you find your patron deity of choice. Grow in your own power and all the mystical beings around you.

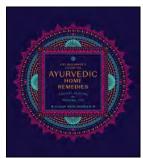
The Goddess Magic Journal will help you learn:

- Spells and rituals connected with major goddesses such as Hecate, Yemaya, and Kamala
- Offerings, symbols, and rituals that will draw down the power of the goddess
- Guidance for how to recognize and record the results of your spellwork using divine magic

A journal full of divine wisdom and places to write and reflect, this invaluable tool will help you hone and practice your craft.

The Mystical Handbook series from Wellfleet takes you on a magical journey through the wonderful world of spellcraft and spellcasting. Explore a new practice with each volume and learn how to incorporate spells, rituals, blessings, and clea...

Contributor Rio



Fair Winds Press 9780760382059 Pub Date: 7/4/23 \$26.99 USD/\$35.99 CAD Paperback

192 Pages Carton Qty: 0 Body, Mind & Spirit / Ayurveda OCC044000 9 in H | 8 in W | 1.5 lb Wt

The Beginner's Guide to Ayurvedic Home Remedies Ancient Healing for Modern Life

Susan Weis-Bohlen

The Beginner's Guide to Ayurvedic Home Remedies is a much-needed westernized guide to Ayurvedic remedies that addresses 21st century health concerns, including colds and flu, digestive disorders such as IBS, arthritis, menopause, immunity, and aging well.

Summary

The Beginner's Guide to Ayurvedic Remedies is a modernized and accessible guide to this ancient system of health and well-being.

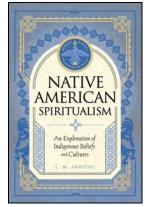
Ayurveda is the oldest medical system in the world. It has been used for over 5,000 years. Yet, for all of its incredible healing wisdom, it can often seem complicated or hard to translate for today's audience. Free from esoteric information that you don't want or need, this guide gives you **simplified**, **need-to-know information on finding your dosha and the best ayurvedic approach for you**.

The Beginner's Guide to Ayurvedic Home Remedies includes practical remedies for the most common modern ailments/health concerns, including immunity, quality sleep, hormone balance, pain relief, longevity, and aging well.

Each remedy gives a three-part action plan of herbal remedies, food, and lifestyle practices to restore balance:

- Struggling with pain? Eating an anti-inflammatory diet, taking turmeric root, and incorporating Vata-reducing practices may bring relief.
- Fighting off a cold? Licorice root tea can help thin mucus while supportive yoga poses open up the chest and ai...

Contributor Dio



Wellfleet Press 9781577153580 Pub Date: 8/8/23 \$16.99 USD/\$22.99 CAD Hardcover Paper over boards

168 Pages 100+ Carton Qty: 0 Religion / Indigenous, Folk & Tribal REL029000 Series: Mystic Traditions 8.4 in H | 5.5 in W | 1.2 lb

Native American Spiritualism

An Exploration of Indigenous Beliefs and Cultures

L. M. Arroyo

Native American Spiritualism is a comprehensive guide to the spiritual practices, legends, and traditions of various Indigenous tribes throughout the North American continent.

Summary

Explore the spiritual practices, legends, and traditions of various Indigenous tribes throughout the North American continent.

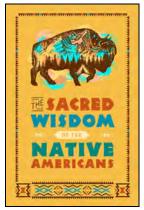
The Indigenous peoples of North America have followed a wide variety of spiritual traditions, many of which have been carried on to present day. *Native American Spiritualism* offers **powerful insight** into the origins and practices of Indigenous American spirituality with **a multiplicity of spells, rituals, folklore, and myths**. Expand your vision of spirituality as you explore:

- Widespread indigenous spiritual traditions from across North America
- Selected histories, myths, and legends that inform and enrich these traditions
- Rituals, meditations, and other practices that can strengthen your spiritual life and help you live in a more conscious relationship with the earth

As with every title in the Mystic Traditions series, *Native American Spiritualism* is a celebration of a unique and beautiful culture. As such, the subject matter and content has been treated with the utmost care and respect to ensure an accurate and reverent presentation that is accessible to a variety...

Contributor Bio

L. M. Arroyo is a New York City-based writer and reporter whose work includes service journalism, essays, news coverage, and crafting copy. She especially enjoys doing research-based deep dives into various cultural subjects, historical themes, literature, and more.



Chartwell Books 9780785842309 Pub Date: 2/7/23 \$16.99 USD/\$22.99 CAD Hardcover

320 Pages color photos Carton Qty: 14 History / Indigenous Peoples of the Americas HIS028000

9.6 in H | 6.4 in W | 1.3 in T | 2 lb Wt

The Sacred Wisdom of the Native Americans

Larry J. Zimmerman

Professor Larry J. Zimmerman explores Native American history, reverence of nature, colonization, and survival against odds in *The Sacred Wisdom of Native Americans*.

Summary

Through expert text and beautiful images, learn about the history of Native Americans and their profound appreciation of the cycles of nature and belief in the cosmic interconnectedness of all things.

In *The Sacred Wisdom of Native Americans*, Professor Larry J. Zimmerman tells the tragic tale of **their conquest and dispossession**, followed by their survival against the odds and **the renewal of pride** in a distinctive cultural heritage. Learn about **American Indian traditions** and the history behind them that create a unique Native American identity. **Their crafts and their reverence for the land** are also both described in detail—inspiring us to turn our thoughts to the natural world and our own place in it.

With gorgeous **full-color photographs and illustrations** of Native American people, monuments, land, and artifacts, this **320-page volume** also includes:

- A comprehensive list of the tribal names and their locations, including a map
- Inclusive information on heritage and culture as well as current issues
- Detailed information on rituals and sacraments

With expert knowledge and authoritativeness, Zimm...

Contributor Bio

With expert knowledge, Professor **Larry J. Zimmerman** combines panoramic scope with a wealth of detail in this landmark testimony to the Native American Peoples. He is a professor of Anthropology and the Public Scholar of Native American Representation at Indian University-Purdue University Indianapolis. He is the former chair of the American Indian and Native Studies program at the University of Iowa.



Write Away! Poetry

Guided Poetry Journal with 75+ Writing Prompts

Editors of Chartwell Books

Write Away! Poetry is a guided journal that offers more than 75 writing prompts to get you started on your poetry-writing journey.

Summary

Silence that inner critic and let your creative juices flow. Write Away! Poetry is a personal guided journal to help you explore poetry writing like never before.

This journal allows you to dive right into writing poems, no matter your level of experience. **More than 75 prompts** are organized in an easy-to-follow way to encourage reflection and capture random thoughts, vivid memories, and fleeting feelings. Each prompt includes **ample space for writing**. A variety of prompts will help you find inspiration, try new approaches to writing, and learn to play with language, such as:

9780785840435 Pub Date: 8/29/23 \$16.99 USD/\$22.99 CAD Paperback

Chartwell Books

160 Pages Carton Qty: 0 Games & Activities / Guided Journals GAM021000

6.3 in Wdth | 8.3 in Lgth

Poems playing with memory:

Write a poem about lost or forgotten things, a place you've traveled, a teacher you've had, or your childhood home.

Poems playing with words:

Write a poem using idioms, personification, alliteration, or onomatopoeia.

Poems playing with the senses:

Write a poem using your favorite smells, the color blue, the sounds of rain, the feeling of an icy lake.

Poems playing with form:

Write a poem where each line begins with a certain letter, a poem that takes on a shape, a haiku, or a couplet.

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Leaping Hare Press 9780711288218 Pub Date: 6/20/23 \$15.00 USD/\$22.00 CAD Hardcover

144 Pages Carton Qty: 0 Crafts & Hobbies / Needlework CRA015000 Series: Mindfulness series 5.1 in Wdth | 7.8 in Lgth

Mindfulness in Knitting (New edition)

Meditations on Craft & Calm

Rachael Matthews

Mindfulness in Knitting casts fresh light on this famously calming craft and reveals how the simple repetition of plain and purl can nurture wellbeing. Through personal anecdote and mindfulness exercises, this book explores how everyone can experience the joys of making and looks at the numerous ben...

Summary

Anyone can pick up a pair of needles and a ball of yarn. And everyone can be mindful. Mindfulness in Knitting casts fresh light on this renowned calming craft, and reveals how the act of "knit and purl" can be the epitome of conscious living. Ethical textile artist Rachael Matthews unpicks the threads of this popular pastime to explore how knitting connects us to each other and to the world around us. Through personal anecdote and expert insight, she unravels the true value of what it means to craft, its therapeutic benefits, and the joys of mindful making.

This book is divided into chapters which will teach us to:

- Find our place through yarn,
- Knit sacred spaces,
- Build knitting circles and connecting with others through craftivism,
- The art of gifting our creations
- How knitting helps us discover ourselves.

Filled with practical examples, personal insights and creative exercises for you to try at home, this book is suited for knitters of any ability, and will help you whether you want to relieve stress, build self-awareness or improve your mental health through the creative act of knittin...

Contributor Bio

Rachael Matthews is an artist and author, with a primary interest in knitting. Born in the Lake District in England, she grew up with an interest in textile traditions and romanticism. The founder of Cast Off Knitting

No Image

Mindfulness in Baking (New edition) **Meditations on Bakes & Calm**

Julia Ponsonby

Mindfulness in Baking is a delightful insight into how the act of baking is a practical meditation by its very nature. An inspiring author looks at what it means to use our hands, why kneading promotes wellbeing, and explores the true and enduring value of eating real food.

Summary

The Art of Mindful Baking is a delightful insight into how the act of baking is a practical meditation by its very nature. Julia Ponsonby, head of food at Schumacher College, looks at what it means to use our hands and why kneading promotes wellbeing, and explores the true and enduring value of eating real food. Containing a wealth of mouth-watering recipes that highlight how you can incorporate mindfulness into your baking, this book demonstrates how baking with awareness provides benefits for not only you, but also those around you.

Contributor Bio

Julia Ponsonby is Head of Food at the internationally renowned Schumacher College in Devon, England - a unique institution offering transformative learning for sustainable living. She is also the author of Gaia's Feasts (2014) and the award-winning vegetarian cookbook Gaia's Kitchen (2000).

Julia Ponsonby is Head of Food at the internationally renowned Schumacher College in Devon, England - a unique institution offering transformative learning for sustainable living. She is also the author of *Gaia's Feasts* (2014) and the award-winning vegetarian cookbook Gaia's Kitchen (2000).

Available

Leaping Hare Press 9780711288232 Pub Date: 6/20/23 \$15.00 USD/\$22.00 CAD Hardcover

144 Pages Carton Qtv: 0 Body, Mind & Spirit / Mindfulness & Meditation OCC010000 Series: Mindfulness series 5.1 in Wdth | 7.8 in Lgth

No Image Available

Leaping Hare Press 9780711288195 Pub Date: 6/20/23 \$15.00 USD/\$22.00 CAD Hardcover

144 Pages Carton Qty: 0 Body, Mind & Spirit / Mindfulness & Meditation OCC010000 Series: Mindfulness series 5.1 in Wdth | 7.8 in Lgth

Mindfulness in Wild Swimming (New edition)

Meditations on Nature & Flow

Tessa Wardley

Mindfulness in Wild Swimming explores how swimming in rivers, lakes and seas is the epitome of conscious living, guiding the reader through practical mindful exercises and technique tips, and reveals how wild swimming can be the ultimate physical meditation.

Summary

Mindfulness in Wild Swimming explores how swimming in rivers, lakes, and seas is the epitome of conscious living. Zen-seeker Tessa Wardley reconnects the physical and spiritual cycles of life to the changing seasons and flow of wild waters worldwide and leads the reader on to a mindful journey through the natural world. With expert insight and personal anecdote, she shares a sparkling clarity on why our relationship with open water is so fundamental to pure wellbeing, and reveals how wild swimming can be the ultimate physical meditation.

Contributor Bio

Tessa Wardley is a river-lover and mini-adventurer who has worked and played in waters worldwide from New Zealand to the Arctic Circle. She is a senior policy advisor with the Environment Department and before that, principle in a global environmental consultancy and policy advisor to the Environment Agency. She has written *The River Book*, *The Woodland Book*, and *The Countryside Book*, inspirational titles encouraging readers to have adventures outdoors.

She is also author of The Ocean Hero Handbook and Mindful Thoughts for Runners.

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Leaping Hare Press 9780711288256 Pub Date: 6/20/23 \$15.00 USD/\$22.00 CAD Hardcover

144 Pages Carton Qty: 0 Art / Techniques ART010000 Series: Mindfulness series 5.1 in Wdth | 7.8 in Lgth

Mindfulness in Drawing (New edition)

Meditations on Creativity & Calm

Wendy Ann Greenhalgh

Mindfulness in Drawing explores how the simple act of putting pen to paper creates a deeper connection between ourselves and the world around us. Through mindful creative exercises, personal anecdote and a fresh outlook on perception, flow and instinct, this book reveals how doodlers and artists at ...

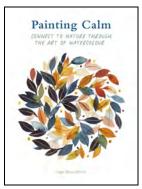
Summary

Everyone can draw, and everyone can be mindful. *Mindfulness in Drawing* is an engaging and enlightening insight into how setting pencil to paper is a meditative act by its innate nature, and how this creates a deeper connection between ourselves and the world around us. Through mindful creative exercises and personal anecdotes, doodlers and artists at any level in their craft will gain practical experience in and discover the joys of drawing mindfully. Written by Wendy Ann Greenhalgh, a writer, artist and teacher of creative mindfulness for over 20 years, this book offers a fresh outlook on perception, flow and instinct, and demonstrates how the combination of creativity and mindfulness helps us realise our potential for inner freedom and wellbeing.

Contributor Bio

Wendy Ann Greenhalgh is a writer, artist and teacher of creative mindfulness. She runs mindfulness workshops, courses and retreats, supporting others as they get creative, explore language, write, draw, take photographs and meditate. She has practiced mindfulness in her everyday and creative life for 20 years.

Wendy Ann Greenhalgh is a writer, artist, and creative mindfulness teacher. She runs secular mindfulness workshops and courses supporting people to break through blocks, banish their inner critic, and enjoy creativity freely. She is also a practising Buddhist with more than 20 years of mindfulness experience.



Leaping Hare Press 9780711281844 Pub Date: 6/13/23 \$20.00 USD/\$25.99 CAD Paperback

160 Pages approx 150-200 illos Carton Qty: 0 Crafts & Hobbies / Painting CRA024000 Series: Painting

9.1 in H | 6.7 in W

Painting Calm

Connect to nature through the art of watercolour

Inga Buividavice

Painting Calm teaches you to find your inner artist, connect to soothing nature (and your feelings), and embrace the tranquility of painting in this earthy, watercolour instruction book from nature lover, teacher and artist Inga Buividavice.

Summary

Find inner calm and happiness in this beautiful, meditative and earthy watercolour instruction book from nature lover, teacher and artist Inga Buivadavice.

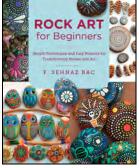
Art therapy and the act of **painting is widely acknowledged to bringpositive mental health benefits,** as it helps us centre ourselves, focus our intentions and engage creatively with the world around us. This beautiful guided watercolour book **combines these aspects with the healing powers of nature** to take you on a journey toward peace and tranquility.

Even if you have no experience with watercolours or painting, *Painting Calm's* accessible and **easy-to-follow prompts** will allow you to express yourself and **create with ease and joy**. Gather inspiration from artist Inga Buivadavice's beautiful illustrations, designed to capture an **emotional connection with the natural world** through texture and colour, as you explore:

- An overview of watercolour painting supplies and how to use them
- Basic watercolour techniques and colour theory
- Exercises for finding inspiration in nature
- Seasonal projects that include painting trees, leaves, flowers, natural I...

Contributor Bio

Then Britishavies is a graphic artist and author based in Liverneel but arisinally from Lithuania. Che graduated



New Shoe Press 9780760383421 Pub Date: 1/10/23 \$14.99 USD/\$19.99 CAD Paperback

96 Pages color photos Carton Qty: 48 Crafts & Hobbies / Painting CRA024000 Series: New Shoe Press

9.3 in H | 8.1 in W | 0.5 in T | 1 lb Wt

Rock Art for Beginners

Simple Techiques and Easy Projects for Transforming Stones into Art

F. Sehnaz Bac

Rock Art for Beginners provides an interactive, creative approach to learning the art of painting on stones with many fun and interactive creative prompts, practical exercises, templates, and step-by-step projects.

Summary

Transform ordinary stones into works of art with easy and inspirational step-by-step instructions.

Filled with **creative exercises**, **art prompts**, **templates**, and **step-by-step projects**, *Rock Art for Beginners*—adapted from the best-selling *The Little Book of Rock Painting*—encourages interactivity for immediate results, while teaching you the fundamentals in an engaging and fun way.

This beginner's guide shows you **how to gather and prepare your rocks** to create masterpieces that are truly one with nature. Written and illustrated by three talented rock-painting artists, the book features a range of contemporary designs to experiment with, from **patterns** and **animals** to **mandalas** and **dots**. The instructions are easy to follow and invite creativity and originality.

Grab your colors, head outside, and start painting beautiful works of art on stones!

Contributor Bio

Artist **F. Sehnaz Bac** is celebrated for her radiantly colorful and charming painted stones, which she sells on Etsy as *I Sassi Dell'Adriatico* (The Adriatic Stones). She is also the artist for three Brilliantly Vivid Colorby-Number books: *Animal Friends, Flowers and Mandalas*, and *Birds and Butterflies*. Sehnaz has more than 550,000 Facebook followers. She lives in Alba Adriatica, Italy, a small town on the Adriatic Sea.



Quarry Books 9780760381342 Pub Date: 7/11/23 \$24.99 USD/\$32.99 CAD Paperback

144 Pages approximately 200 images Carton Qty: 0 Crafts & Hobbies / Crafts For Children CRA043000

8.5 in Wdth | 10 in Lgth

The Art Playroom

Make a home art space for kids; Spark exploration, independence, and joyful learning with invitations to create

Megan Schiller

The Art Playroom is a guide for setting up at-home art spaces and introducing art prompts to promote innovative thinking, skill-building, collaboration, and independence.

Summary

Learn how to set up an organized and inviting home art space for kids and keep them engaged with over 55 art prompts that encourage skill-building and creative exploration.

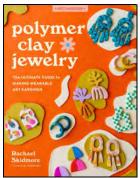
With an inviting, open setup of art supplies, kids can easily access tools and materials to work through ideas, tinker, discover, solve problems, learn techniques, and create anything they can imagine. Your art space becomes a creative workshop that allows children the opportunity to **explore open-ended materials with a sense of independence, confidence, and responsibility**.

In *The Art Playroom*, author Megan Schiller—a Reggio-inspired preschool teacher, art studio owner, and interior designer—guides you step by step through the process of creating an art space for your children and shares her simple approach to encourage creative exploration for years to come.

This book is for parents and caregivers of **children ages 2–10**, with tips on how to create an art space that works well for a variety of ages. The Invitations to Create offer **over 55 ideas for setting up art prompts** —**categorized by skills and ages**—that will spark a...

Contributor Bio

Megan Schiller is an art teacher, art studio owner, and former preschool teacher. She has been blogging about children's art and creative space since January, 2010. She started her business, The Art Pantry, in 2014 as a design studio to help parents set up creative play spaces in their homes and provide ideas on how to engage children in the creative process. She works one on one with clients and also offers a virtual group course and auides through her website. She lives in Mill Vallev. CA.



Polymer Clay Jewelry

The ultimate guide to making wearable art earrings

Rachael Skidmore

Master the art of making earrings from polymer clay with *Polymer Clay Jewelry*, written and created by Rachael Skidmore of the popular online shop Made by Maeberry.

Summary

Learn to make fun, colorful, modern, on-trend earrings from polymer clay.

In *Polymer Clay Jewelry*, Author Rachael Skidmore—owner of the popular online shop and social-media channels Made by Maeberry—takes a fresh, contemporary approach to this classic craft. Through her **easy-to-follow photographic steps and clear instructions**, you can make your own contemporary earrings in a variety of colors and styles.

Among the topics covered in the book:

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 rton Qty: 0

 Tools and materials
 - Clay conditioning
 - Color mixing
 - How to choose a color palette
 - Clay curing and baking
 - Painting clay

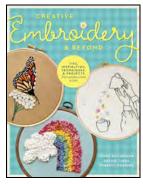
9780760382738 Pub Date: 5/23/23 \$22.99 USD/\$29.99 CAD Paperback 128 Pages

Walter Foster Publishing

226 color photos Carton Qty: 0 Crafts & Hobbies / Polymer Clay CRA051000 Series: Art Makers

11 in H | 8.5 in W | 1.2 lb Wt

Once you're familiar with these important introductory topics, learn to make **colorful abstract earrings**, **hoops of various sizes and styles**, **rainbows**, **shells**, **hammered "metal,"statement jewelry**, and much more—all from polymer clay! Also included in the book are beautiful photographs of all of the pieces, suggestions for customizing colors and styles, images of color palettes and alternative ideas, and so much more.



Walter Foster Publishing 9780760383070 Pub Date: 6/6/23 \$24.99 USD/\$32.99 CAD Paperback

144 Pages 300 color photos Carton Qty: 0 Crafts & Hobbies / Needlework CRA008000 Series: Creative...and Beyond

11 in H | 8.5 in W | 1.4 lb Wt

Creative Embroidery and Beyond

Inspiration, tips, techniques, and projects from three professional artists

Jenny Billingham, Sophie Timms, Theresa Wensing

From the best-selling Creative...and Beyond series, *Creative Embroidery & Beyond* presents beautiful embroidery projects and instruction for all skill levels from three trending artists.

Summary

Practice the mindful art of hand embroidery with 18 gorgeous projects you can use to create home decor, upcycled clothing, and personalized gifts.

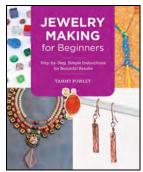
Creative Embroidery & Beyond expands on the best-selling Creative...and Beyond series, which includes Creative Lettering & Beyond, to focus on one of the most popular crafting methods out there: embroidery. In this visually stunning book that presents hand sewing as accessible and fun, three talented, on-trend artists—Jenny Billingham (@flynn_and_mabel), Theresa Wensing (@get.stitch.done), and Sophie Timms (@mindfulmantra_embroidery)—each present six designs. They are ideal for embroiderers of all skill levels, from total beginners to more advanced. You will find:

- Step-by-step embroidery projects featuring flowers, animals, insects, and more
- Instructions for how to embroider on denim, hats, and t-shirts
- Primers on essential stitches, including whipstitch and satin stitch
- Information on embroidery tools and how to use them
- Advice for threads and brands to use
- And so much more

Embroidery is a fun, accessible art medium that's proven relaxing and mi...

Contributor Bio

Jenny Billingham (@flynn_and_mabel) is a self-taught embroidery artist who studied surface design and



New Shoe Press 9780760383841 Pub Date: 7/11/23 \$16.99 USD/\$19.99 CAD Paperback

144 Pages Carton Qty: 0 Crafts & Hobbies / Jewelry CRA014000 Series: New Shoe Press 8.5 in Wdth | 11 in Lgth

Jewelry Making for Beginners

Step-by-Step, Simple Instructions for Beautiful Results

Tammy Powley

Always wanted to try your hand at making jewelry? It all starts with the basic techniques and concepts, which are at your fingertips in *Jewelry Making for Beginners*.

Summary

Get started making your own jewelry with this easy and fun guide, featuring techniques for beading, wirework, metalwork, enamel, and polymer clay.

Jewelry Making for Beginners covers it all through accessible step-by-step instruction, with each step illustrated and a complete list of tools and materials. Build your skills starting with the easiest projects and then you take it from there. The book includes basics for making necklaces, bracelets, and earrings, as well as making your own beads, simple seed beading, easy wirework, and much more.

This essential beginner's guide includes:

- A list of tools you need to set up your jewelry-making table as well as ideas for adding your own personal flair to your designs
- Projects for bead making, bead stringing, closures and clasps, polymer clay shapes, dangles, chokers, strands, bangles, rings, earrings
- \bullet A list of dos and don'ts for avoiding costly mistakes, plus quick fixes
- Loads of inspiration to learn follow and learn from

Make them for yourself, as a gift for a friend, or even to sell at your local craft fair or online. This book will **launch you**...

Contributor Bio



Walter Foster Publishing 9780760383278 Pub Date: 4/11/23 \$14.99 USD/\$19.99 CAD Paperback

96 Pages 100 color illustrations Carton Qty: 0 Games & Activities / Activity Books GAM020000

8.5 in Wdth | 9.5 in Lgth

Color in Reverse: Watercolor Florals

Let your creativity and pen flow over delightful watercolor designs Heinke Nied

Color in Reverse: Watercolor Florals encourages creativity, relaxation, and mindfulness through pages of watercolor artwork that are meant to be doodled and drawn over.

Summary

Find your creativity and relax as you draw, doodle, and design over beautiful watercolor artwork.

Color in Reverse: Watercolor Florals comes from Heinke Nied, a one-line artist and illustrator who considers it her mission to make art accessible to everyone through simple instruction and **approachable one-line drawings**. With her helpful instruction, you can draw your own lines over her artwork. It's satisfying, relaxing, and fun!

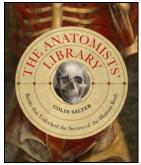
Filled with **inspiring artwork featuring flowers, plants, abstract designs**, and more, *Color in Reverse: Watercolor Florals* features:

- Sturdy paper and one-sided pages to cut out and display
- Pen and watercolor tips and techniques
- Short primers on tools and color theory
- Patterns, tracings, and designs that you may want to use in your own artwork within the book

Simply find **relaxation and creative inspiration** as you draw over the watercolor artwork with the drawing tool of your choice, or **cut out the pages and use them as gifts, home decor, cards for loved ones**, and more.

With colorful watercolor designs to spark your creativity, your own creations will flow with ease and...

Cantullantan Dia



Ivy Press 9780711280748 Pub Date: 8/15/23 \$40.00 USD/\$50.00 CAD Hardcover

272 Pages 300 Carton Qty: 0 Medical / History MED039000

9.3 in H | 7.7 in W

The Anatomists' Library

Books that Unlocked the Secrets of the Human Body

Colin Salter

The Anatomist's Library is a lavishly illustrated compendium of the anatomical publications that have informed medicine over six centuries.

Summary

The Anatomist's Library is a fascinating chronological collection of the best anatomical books from six centuries, charting the evolution of both medical knowledge and illustrated publishing.

There is a **rich history of medical publishing** across Europe with outstanding publications from Germany, France, Italy, Netherlands, Spain, UK, and also many from Persia and Japan.

Because of the high value of accurate medical textbooks, it was these works that **pushed the boundaries of illustrated publishing**. They commanded the **expert illustrators** and **skilled engravers** and hence didn't come cheaply. They were **treasured by libraries** and their intrinsic worth has meant that there is an **incredible wealth of beautifully preserved historic examples** from the 15th century onwards

The enduring popularity of *Gray's Anatomy* has shown that there is a long-term interest in the subject beyond the necessity of medical students to learn the modern equivalent – the 42nd edition (2020) – from cover to cover. But Englishman Henry Gray was late in the field and never saw the enduring success of his famous work. Havi...

Contributor Bio

Colin Salter is an author based in Edinburgh who has written on a broad range of subjects from light entertainment to hard science, from pioneers of the past to modern superstars.



Rockport Publishers 9780760375167 Pub Date: 5/23/23 \$40.00 USD/\$52.99 CAD Flexibound

424 Pages 400+ color photos Carton Qty: 0 Design / Graphic Arts DES007000 Series: Rockport Universal 10.3 in H | 8.8 in W | 3.6 lb

Wt

Decisions

William Lidwell, Kritina Holden, Jill Butler

The foundational title in the Rockport Universal series, Universal Principles of Design, Updated and Expanded Third Edition is the definitive multidisciplinary reference for design practitioners in a wide variety of fields.

Universal Principles of Design, Updated and Expanded Third Edition 200 Ways to Increase Appeal, Enhance Usability, Influence Perception, and Make Better Design

Summary

Universal Principles of Design, Updated and Expanded Third Edition is a comprehensive, crossdisciplinary encyclopedia, now with fully updated existing entries and expanded with 75 new entries to present a total of 200 laws, guidelines, and considerations that are important to successful design.

Richly illustrated and easy to navigate, this essential design guide pairs clear explanations of every design concept with visual examples of the ideas applied in practice.

Whether a marketing campaign or a museum exhibit, a video game or a complex control system, the design we see is the culmination of many concepts and practices brought together from a variety of disciplines. Because no one can be an expert on everything, designers have always had to scramble to find the information and know-how required to make a design work—until now.

Each principle is presented in a two-page format. The left-hand page contains a succinct definition and a full description of the principle, examples of and guidelines for its use, and side notes that provide elaborations and references. The right-hand page con...

Contributor Bio

A Graphic Design Layout Workshop

William Lidwell is the Chief R&D Officer at Avenues: The World School, where he leads teams tasked with conducting research in education and the learning sciences; the development of new educational curricula, programming, and technologies; and the architecture and design of new campuses around the world. The co-author of Universal Principles of Design and The Pocket Universal Principles of Design, he has written other



Timothy Samara

Summary Take your design work to the next level with Making and Breaking the Grid: A Graphic Design Layout Workshop (Third Edition), the essential easy-to-use guide for designers working in every medium.

Making and Breaking the Grid: A Graphic Design Layout Workshop (Third Edition) is the ultimate resource for

designers who want to understand the rules of the grid, so they can get better at breaking them.

With over 150,000 copies in print, this new edition makes a classic text relevant to a new generation of

designers. Updates include:

- A cross-cultural inclusive re-envisioning of design history related to the grid, including alternative approaches to layout
- Expanded discussion of grid use in interactive, UX/UI scenarios

Making and Breaking the Grid, Third Edition

• Greater equity in the representation of design work by women and BIPOC designers

256 Pages 250 Carton Qty: 0 Design / Graphic Arts

\$40.00 USD/\$53.00 CAD

Rockport Publishers 9780760381939

Pub Date: 6/6/23

Paperback

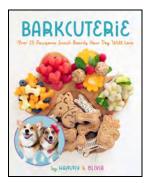
DES007030

11 in H | 9.3 in W | 2.5 lb Wt

Grids are the most basic and essential forms in graphic design—and they can be the most rigid. This book shows you how to understand the rules of the grid to use them effectively, and then how to break them, resulting in phenomenal cohesive layouts. Timothy Samara explains the history of the grid and shows examples of grid basics, such as column, compound, and modular grids. He shows methods for building and using grids, and offers numerous examples of stunning design projects using a variety of image...

Contributor Bio

Timothy Samara is a graphic designer based in New York City, where he divides his time between teaching, writing, lecturing, and consulting through STIM Visual Communication. His 20-year career in branding and



Rock Point 9781631069284 Pub Date: 4/18/23 \$19.99 USD/\$25.99 CAD Hardcover Paper over boards

176 Pages 100+ color photos Carton Qty: 28 Cooking / Pet Food CKB117000

8.5 in H | 6.9 in W | 0.8 in T | 1.3 lb Wt

Barkcuterie

25 Pawsome Snack Boards Your Dog Will Love

Hammy & Olivia

With Barkcuterie, create tasty boards for your furry companion.

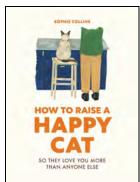
Summary

Give your dog the love they deserve with these beautiful and fun food boards.

Now you don't have to exclude your fur babies from the festive food with **over 25 themed snack boards for holidays, special occasions, milestones, and just because**. This **special take on the classic charcuterie board** is for every human's best friend. Curated by **social media's favorite corgis, Hammy and Olivia** (@hammyandolivia), each artfully designed barkcuterie board is chock-full of **delicious homemade and store-bought dog treats**. You'll have fun **making the quick and easy boards** and even more fun sharing all the goodies with your dog. For cat owners, don't worry! Hammy and Olivia have **included a cat board** for their feline friends. So, dress up your pup, get the camera ready, and celebrate:

- National Dog Day
- Halloween
- Christmas
- Valentine's Day
- Birthdays
- Gotcha Day
- Cinco de Mayo
- and more

Including **over 35 easy-to-make recipes for pupcakes, biscuits, donuts, and pupsicles** and adorable photos of Hammy and Olivia, *Barkcuterie* is the ultimate way to let your dog know how much you love them.



How to Raise a Happy Cat

So they love you (more than anyone else)

Sophie Collins

How to Raise a Happy Cat teaches you how to raise your cat's happiness levels, and shows you how to connect with them in the way they'll love best.

Summary

How to Raise a Happy Cat focuses on the happiness to be found in the person/pet relationship and includes dozens of ideas for activities and hacks you can build into daily life with your pet, from spontaneous play and activities to making them the perfect sleep spot.

We know how important happiness is for ourselves but when it comes to pets, **making sure they're happy** – as opposed to obedient, say – is **often underrated**. Yet there's plenty of fresh science that shows that **a** happy, engaged pet is easy to live with and creates happiness in its owners, too.

How to Raise a Happy Cat shows what you can learn from your pet's behaviour and body language, offer a mass of practical ways to raise your pet's happiness levels, and show you how to connect with them in the way they'll love best.

Building on recent scientific developments into animal behavioural science, this book's methods aim to **increase inter-species understanding** and **encouraging the behaviour you do want**, while discouraging the behaviour you don't.

Divided into 6 chapters, each of which contains plenty of **easy-to-follow activities** wh...

Contributor Bio

Sophie Collins is a writer, editor and pet lover. She is the author of the popular dog behaviour books *Why Does my Dog do That?* and *Games & Tricks to Teach your Dog.*

Ivy Press 9780711281790 Pub Date: 5/2/23 \$18.99 USD/\$22.99 CAD Hardcover

128 Pages 150 illustrations Carton Qty: 36 Pets / Cats PET003000

8 in H | 6 in W | 0.8 in T | 0.9 lb Wt



Wellfleet Press 9781577153306 Pub Date: 3/28/23 \$24.99 USD/\$32.99 CAD Hardcover Paper over boards

256 Pages 500 color illustrations Carton Qty: 0 Nature / Plants NAT034000 Series: Complete Illustrated Encyclopedia 10 in H | 8 in W | 2.4 lb Wt

The Complete Language of Trees

A Definitive and Illustrated History

S. Theresa Dietz

The Complete Language of Trees is a comprehensive and neatly organized dictionary of over 400 types of trees that recognizes each species' name, characteristics, and hidden properties from mythology, legends, and folklore around the world.

Summary

The Complete Language of Trees is a comprehensive encyclopedia providing the meanings, powers, facts, and folklore for over 400 types of trees.

Along with a **stunning visual depiction**, each entry provides the tree's **scientific and common name**, **characteristics**, **historic and hidden properties from mythology**, **legends**, **and folklore**.

Some of the lore of trees will include:

- Hackberry Tree encourages someone to continuously do their best
- Manchineel Tree it is so toxic that the smoke from a burning tree can cause blindness, and it is not even advised to inhale the air around the tree
- Bark from the Bird Cherry Tree was placed on doors during medieval times to ward off plague
- Washi paper is created from the inner bark of the Paper Mulberry Tree.
- Pando is a Quaking Aspen colony that is 108 acres wide (about the size of 83 football fields!). It is technically one tree.

Imagine developing a spiritual connection with a tree in a way that exceeds visual perception? Where learning its meaning and value simultaneously improves your own mental and physical wellness? Throughout history, **floriographies**—flowe...

Contributor Bio

Spring, summer, and autumn container gardening on a small apartment's balcony is all the more appreciated

No Image

Available

Chartwell Books 9780785842576

\$16.99 USD/\$22.99 CAD Paperback

Pub Date: 4/4/23

208 Pages Carton Qty: 0 Nature / Birdwatching Guides NAT004000

6.9 in Wdth | 9.1 in Lgth

A Field Guide to Backyard Birds of North America

Rob Hume

A Field Guide to Backyard Birds of North America introduces over 50 common North American birds with detailed information and beautiful illustrations, and includes a 2-year bird-watching logbook.

Summary

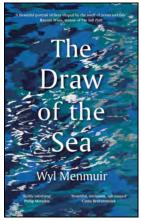
A beautifully illustrated visual directory of more than 50 of the most popular North American birds with a logbook to record two years of bird-watching discoveries.

Whether you're just getting started birding or want to build on your existing knowledge, this handbook provides you with all you need, making it *the* companion in the field. Inside this gorgeously illustrated guide, you'll find:

- The basics of bird-watching, including when, where, and what to look for, as well as how to take accurate notes and make sketches.
- A fascinating introduction to the amazing world of birds, including facts on their origin, anatomy, feathers, calls and postures, courtship, nests, feeding, and migration habits.
- Superbly detailed and realistic illustrations that show each bird's distinctive colors and plumage.
- A unique logbook, filled with tips to get the most out of bird-watching, so you can chart your own findings and observations over 2 years.
- More than 50 of the most commonly seen birds in the United States in one comprehensive species catalog.
- How to turn your *own* backyard into a safe and hospitable bir...

Contributor Bio

Rob Hume has worked for Britain's Royal Society for the Protection of Birds for over 30 years and is the longest serving editor of the award-winning *Birds* magazine. He has previously been a member of the editorial



Aurum 9780711273979 Pub Date: 6/6/23 \$15.00 USD/\$20.00 CAD Paperback

304 Pages Carton Qty: 0 Nature / Ecosystems & Habitats NAT045050

7.8 in H | 5.1 in W | 1.7 lb Wt

The Draw of the Sea

Wvl Menmuir

Wyl Menmuir's *The Draw of the* Sea is a book about the fisherman, surfers, swimmers, beachcombers, conservationists, sailors and boatbuilders who make their living on the Cornish Coast. *The Draw of the* Sea will evoke both the specific and the universal appeal of the sea in the same way that James Reba...

Summary

Wyl Menmuir's *The Draw of the* Sea is a beautifully written and deeply moving portrait of the Cornish Coast and the people who make their livings there, examining the ephemeral but universal pull the sea holds over the human imagination.

'A beautiful portrait of lives shaped by the swell of ocean and tide - a powerful salt-thread of connection' - Raynor Winn, author of The Salt Path

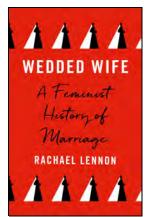
Since the earliest stages of human development, **the sea has fascinated and entranced us**. It feeds us, **sustaining communities** and providing livelihoods, but it also holds **immense destructive power** which can take all those away in an instant.

It connects us to far away places, offering the **promise of new lands** and voyages of discovery, but also **shapes our borders**, carving divisions between landmasses and **eroding the very ground beneath our feet.**

In this **beautifully-written meditation** on what it is that draws us to the waters' edge, author Wyl Menmuir tells the stories of the **people whose lives revolve around the sea in the Cornish community** where he lives.

In twelve interlinked chapters, Menmuir explores the li...

Contributor Bio



Aurum 9780711267114 Pub Date: 5/23/23 \$22.00 USD/\$29.99 CAD Hardcover

288 Pages no images Carton Qty: 0 Family & Relationships / Marriage & Long-Term Relationships FAM030000

5.3 in Wdth | 8.5 in Lgth

Wedded Wife

a feminist history of marriage

Rachael Lennon

Wedded Wife is a feminist study of the institution of marriage and its history around the globe

Summary

In this fascinating and insightful book, feminist curator Rachael Lennon provides an intimate and intersectional examination of the history of marriage around the world.

In this **fascinating feminist history**, Rachael Lennon tells a **remarkable story of how this institution has developed** from the ancient customs of the stone age through to the modern form it takes today.

In this eminently **readable and relatable study**, Lennon also explores themes such as **the pressure to marry**, the **politics surrounding proposals**, the spectacle of marriage, the business behind it, and the politics tied to consummation as well as issues such as **taking a man's name**, the nuances of marriage vows and obedience, **'having it all'** and trying to keep up the fight to have an **enduring marriage**.

Having married her wife just a few years after the **legalisation of same sex marriage** in the United Kingdom, Lennon interweaves her **own personal experiences of marriage** with stories and anecdotes from throughout history to explore **how marriage has transformed over the years**.

In shaking off patriarchal expectations, Rachael examines...

Contributor Bio

Rachael Lennon was the National Trust's co-founder of the revisionist *Challenging Histories* programme which Clare Balding claimed "will change the way history is written and thought about from this point onwards". Having grown up understanding that marriage was only for a man and a woman, she married her wife Claire in Northumberland in 2017 - just 3 years after the legalisation of same-sex marriage in the UK. Rachael lives in Durham with her wife and daughter.



Aurum 9780711282186 Pub Date: 5/9/23 \$18.00 USD/\$22.00 CAD **Paperback**

256 Pages Carton Qty: 0 Business & Economics / Personal Finance BUS050000 8.5 in H | 5.3 in W

Thanks for Sharing

How I Gave Up Buying and Embraced Borrowing, Swapping and Renting

Fleanor Tucker

In Thanks for Sharing, features writer Eleanor Tucker takes us along as her family embark on a year in the sharing economy, showing along the way how through sharing, lending, renting and borrowing we can all live more sustainably.

Summary

In this fascinating book, Eleanor Tucker sets out a bold vision of how sustainable sharing can save us money, and lead to a happier future.

What is the Sharing Economy? How can it help us live more affordable, more sustainable, and ultimately more fulfilling lives? What would happen if for one year a family pledged to share as much as they possibly can? Instead ofowning more and more stuff, what it's like to stop owning things and borrow, lend, rent and swap instead?

These are big questions, but features writer Eleanor Tucker sets out to answer them in this **thoroughly** absorbing and entertaining guide to sustainable sharing, or as it is also known, 'collaborative consumption'.

In this engrossing study, Eleanor straps us into on her year-long experiment along with her somewhat reluctant family. Over the course of the year, with the aid of various sharing apps, they will pledge to buy as few new things as possible, instead relying on the power of sharing, lending, renting and borrowing to supply their needs.

Each chapter introduces a different type of sharing into her day to day life, from...

Contributor Bio

Eleanor Tucker is a former advertising creative and features writer for The Guardian, The Observer, The Independent, Marie Claire, and Psychologies, commentating on gender, society, sustainability, tech and

Fair Winds Press 9780760381120 Pub Date: 6/20/23 \$21.99 USD/\$28.99 CAD Paperback

176 Pages color illustrations Carton Otv: 0 Business & Economics / Personal Finance BUS050010

8 in H | 5 in W | 0.7 lb Wt

Own Your Money

Practical Strategies to Budget Better, Earn More, and Reach Your 6-Figure Savings Goals Michela Allocca

In Own Your Money, Michela Allocca offers a new, empowering take on how to budget, spend, and invest-for 20-somethings and beyond!

Summary

Join TikTok star Michela Allocca (@BreakYourBudget) for a crash course in everything personal finance. With real-life examples and colorful art, this book unlocks the fun of money fundamentals.

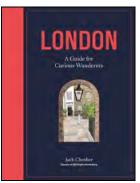
Michela Allocca had an epiphany when she was working at her first job: even those working in finance can have no idea how to budget, invest, and spend on a personal level! By the time she reached her mid-20s, she had a new mission: helping any young person who wanted advice with the "scary," aka often misunderstood, world of personal finance.

In Own Your Money, Michela shares all the tools she used to manage, save, invest, and set a routine that enabled her to save hundreds of thousands of dollars in less than a decade of professional—and freelance—work. You'll find chapters that address:

- Budgeting: Don't make it a dreaded B-word! Learn about various strategies including 50/30/20, zero-based, and 3-bucket budgets.
- How to save: It's all about SMART (specific, measurable, achievable, relevant, and time-bound).
- How to spend money: That's right, a plan for spending is important too! With a quick analy...

Contributor Bio

Michela Allocca is a Financial Analyst and entrepreneur specializing in Gen Z and Millennial money management. She focuses on instilling sustainable and intentional spending, saving, and budgeting practices into your life so you can reach your 6-figure savings goals. With hundreds of thousands of followers on TikTok



Frances Lincoln 9780711277557 Pub Date: 5/9/23 \$21.99 USD/\$27.99 CAD Hardcover

176 Pages 100 Carton Qty: 0 History / Europe HIS015000

8.3 in H | 6.3 in W

London: A Guide for Curious Wanderers

A Guide for Curious Wanderers

Jack Chesher, Katharine Fraser

London: A Guide for Curious Wanderers presents a miscellany of historic and quirky curiosities to spot as you wander around the capital.

Summary

See London in a completely new light in this guide to the city's hidden secrets, untold stories and special places laden with history which you can discover for yourself!

London is famous for its museums, each one full of treasures and relics – but **the biggest museum in the capital is the city itself.** From the stories behind unusual street names, to the trees in our parks; railings made from recycled WWII stretchers, to shrapnel damage on walls; the hidden symbols on post boxes, to prehistoric tree trunks – there is a **rich history hidden in the oft-overlooked details** of the city's streets, gardens, parks and buildings.

This **richly detailed and beautifully illustrated** book provides a **miscellany of historic features and curiosities to spot** as you wander around the capital. Whether you've always wondered why there are **cattle troughs on your route to work**, why **bollards often look like upside down cannons** or wanted to know what a Victorian stink pipe is – this book will provide the tools to decipher London's secret code, and introduce you to a **treasure trove of hidden spots to explore.**

The b...

Contributor Bio

Jack Chesher grew up in Essex, and exciting day trips to London have always been part of his life. After graduating from Bristol University, where he studied history, he finally took the plunge and moved to the capital in July 2020. A passion for walking and history inspired him to launch @LivingLondonHistory in September 2020. Documenting his journey to discovering the city's fascinating and vibrant past by exploring its streets, he



Pretty Little London: Trips Weekend Escapes From the City

Sara Santini, Andrea Di Filippo

Pretty Little London: Trips is a guide to the best, chicest and most insta-worthy day trips close to London, compiled by the creators of the Pretty Little London instagram account.

Frances Lincoln 9780711280250 Pub Date: 5/9/23 \$20.00 USD/\$24.99 CAD Hardcover

208 Pages 250 Carton Qty: 0 Travel / Europe TRV009070 Series: Pretty Little London 8.3 in H | 6.7 in W | 1.7 lb Wt

Summary

A curated guide to the most chic, stylish and unique trips around the UK – all within easy reach of London – from the creators of the hugely successful Instagram account @prettylittlelondon.

Sometimes even Londoners need a change of scenery – the **fresh sea air** and the **sand between our toes**, the **bright lights of a new city** to discover, the **relaxing charm of a small town**, or **rolling hills** with no other people in sight.

Your guides, Sara and Andrea, have scoured the UK for their favourite places to visit for those precious escapes, **all a short ride away from the capital.** Introducing you to the **most stylish destinations**, they recommend how to get the most out of each experience with the **best places to eat, drink, sleep and shop**, as well as providing **cultural highlights** and **picturesque walks**.

Each trip is tailored to a mood, interest or season and provides insider tips on how to make the most of your precious time, and – of course – take those all-important photos for your grid.

Whether you're a born-and-bred Londoner bored of the same old days out, visiting from abroad and want to see the 'r...

Contributor Bio

Sara Santini and Andrea Di Filippo are the co-founders and editors of the acclaimed Instagram accounts



Leaping Hare Press 9780711282322 Pub Date: 6/27/23 \$22.00 USD/\$30.00 CAD Hardcover

160 Pages approx 130 photos + 35 illos Carton Qty: 0 Travel / Special Interest TRV026020 6.7 in Wdth | 9.3 in Lgth

The Slow Traveller

An intentional path to mindful adventures

Jo Tinsley

The Slow Traveller is a stunning guide to slow travel filled with evocative naturescapes, practical travelling tips and inspirational photography.

Summary

The Slow Traveller is a stunning call to change the way we travel today.

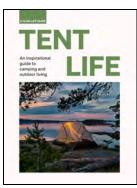
Full of **evocative photographic naturescapes** and expertly guided by veteran slow traveller, **Jo Tinsley of Ernest magazine**, this inspirational guide focuses on how to have a **more meaningful travel experience**.

Inviting readers to stroll through the book at their own pace, this **must-have for any eco-adventurer** teaches adventurers to trust their instincts, embrace the unexpected, and travel by the power of their own steam.

Exploring different types of destinations and modes of travels—from **road trips** and **epic rail journeys** to seeking **mountain solitude**—this ultimate travel guide encourages readers to allow themselves to be guided by curiosity and chance encounters, and **find new ways to connect with others and with ourselves.**

Contributor Bio

Jo Tinsley is a slow travel journalist and the founder of *Ernest Journal* – an independent magazine for the curious and adventurous, **sold around the world with a combined print and online reach of 90K**. Jo is an open water swimmer and never happier than when exploring a loch or bay, or when rambling over northern moorlands. She writes for *The Guardian*, *The Independent*, and *Lonely Planet*. @SlowJoTinsley @ernestjournal



Frances Lincoln 9780711269187 Pub Date: 5/16/23 \$25.00 USD/\$31.99 CAD Hardcover

192 Pages 200 Carton Qty: 0 Travel / Special Interest TRV026020 Series: Slow Life Guides

8.8 in H | 6.7 in W

Tent Life

An inspirational guide to camping and outdoor living

Sebastian Antonio Santabarbara

An inspirational guide to camping for outdoor lovers and eco-conscious travellers. *Tent Life* profiles 40 people who have made camping a part of their life and provides advice so that you can do the same.

Summary

Tent Life introduces you to 34 inspirational people from across the globe who've made camping part of their lifestyle, and provides you with the tools to do the same.

What's the appeal of pitching a tent and sleeping under the stars? Tried it yourself and felt inadequate and underprepared? The campers in this book can **show you how to pitch up in style**.

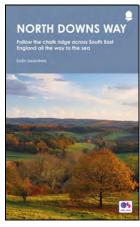
Fromintrepid woodsmen with enviable survival skills, to low-key surfers chasing the perfect wave; solo travellers in single-person hammocks, to family groups in extravagant bell tent setups – for these aficionados, camping is pure pleasure, a way to connect with nature, an antidote to modern life. And, unlike most of us, they know how to do it properly.

Supported by Instagram-worthy photography, interviews with each contributor bring out their **unique and inspirational approach to camping**, their **most memorable experiences** (and challenges) and the **camping tips they couldn't live without.**

Listed with each entry, the book will also provide **advice on how to achieve the 'camping style' yourself** and suggests worldwide destinations that provide a ...

Contributor Bio

Sebastian Antonio Santabarbara is a writer and expert in all things vanlife and alternative living. As well as documenting his own journeys via @vincentvanlife, Sebastian writes for popular media platforms such as Van Clan, Tiny Home Hub and Retro Dodo, as well as curating the upcoming Van Life for Dummies book releasing



Frances Lincoln 9780711283046 Pub Date: 5/2/23 \$24.00 USD/\$29.99 CAD Paperback

192 Pages Carton Qty: 0 Travel / Special Interest TRV034000 Series: National Trail Guides 8.3 in H | 5.1 in W

North Downs Way (New edition)

Colin Saunders

The North Downs Way is the official guide to the National Trail that follows the North Downs, from the Hog's Back in Surrey all the way to the white cliffs of Dover.

Summary

This is the complete official guide to walking the well-loved and popular North Downs.

Whether you're an experienced long distance walker or a weekend stroller, this is **the only companion you need** to this beautiful and scenic route.

The **North Downs Way** is the National Trail that follows the official acorn waymarks from **Farnham** to the coast at **Dover**.

This picturesque trail takes in **chalk ridges**, **river valleys** and sections of the **Pilgrims' Way**. At the eastern end you can either walk via **Canterbury** (a total distance of **130 miles**, 208 km) or follow the southern route (**123 miles**, 197 km).

With **Ordnance Survey mapping for the entire route**, this is a superb guide to the North Downs Way National Trail which can be enjoyed by all.

Contributor Bio

Colin Saunders was one of the first members of the Long Distance Walkers Association, established in 1972, and was one of the founder members of the London Walking Forum in 1990. He is the author of a number of walking books, including London: The Definitive Walking Guide.



Cool Springs Press 9780760381533 Pub Date: 5/30/23 \$24.99 USD/\$32.99 CAD Paperback

176 Pages 100 Carton Qty: 0 Technology & Engineering / Agriculture TEC003020 8 in Wdth | 10 in Lgth

Chicken Keeping Pure and Simple

A Fun, Friendly Guide to Backyard Chicken Keeping Nikki Husted

In Chicken Keeping Pure and Simple, author Nikki Husted (@purelychickens) provides a fun and friendly guide for chicken keepers of all ages.

Summary

Get started keeping chickens in your own backyard with this down-to-earth guide by popular chicken-fluencer Nikki Husted (@purelychickens).

Keeping chickens can look almost glamorous online. It's all beautiful chickens, cute baby chicks, and coops that look nice enough to spend the night in. The reality is that **keeping chickens is rewarding—but also a lot of work** and, well, poop cleanup. If you follow her online, you already know that Nikki shares **the good, the bad, and the ugly** of this popular hobby. In her first book, she remains unfiltered while she shares **the essential techniques and helpful stories from her own experience with backyard chickens**. That's right: you can **learn from her own successes and mistakes!** *Chicken Keeping Pure and Simple* addresses:

- Where to start: What are the rules for keeping chickens in your area? What do you need to get started? How many chickens do you need? (Be wary of chicken math!) And more considerations to both stoke and temper your excitement.
- **Giving chickens what they need:** There are serious things you should consider before you start raising your ...

Contributor Bio

Nikki Husted is a former public school teacher who "dropped out of school" to live the homesteader life with her family. While she enjoys gardening, composting, and canning, her primary focus is on chicken keeping. After she started sharing her adventures online, she quickly found a community of like-minded chicken keepers and homesteaders on TikTok, where she posts as Purely Chickens. Find her online as @purelychickens or at her



Motorbooks 9780760382578 Pub Date: 5/23/23 \$100.00 USD/\$135.00 CAD Hardcover

224 Pages Carton Qty: 0 Technology & Engineering / Aeronautics & Astronautics TEC002000

11.8 in H | 11.8 in W | 3.6 lb Wt

The Art of NASA (Enlarged)

The Illustrations That Sold the Missions, Expanded Collector's Edition

Piers Bizony

This special collector's edition of *The Art of NASA* adds 32 pages of new material, a presentation case, a new cover, a paper model of the Lunar Module, four postcards, and a rolled poster.

Summary

In this expanded collector's edition of *The Art of NASA*, complete with a paper model Lunar Module and a poster, explore over 200 stunning artworks commissioned by NASA to sell its missions.

Formed in 1958, NASA has long maintained a department of visual artists to depict the concepts and technologies created in humankind's quest to explore the final frontier. Culled from a carefully chosen reserve of approximately 3,000 files deep in the NASA archives, the **200+ awe-inspiring illustrations presented in this special boxed edition are complemented by:**

- 32 pages of new material
- A paper model of the Lunar Module
- A rolled poster
- A sheet of four postcards
- A new foreword by astronaut Tom Jones

From space suits to capsules, from landing modules to the Space Shuttle, the International Space Station, and more recent concepts for space planes, *The Art of NASA* presents **60 years of American space exploration** in an unprecedented fashion. All the landmark early missions are represented in detail—**Gemini, Mercury, Apollo**—as are post-Space Race accomplishments, like the **mission to Mars** and other deep-space ex...

Contributor Bio

Triumph Cars

Piers Bizony is an experienced multimedia professional who has written about science and the history of



Triumph Cars is a comprehensive, gorgeously illustrated history of the Triumph sports cars sought by today's collectors and admired by automotive enthusiasts.

100 Years Ross Alkureishi

Summary

Experience the entire history of Triumph sports cars in this comprehensive volume featuring stunning studio photography, rare archival images, and period advertising.

Triumph Cars chronicles the company and its remarkable vehicles, from the **first 10/20** through a string of automobiles sought after by collectors, from the **early Supers and Glorias** through the **entire TR and Spitfire ranges**, and on to the **legendary GT6** and the **latter-day 1300, 1500, and Dolomite sedans**—filled with images, history, and in-depth analyses of players, tech, and styling.

With roots extending to a London bicycle importer established in 1885, **Triumph built its first car in 1923**: the Triumph 10/20. By 1930, the Triumph Cycle Co. had become Triumph Motor Company and was on its way to establishing seven decades of automotive heritage.

Author Ross Alkureishi showcases **how company visionaries developed the brand**—and **how the brand changed hands**—in the trying economic times of the 1930s and during the war years. The Standard years beginning in 1944 are also examined, along with associations with Jaguar and the range of ro...

Contributor Bio

Ross Alkureishi spent 12 years as a lecturer in sport and exercise science before realizing that students were even more demanding than the old jalopies he ran in his spare time. In 2009 he turned to motoring journalism, learning his trade as staff writer at *Classic Cars* magazine (*Thoroughbred & Classic Cars* outside the UK). Today he regularly contributes to a range of magazines. He is also the author of Motorbooks' *The Complete Book of Classic MG Cars*.

Motorbooks 9780760376492 Pub Date: 6/20/23 \$60.00 USD/\$80.00 CAD Hardcover

224 Pages 250 Carton Qty: 0 Transportation / Automotive TRA001050

12 in H | 9.8 in W | 3 lb Wt



Motorbooks 9780760380055 Pub Date: 4/11/23 \$50.00 USD/\$65.00 CAD Hardcover

224 Pages 310 color & b-w photos Carton Qty: 0 Sports & Recreation / Motor Sports SPO028010

9.3 in Wdth | 10.6 in Lgth

NASCAR 75 Years

Al Pearce, Mike Hembree, Kelly Crandall, Jimmy Creed

Packed with evocative photography and a history written by some of the sport's most knowledgeable journalists, NASCAR 75 Years is the definitive story of America's favorite motorsport.

Summary

Explore the thrilling illustrated story of NASCAR stock car racing in America with this stunning celebration filled with evocative photography, legendary drivers, and a decade-by-decade history.

NASCAR 75 Years captures the **greatest moments** throughout the decades: from the beaches of Daytona to the jaw-clenching competition, the mind-bending technology, the triumphs, the teamwork, and the high-speed thrills. **Large-format photography** from throughout NASCAR history brings it all to life alongside **narratives** written by a roster of veteran NASCAR reporters and historians.

Follow NASCAR's growth from a small, innovative family business to a **leader in sports entertainment**, **witnessed each week by millions** in person and on national television. The authors show the **evolution of the vehicles**—from modified family sedans to 700-horsepower race-built behemoths, all the way through the "Next Gen" cars that debuted in 2022—and celebrate **the drivers** who have piloted them around tracks like Daytona, Talladega, Darlington, Las Vegas, and more —**legendary heroes** with names including Flock, Weatherly, Pett...

Contributor Bio

Al Pearce saw his first NASCAR race in 1966 in Daytona Beach and covered his first race in July 1969 at Dover, Delaware for the *Times-Herald* of Newport News, Virginia. Since then, he's covered thousands of NASCAR, IndyCar, Formula One, NHRA, and SCCA races for the Tribune Company (1969-2004) and *Autoweek* (1973-current). Pearce has authored thirteen books on racing, including *Unseen Earnhardt: The Man Behind the Mask* and *Holman-Moody: The Legendary Race Team* (with Tom Cotter). He lives in Newport News, Virginia.

Mike Hembree has written about motorsports for four decades and is the author of fourteen books, including 100 Things NASCAR Fans Should Know & Do Before They Die. He has won numerous awards, including the



The Formula 1 Drive to Survive Unofficial Companion

The Stars, Strategy, Technology, and History of F1 Stuart Codling

The Formula 1 Drive to Survive Unofficial Companion takes new and longtime F1 fans beyond the personalities and drama to contextualize technology, rules, strategy, and history.

Motorbooks 9780760380673 Pub Date: 5/23/23 \$34.99 USD/\$45.99 CAD Paperback

192 Pages 150 color photos Carton Qty: 0 Sports & Recreation / Motor Sports SPO028010 10 in H | 8.5 in W | 1.8 lb Wt

Summary

Whether you are a new or longtime Formula 1 fan, here is your ultimate, unofficial armchair companion to the popular Netflix series *Formula 1: Drive to Survive*, providing deeper insight into the players, tech, and history that drive the show's plot points.

F1 expert Stuart Codling is your guide to all things F1. *The Formula 1 Drive to Survive Unofficial Companion* is a **feature-rich** guide that takes you **beyond the series' personalities and off-track drama** to present further context. Topics covered include:

- People Who does what to keep F1 teams rolling? From personal trainers to race engineers, mechanics, pit crew, and team principal, what does it take to succeed in F1? Sidebars and callouts include significant past players and great rivalries including that between Toto Wolff and Christian Horner.
- F1 History in 20 Cars From Fangio's postwar Alfa Romeo to Max Verstappen's Honda-powered Red Bull and Lewis Hamilton's Mercedes, all the great teams feature: Ferrari, Williams, McLaren, Lotus, and more. Callouts features driver gear and great past drivers like Andretti, Brabham, Moss, Schum...

Contributor Bio

Stuart Codling is a respected motorsport journalist and broadcaster who covered sports car racing in the



Motorbooks 9780760376171 Pub Date: 6/20/23 \$75.00 USD/\$99.00 CAD Hardcover

240 Pages 250 color & b-w photos Carton Qty: 0 Sports & Recreation / Motor Sports SPO028010

10.9 in H | 9.3 in W | 3.3 lb Wt

Le Mans 100

A Century at the World's Greatest Endurance Race

Glen Smale, Tom Kristensen

Packed with photography, narrative, and race results, *Le Mans 100* is the definitive illustrated centennial history of this iconic motorsport event.

Summary

Marvel at 100 years of the 24 Hours of Le Mans with this definitive illustrated history packed with photography, narrative, and race results.

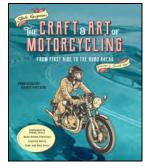
Held on the Circuit de la Sarthe comprising closed public roads and dedicated racecourse, Le Mans features cars and two-driver teams that can cover more than 3,000 miles during the race. *Le Mans 100* is a thorough year-by-year history showcasing all aspects of the grueling contest, including:

- A slew of legendary marques and models, including Porsche, Ferrari, Ford, Corvette, Cobra, Mercedes-Benz, Aston Martin, Jaguar, Audi, Toyota, BMW, McLaren, and more
- A who's-who of motorsport legends like Juan Manuel Fangio, Stirling Moss, Carroll Shelby, Dan Gurney, Ken Miles, Jackie Ickx, Derek Bell, and Tom Kristensen (among dozens others)
- All the classes that ran in each year's event, including the top LMP1 and LMP2 (Le Mans Prototype) categories and GT (grand tourer)
- A list of each year's top three overall finishers

In addition, author and award-winning Le Mans historian Glen Smale details touchstone events such as the late-1960s **battles between Ford and Fe**...

Contributor Bio

Glen Smale is a lifelong motorsport enthusiast who has has covered the Le Mans 24 Hour race numerous times and authored 14 books on sports cars and motor racing, including *Porsche at Le Mans: 70 Years*. His 2012



Motorbooks

Flexibound

176 Pages

TRA003020

9780760379196 Pub Date: 6/20/23 \$34.99 USD/\$45.99 CAD

100 color illustrations Carton Qty: 0

Transportation / Motorcycles

The Craft and Art of Motorcycling

From First Ride to the Road Ahead

Steve Krugman, Benedicte Waryn, Casey Affleck

The Craft and Art of Motorcycling is an accessible, clear, and comprehensive introduction to motorcycle and scooter riding that focuses first on helping riders learn the basics followed by instruction for safely and successfully navigating riding "in the real world."

Summary

Do You Dream of Riding a Motorcycle?

The Craft and Art of Motorcycling will help make your dream a reality—from your first ride to the road ahead.

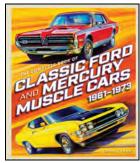
Hollywood's go-to riding guru, Steve Krugman, has trained thousands of riders including high-profile actors, musicians, and athletes. *The Craft and Art of Motorcycling* is based on his years of experience developing unique, effective, and proven riding methods.

In clear, relaxed language, Krugman offers complete understanding of the bike itself and riding fundamentals (the Craft), with concepts, strategies, and insights that lead to mastery on the road (the Art).

10 in H | 8.5 in W | 1.3 lb Wt Key topics include:

- Motorcycle controls and operation
- Fundamental skills—starting, stopping, shifting, and turning
- Real-world cornering technique
- Low-speed control and emergency maneuvers
- Street- and road-riding strategies
- Managing riding conditions and the elements
- Selecting gear and buying your first bike

The Craft and Art of Motorcycling is an accessible and comprehensive introduction to motorcycle and scooter riding—simply explained and heautifully illustrated throughout—and



Chartwell Books 9780785842675 Pub Date: 4/25/23 \$19.99 USD/\$25.99 CAD Hardcover

176 Pages color photos Carton Qty: 0 Transportation / Automotive TRA001010

9.3 in Wdth | 10.9 in Lgth

The Complete Book of Classic Ford and Mercury Muscle Cars

Donald Farr

Discover every high-performance muscle car built by Ford Motor Company from 1961 to 1970 in *The Complete Book of Classic Ford and Mercury Muscle Cars.*

Summary

Take a stunningly illustrated and highly detailed tour through all of Ford Motor Company's high-performance muscle cars from 1961 to 1970.

Though the Mustang remains Ford's most famous muscle car, the company had been building muscle cars since it introduced the sleek **Fairlane** and **Galaxie** models with optional 390 cubic-inch big-block V-8 engines in 1961.

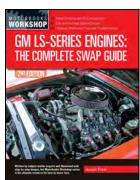
These cars were part of **Ford's Total Performance program**, which tested cars in the crucible of racing at drag strips, oval circuits, European rally events, and road courses, resulting in **legendary muscle cars** like the **Shelby Mustang, Boss 302 and 429 Mustangs, Mercury Cougar, Cyclone GT,** and **Spoiler**.

The Complete Book of Classic Ford and Mercury Muscle Cars profiles every muscle car Ford produced during this exciting time in American automotive history. **This comprehensive volume includes:**

- Detailed profiles of every Ford muscle car produced from 1961 to 1970, including specs for each
- Expert commentary by celebrated Mustang author Donald Farr
- Stunning modern and archival photography showcasing the cars and their engines
- Period advertisement...

Contributor Bio

As editor of the Mustang Club of America's *Mustang Times* magazine, **Donald Farr** has been researching and writing about Mustangs for over 40 years. In addition to his magazine work, Farr has authored many books,



GM LS-Series Engines (New edition)

The Complete Swap Guide, 2nd Edition

Joseph Potak

GM LS-Series Engines: The Complete Swap Guide, 2nd Edition is the updated, ultimate guide to installing General Motors' LS V-8 in your muscle car, hot rod, racer, or just about any project car.

Summary

In *GM LS-Series Engines: The Complete Swap Manual 2nd Edition*, expert technician Joseph Potak walks you through all the steps involved in installing an LS engine into any project vehicle, from concept to completion.

Variants of General Motor's groundbreaking family of LS engines are installed in everything from mundane Chevrolet panel vans to the earth-shaking Corvette Z06. **Released in 1997**, the original LS1, and its numerous successors have proven powerful, reliable, and amazingly flexible.

Performance enthusiasts embraced this remarkable V-8, and it quickly became a favorite for engine swaps into project vehicles ranging from classic muscle cars to hot rods to race cars. Why? Because the versatile LS offers **fantastic power**, a **compact design**, **light weight**, and it **responds very well to performance modifications**. The key to this performance is a sophisticated electronics package demystified here by the author.

In *GM LS-Series Engines: The Complete Swap Manual 2nd Edition*, professional **LS-series engine specialist Joseph Potak** details all the considerations involved in performing this swap...

Contributor Bio

Joseph Potak is a professional LS-series engine specialist and technician. He works for Texas Speed and Performance, catering to the performance needs of owners of LSX-equipped vehicles. Joseph is an Automotive Service Excellence (ASE) certified Master Technician and has also completed GM Factory Training pertaining to the LSX-Gen III engine family. His work has appeared in numerous magazines and can also be spotted at the dragstrip, powering various LSX setups he has helped build throughout the years. In his free time, loseph

Motorbooks 9780760376546 Pub Date: 7/25/23 \$36.99 USD/\$47.99 CAD Paperback

224 Pages Carton Qty: 0 Transportation / Automotive TRA001140

10.6 in H | 8.3 in W | 1.8 lb